

## Memory Care Corral®

for

### Individuals Living with Dementia and Their Caregivers

### Therapeutic Equine Assisted Services

#### **Upcoming Sessions:**

Oct. 6, 2023, 12 noon – 1:30 p.m.

Oct. 20, 2023, 12 noon – 1:30 p.m.

Oct. 27, 2023, 12 noon – 1:30 p.m.



#### Reduce Isolation, Depression and Stress

The Memory Care Corral is a customized program for individuals living with dementia and their caregivers. Guided sessions with horses provide both the individual with memory loss and their loved one with therapeutic, non-riding activities. These sessions enable them to better communicate and support each other. The human-horse connection helps participants feel relaxed, confident, and happy.

# No Horse Handling Experience Necessary!

• One and one-half hour sessions at ARISE at the Farm, 1972 New Boston Road, Chittenango, New York 13037

- All activities are ground based (no riding)
- All sessions are for both the individual with memory loss and their caregiver
- Cost is \$10 per person (\$20 per session for the two participants)
- Pre-register by emailing rebecca.schafer@ariseinc.org or calling 315-671-2974



## Special thanks to our partners who have contributed to this unique program:

- > ARISE at the Farm
- Alzheimer's Association, Central New York Chapter

#### Funded by:

