



# Memory Care Corral<sup>®</sup>

for

Individuals Living with Dementia and Their Caregivers

## Therapeutic Equine Assisted Services

### Spring 2024 Sessions: Fridays

April 19, 2024, 12 – 1:30 p.m.

April 26, 2024, 12 – 1:30 p.m.

May 3, 2024, 12 – 1:30 p.m.

May 10, 2024, 12 – 1:30 p.m.

May 24, 2024, 12 – 1:30 p.m.

May 31, 2024, 12 – 1:30 p.m.

June 7, 2024, 12 – 1:30 p.m.

June 14, 2024, 12 – 1:30 p.m.

### Reduce Isolation, Depression and Stress

The Memory Care Corral is a customized program for individuals living with dementia and their caregivers. Guided sessions with horses provide both the individual with memory loss and their loved one with therapeutic, non-riding activities. These sessions enable them to better communicate and support each other. The human-horse connection helps participants feel relaxed, confident, and happy.



### No Horse Handling Experience Necessary!

- One and one-half hour sessions at ARISE at the Farm, 1972 New Boston Road, Chittenango, New York 13037
- All activities are ground based (no riding)

- All sessions are for both the individual with memory loss and their caregiver
- Cost is \$10 per person (\$20 per session for the two participants)
- Pre-register by emailing [rebecca.schafer@ariseinc.org](mailto:rebecca.schafer@ariseinc.org) or calling 315-671-2974



*Special thanks to our partners who have contributed to this unique program:*

- ARISE at the Farm
- Alzheimer's Association, Central New York Chapter

*Funded by:*

