

# ARISE

**2022 REPORT TO THE COMMUNITY**



Our mission encompasses four key elements of the Independent Living Philosophy

**Individual Control**



**Civil Rights Orientation**



**Advocacy**



**Cross Disability Representation**



# ARISE

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## A Message from the Chief Executive Officer

*Tania S. Anderson*



There is so much to celebrate at ARISE! Take one look at Emelia's face on the cover of this report, and you know the positive impact ARISE creates in our community and our world. Programs like Adaptive Design, Ramps, Education Advocacy – everything we do – is about building a world where people with disabilities have access to what they need to fully participate in and contribute to our society. Because of the Independent Living Philosophy, we know that people with disabilities have power to realize their own vision for their lives' course.

In 2022 ARISE along with the rest of the world welcomed the opportunity to re-connect with each other as public spaces reopened after the pandemic. We got back on the mountain for ARISE & Ski, we hosted the opening of our UNIQUE art and literary magazine exhibition at the Everson Museum of Art in Syracuse, we welcomed more people into our offices. And we kept what worked during the pandemic, with effective telehealth services and hybrid office schedules for our staff, who do so much of their work in the communities and neighborhoods where people with disabilities live. We continued to provide the highest quality mental health services in light of increasing need. And we ensured that people linked to direct supports to live safely and independently in their own homes.

With Covid-related funding and generous support from grantors and donors, ARISE is in a stronger position than ever to meet future challenges and ensure that our crucial services endure. We are looking forward, always looking forward. Our work is so important that it demands nothing less.



On the cover: Two-year-old Emelia Phillips loves the chair made by ARISE Adaptive Design.



# Adaptive Design

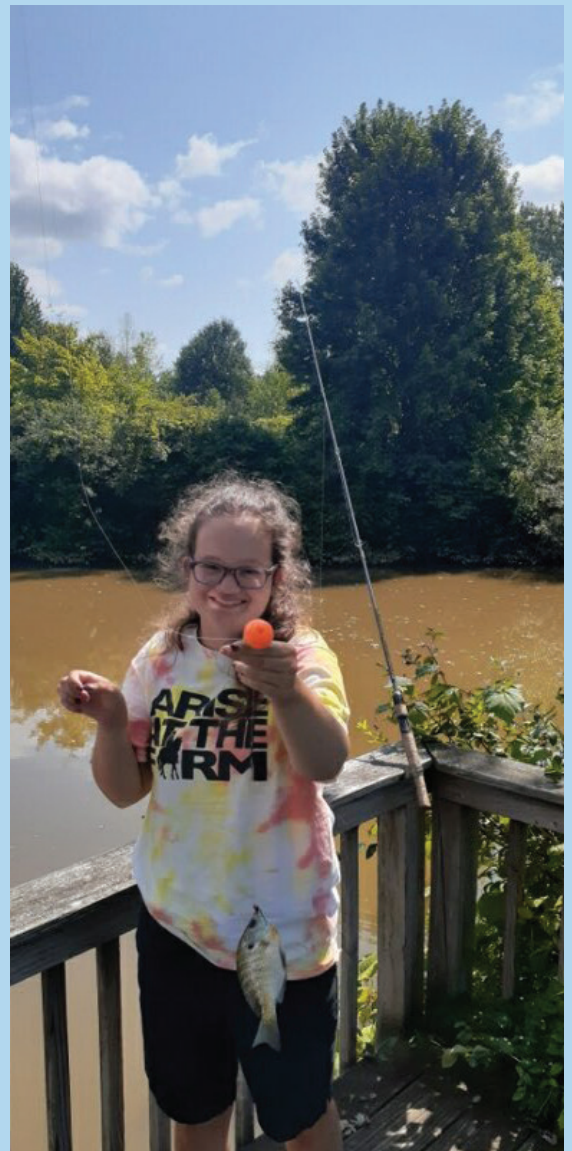
Makers in the ARISE Adaptive Design program transform low-cost materials into custom devices for children and adults with disabilities. During weekly builds in our workshop at 635 James Street in Syracuse, ARISE partners with volunteers of all backgrounds and from community organizations like CADimensions, Baxter International Inc., National Grid and SUNY Upstate Medical University.





# ARISE at the FARM

Every day is magical at ARISE at the Farm in Madison County, with horseback riding lessons, inclusive recreation and summer programming. For twenty-four years, ARISE at the Farm has ensured that people of all abilities have access to recreation, fun and adventure!





## Ramps

ARISE's Ramp program began 15 years ago to provide accessibility and independence to Oswego County residents by raising money for materials and coordinating volunteers to build ramps for people who otherwise could not safely enter and exit their homes. ARISE is expanding this critical program into Cayuga and Madison counties.



## ARISE & Ski

We are racing down a new mountain in ARISE's adaptive skiing program. Thanks to SkiCNY for its support of this volunteer-based program at its Labrador Mountain complex.





## Education Advocacy

Every day, ARISE's trained Education Advocates assist families in navigating the complex special education system in local schools. On this special May day at ARISE at the Farm, parents benefitted from educational seminars and training while their kids played games, explored the accessible playground and groomed horses.



## Ombudsman Program



Volunteer Cathy Dietrick was named Volunteer of the Year in our four-county Region 10 of the Ombudsman program. Dedicated people like Cathy advocate for the rights and needs of people living in facilities like nursing homes, ensuring their highest quality of life.



## Sennett Meadows

ARISE partnered with Rochester-based Cornerstone Group, builder of Sennett Meadows Senior Apartments in Cayuga County. ARISE will provide support services to residents with physical disabilities or chronic health conditions living in this 60-unit affordable housing complex.



## Advocacy

Whether it is championing the protections of the Americans with Disabilities Act or insisting on living wages for home care workers, ARISE is advocating for your rights.





# ARISE Timeline

## ARISE starts wheels in motion

(From Page 1-A)

Independence through Services and Engineering (ARISE).

Operating under the auspices of the United Cerebral Palsy Center on Court Street, ARISE is sponsored by the New York State Office of Vocational Rehabilitation. It is designed to assist people with severe physical disabilities move toward fuller independence.

According to Michael Crimin, ARISE project director, "independence" for disabled people means anything from moving away from a wheelchair to securing simple mechanical devices to make their lives more comfortable.

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2021

ARISE begins as Alternatives for Reaching Independence through Services and Engineering, an "independent living project" of the United Cerebral Palsy and Handicapped Children's Association of Syracuse (now AccessCNY).

ARISE incorporates as a 501(c)3 non-profit, becoming one of eight original Independent Living Centers in New York State. The organization advocates for the rights of individuals with disabilities and champions accessibility in the built environment through programs like the Ramp Program.

After several protests to make public transportation in Syracuse more accessible, Centro equips 53 buses with accessible lifts, a significant achievement for ARISE advocates.

The Americans with Disabilities Act (ADA) is signed into law on July 26, 1990 by President George H.W. Bush.

ARISE creates the ARISE & Ski program at Toggenburg and establishes an Independent Living Center in Oswego County.

ARISE at the Farm, an inclusive recreation center and horse farm, is established in Chittenango.

ARISE merges with Child and Family Service, expanding its service offerings to include mental health counseling.

ARISE publishes the first edition of UNIQUE magazine, featuring artwork by individuals with disabilities.

ARISE moves its main offices to 635 James Street, allowing for continued growth and greater community access.

ARISE opens an Independent Living Center in Madison County.

ARISE establishes the ARISE Foundation. The Everson Museum exhibits UNIQUE artwork.

ARISE merges with Options for Independence, becoming the designated Independent Living Center for Cayuga County.

ARISE completes a fully accessible playground at ARISE at the Farm and opens it to the public.

ARISE welcomes the Adaptive Design program.

ARISE renovates work and program space at 635 James Street using state grant funding.

ARISE relocates its Madison County Independent Living Center and completes new construction, both at ARISE at the Farm. Within a week of the COVID pandemic announcement, ARISE implements telehealth services.

ARISE consolidates work spaces in its Syracuse offices and initiates a hybrid work environment.

ARISE expands its Ramp program in Cayuga County and introduces it to Madison County.

## Five in Wheelchairs Block Path of Bus

By A. LYNETTE WHALEY

Five protesters in wheelchairs

blocked the path of a Centro bus

Tuesday, demanding that Centro

delay the purchase of 60 new

buses that are not

wheelchair accessible.

Ten minutes

later, the bus

departed.

The protesters

are members

of the Syracuse

chapter of the

United Cerebral

Palsy Association.

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# 2022 Fiscal Year

## BALANCE SHEET

### ASSETS

Current Assets	\$8,968,325
Property & Equipment	\$3,297,317
Endowment Investments	\$108,659
Other Investments	\$100,000
<b>Total Assets</b>	<b>\$12,474,301</b>

### LIABILITIES AND NET ASSETS

Current Liabilities	\$3,335,812
Long-Term Liabilities	\$537,130
Net Assets	\$8,601,359
<b>Total Liabilities and Net Assets</b>	<b>\$12,474,301</b>

## STATEMENT OF ACTIVITIES

### REVENUE

Independent Living and Advocacy	\$2,108,080.00
Mental Health Clinic	\$5,239,115.00
Developmental and Intellectual Disability Services	\$4,755,777.00
Aging Services	\$6,966,929.00
Foundation	\$495,428.00
Farm	\$315,163.00
Miscellaneous	\$3,403,113.00
<b>Total Revenue</b>	<b>\$23,283,605.00</b>

### EXPENSES

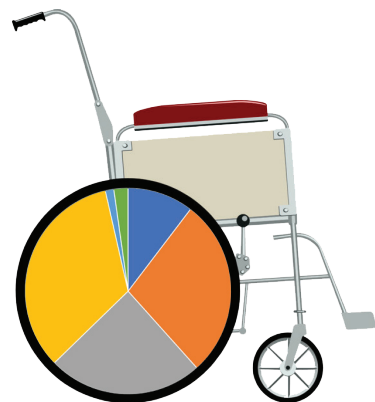
Independent Living and Advocacy	\$2,159,265.00
Mental Health Clinic	\$5,825,512.00
Developmental and Intellectual Disability Services	\$5,075,415.00
Aging Services	\$7,014,393.00
Foundation	\$277,715.00
Farm	\$460,588.00
Miscellaneous	3,786.00
<b>Total Expenses</b>	<b>\$20,816,674.00</b>

## REVENUE



<b>Independent Living and Advocacy</b>	<b>15%</b>
<b>Mental Health Clinic</b>	<b>23%</b>
<b>Developmental and Intellectual Disability</b>	<b>20%</b>
<b>Aging</b>	<b>30%</b>
<b>Foundation</b>	<b>2%</b>
<b>Farm</b>	<b>1%</b>
<b>Miscellaneous</b>	<b>9%</b>

## EXPENSES



<b>Independent Living and Advocacy</b>	<b>10%</b>
<b>Mental Health Clinic</b>	<b>28%</b>
<b>Developmental and Intellectual Disability</b>	<b>25%</b>
<b>Aging</b>	<b>34%</b>
<b>Foundation</b>	<b>1%</b>
<b>Farm</b>	<b>2%</b>
<b>Miscellaneous</b>	<b>0.2%</b>



# Thank you to our donors!

ARISE and the ARISE Foundation are deeply grateful for the generosity of the individuals, organizations, and businesses who support our mission in Onondaga, Oswego, Madison, Cayuga and Seneca counties. The following is a list of some of our donors who gave between July 1, 2021 and June 30, 2022. **Thank You!**

## **\$10,000+**

Tania S. Anderson  
City Of Oswego  
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Susan & Edward Judge  
Odd Fellow and Rebekah Benefit Fund Inc.  
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Mediacom Communications Corp.

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United Way Of Central New York

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## **\$500 to \$999**

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Jo Anne Ellis  
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Christopher Munn  
John Nastasi  
Claudia Natale  
National Grid  
Robert Neimeier  
Judith Nemecek  
Patrick Nichols  
Margaret P. Ninno  
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Bridget O'Hara  
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Heather Wyatt  
Richard Yacobush  
Sheila Yoensky  
Emily Zaengle

# GRANTS



**United Way of Central New York** – Education Advocacy, Crisis Management  
**United Way of Greater Oswego County** – Advocacy  
**United Way of Cayuga County** – Adaptive Design  
**Oswego County** – Ramp Program  
**Cayuga County** – Ramp Program  
**Onondaga County Community Development Block Grant** – Housing Advocacy  
**City of Oswego** – Ramp Program  
**City of Auburn Community Development Block Grant** – Ramp Program, Personal Care Bank, Sibshops, Stay and Play  
**City of Syracuse Community Development Block Grant** – Housing Advocacy  
**Empire State Supportive Housing Initiative** – Supported Housing  
**Odd Fellow and Rebekah Benefit Fund** – Summer Recreation, Inclusive Horseback Riding  
**Shineman Foundation** – Ramp Program  
**Berkshire Bank Foundation** – Housing Advocacy  
**Avangrid** – Adaptive Design Holiday Hackathon  
**Romano Cars** – Adaptive Design Holiday Hackathon  
**New York State Council on the Arts** – Unique Art Magazine and Exhibition  
**CNY Arts** – Unique Art Magazine and Exhibition  
**Office of Mental Health** – School-based Mental Health Services, Intensive Community-based Services  
**D E French Foundation** – Freedom Riders  
**Stanley Metcalf Foundation** – Freedom Riders

*Thank you!*



Romano Cars supports Adaptive Design



Odd Fellow and Rebekah Benefit Fund supports ARISE at the Farm



# ARISE Foundation

The Foundation kicked off the 2021 Farm Campaign with a Fall Farm Showcase in October 2021. The campaign raised more than \$113,000 that will be used for programming and facilities.



# ARISE

Serving 5 Counties in Central New York

## OUR LOCATIONS



### Main & Onondaga County Office

635 James Street  
Syracuse, NY 13203  
Office: (315) 472-3171

### Oswego County Office

Creekside Plaza, 293 SR 104  
Oswego, NY 13126  
Office: (315) 342-4088

### Fulton Mental Health Office

113 Schuyler Street, Suite 2  
Fulton, NY 13069  
Office: (315) 887-5156

### Cayuga/Seneca County Office

21 Lincoln Street  
Auburn, NY 13021  
Office: (315) 255-3447

### ARISE at the Farm/Madison County Office

1972 New Boston Rd  
Chittenango, NY 13037  
Farm: (315) 687-6727  
Office: (315) 363-4672

**ARISE Online: [www.ariseinc.org](http://www.ariseinc.org)**

**Social Media:**





# Support **ARISE** Support **INDEPENDENCE**

**Your gift of \$10 a month gives hope and helps  
Central New Yorkers live an independent life.**



Just \$10 a month increases access to mental health care, promotes one's journey to self-discovery and wellness.



Your gift supports programs to enable independence and freedom.



Your monthly donation supports those seeking employment opportunities.



Your support makes it possible to meet new friends, learn riding skills, and have fun.



Your monthly contribution supports the freedom of independent living.



Your monthly donation provides services for students to learn in a supportive environment.



Your monthly support provides accessible housing for people who want to live independently.



Your monthly support makes it possible for artists and poets to realize their dreams.

**Your generous monthly gift of \$10.00 ensures that everyone regardless of disability has the power to make life choices and achieve their dreams.  
All of us working together support and strengthen our community.**

# DONATE

