



Independence and Access for All

ARISE
2011 Annual Report

Our mission is to work with **people of all abilities** to create a fair and just community in which **everyone** can fully participate.

ARISE

A MESSAGE TO OUR FRIENDS



"Tough times don't last, but tough people do," Agnes McCray (our longtime ARISE Board Member and Consumer Council President) told the crowd assembled for the annual celebration of the Americans with Disabilities Act.

For more than three decades, ARISE has worked to remove barriers that prevent full access for people with disabilities. As an organization run by and for people of all abilities, we remain committed to ensuring that the rights and interests of every person are respected.

In this report, we are delighted to share information about some of our many activities from the past year. Highlights include our becoming a "full service" Independent Living Center in Madison County, our formation of a partnership with Oswego County leaders to offer our mental health services there, and our success in providing services to almost 100 people through the Nursing Home Transition and Diversion Program.

We were pleased to present the work of UNIQUE artists at a variety of locations and were thrilled to open with a month-long exhibit at the region's home for the arts: the Everson Museum of Art.

We also took a vital step in ensuring the future of our services by creating the ARISE Foundation. We are grateful to those who have agreed to play a role in increasing awareness about ARISE and seeking financial support from donors.

The stories contained in this report are just a small sample of the results of the efforts of our dedicated consumers, staff advocates, board members, volunteers and partners. Together we are working to achieve independence and access for all.

A handwritten signature in dark ink, reading "Tania S. Anderson".

Tania Anderson, Board President

A handwritten signature in dark ink, reading "Tom McKeown".

Tom McKeown, Executive Director

LEADERSHIP

BOARD OF DIRECTORS

Tania Anderson, President
Matt Dadey, Vice President
Mitch Mitchell, Treasurer
Gary Forbes, Secretary
Michael Cook
John Donovan
Janet Haskins
Maurie Heins
Sue Judge
Michael Klaehn
Agnes McCray
Keith Mulcahey (In Memoriam)
Bill Porta
Don Scholl

FOUNDATION BOARD OF DIRECTORS

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Jeffrey Grimshaw, Vice Chair
Don Scholl, Treasurer
Agnes McCray, Secretary
Kim Brown
Edward Cook
David Dreverman
Lynn Hamilton
Carol Kranz
Tom McKeown
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Executive Director

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Director of Quality Improvement & Corporate Compliance

Sabine Ingerson
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Director of Development & Public Relations

Kim Lipke
Director of Finance

Nina Lutz
Director of Independent Living Services

Karen Lynch
Director of Human Resources

Kimberly Morey
Director of Mental Health Services

Sue Rogers
Executive Assistant



ABOUT US

Founded in 1979 as one of New York State's eight original Independent Living Centers, ARISE acts as a catalyst for community change. We provide services that promote the social, educational, economic, and individual interests of people with disabilities. We are guided by the philosophy that people with disabilities have a right to dignity, personal responsibility, and self-determination.

As an Independent Living Center, ARISE has four key characteristics: Consumer Control, Advocacy, Civil Rights Orientation, and Cross-Disability Representation.

**“That’s the gift we bring —
our differences.”**

**– Agnes McCray, ARISE Consumer
Council President, Board Member
and Foundation Secretary**



CONTENTS

Consumer Control

People with disabilities are active in our governance and day-to-day management. A majority of our board of directors are individuals who have a disability. Consumers determine the services that they receive.

Advocacy

ARISE helps people with disabilities advocate for themselves. We seek to overcome systems and institutional barriers to individual freedoms that prevent people with disabilities from fully participating in their communities.

Civil Rights Orientation

We assure that the rights of people with disabilities are protected by law and enforced in practice.

Cross-Disability Representation

ARISE serves people with all types of disabilities. Likewise, people with all types of disabilities serve on our board, staff, and as volunteers.

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Independence and Access Means...

BUILDING STRONG FOUNDATIONS



It is difficult to feel independent without first feeling secure. Through help in navigating complex education and health care systems, or assistance in finding housing and accessing benefits, ARISE assures that people with disabilities build strong foundations.

Independent Living Center Services Grow

This year, ARISE was officially designated the Independent Living Center (ILC) in Madison County. ARISE has long offered ILC services in Onondaga and Oswego Counties and we were pleased to begin offering them in Madison County as well. With this designation, ARISE received funding to begin providing to residents of Madison County core ILC services of information and referral, individual and systems advocacy, independent living skills training, and peer counseling. Now, people with disabilities are able to get immediate assistance with housing, benefits, education plans, or learn more about other services available in the area. Many times, critical situations require swift action. We are pleased that the ILC services allow us the flexibility to meet that need in Madison County.

Putting the Pieces Back Together

When Billy, who has an intellectual disability, followed unhelpful advice from a friend, he lost his job and ended up deep in debt. That's when he turned to ARISE. Billy worked with our advocates to get his job back and set up a payment plan with his creditors. He was still only breaking even and hoped to find a more affordable place to live. Acting on his own initiative, Billy found the boarding house where he now resides. His move in the spring took him from Oswego County to Onondaga County. ARISE advocates in both counties worked together to ensure a smooth transition. Over the past several months, Billy has paid off all of his bills except one, has kept his job, and now has a second part-time job. He loves his new home and his landlord is pleased to have him as a tenant.

School-Based Mental Health

Classroom disruptions or a sudden disinterest in class work can mean a student is experiencing trouble at home. Through the School-Based Mental Health Program, ARISE clinicians provide students with a safe place to discuss difficulties they may be having in school or at home. Children are also able to learn important coping behaviors that will serve them well throughout their lives. Providing the services directly at the schools benefits many children who would otherwise be unable to attend counseling sessions. ARISE clinicians also seek additional supports for the students through other ARISE or community-based services to deal with the root causes of the students' distress and support therapeutic and educational success.

Setting the Stage for Learning

Like a growing number of children, Hayden has been diagnosed with Attention Deficit Hyperactivity Disorder (ADHD). While Hayden is intelligent and earns satisfactory grades, he was disruptive in class. Some days, it seemed like he spent most of the time in trouble, with little time left for learning. Working closely with an ARISE Education Advocate, Hayden's parents and the school district developed an Individualized Education Plan (IEP) that allows him to succeed in the classroom. Now, Hayden is able to focus, avoid disrupting the classroom, stay out of trouble, and improve his grades. Our Education Advocate helps guide parents and students of all ages in requesting special education testing, understanding their rights, reviewing IEPs, and attending meetings and conferences.

“We are not a human service agency. As an Independent Living Center, we are funded to change the world.”

– Nina Lutz, Director of Independent Living Services

Independence and Access Means...

DEVELOPING LIFE SKILLS



Skill building is an essential part of laying the groundwork for an independent life.

Whether it is through life skills classes, one-on-one teaching, or therapeutic riding, ARISE works with people who have disabilities as they learn, improve, and maintain skills needed for success.

Expanding Vital Mental Health Services

We were pleased to provide our first full year of mental health services in Oswego County. These services expand our decades-long Mental Health Clinic services in Onondaga County. Our person-centered and culturally sensitive mental health treatment takes into account all aspects of a person's life. Clinicians are available during the day and some evenings to accommodate work and school schedules. They can see people at our offices in Syracuse, Fulton, Oswego, and Pulaski, and can even make home visits for those unable to travel. We provide intensive short-term and long-term therapy through individual sessions and therapeutic groups. We focus on each person's strengths to build skills and achieve positive outcomes.

Confidence and Strength Built In the Saddle

Ellen is a young woman in her 20s who participates in the Therapeutic Riding Program at ARISE at the Farm. In order to ride, Ellen had to work very hard to overcome her fear of falling. With assistance, she has managed to do just that. Ellen was learning to ride between posts on a horse she trusted. Sensing her excitement, her horse picked up the pace, and all of a sudden, they were cantering. Ellen's riding instructor worried that she was startled, and was delighted to see that the only expression on Ellen's face was joy.

ARISE at the Farm is dedicated to working with every individual to achieve his or her personal goals. Kate O'Connor, who manages the Therapeutic Riding Program, became a Certified Riding Instructor through PATH International (Professional Association of Therapeutic Horsemanship International). She and Nikki Cook, our Occupational Therapist, work with riders as young as 3 and those well into their 60s and beyond to gain strength, flexibility, confidence, and much more through riding.

“There are so many things she can’t participate in. This is all her – she can do it. She’s up on the horse herself.”

– Casey Wink, mother of Emma, a 9-year old rider at the Farm

Coordinated Support Leads to Success

Martha started as a participant in the ARISE Group Day Habilitation Program but her behavior sometimes disrupted other participants and was a challenge for staff. Our staff realized the program was not meeting all of her needs. In addition to physical and intellectual disabilities, Martha has mental health difficulties. When it became apparent that she needed more one-on-one assistance, Martha was enrolled in Community Habilitation. Through a coordinated effort among ARISE staff, including her Community Integration Specialist, Medicaid Service Coordinator, and Mental Health Clinician, Martha learned how to talk out her frustrations. She now volunteers regularly at a local public library.

Learning to Communicate

Alex is a man in his 20s who does not speak and has significant physical disabilities. Prior to connecting with ARISE, his family did not have access to adaptive technology. As a result, Alex grew up unable to adequately communicate his needs or desires. A world of choices is now opening up to Alex thanks to his enrollment in an ARISE Habilitation Program. His Community Integration Specialist (CIS) created cards Alex could handle. One has a “yes” written on it with a smile, and the other has a “no” with a frown. He uses the cards to indicate his preferences, and has become quite proficient. Alex, his family, and his CIS are now working to offer Alex even more ways to communicate.

Independence and Access Means...

MAINTAINING INDEPENDENT LIVING



ARISE has many programs designed to assist people with disabilities who desire to remain in or transition into the community. Employment services, environmental modifications, personal care assistants, and social groups help people feel connected, involved, and free.

Home Access Achieved through Friendship

Sierra is a student who uses a wheelchair. As she grew older, she told her Medicaid Service Coordinator (MSC) that one of her major goals was to make her house accessible. The MSC set the process in motion. When Sierra's classmates in the Altmar-Parish-Williamstown School District heard about her need for a ramp, they took action. In May, the students in George Parker's technology class drafted plans and constructed the ramp. Sierra's MSC worked with New York State to get the construction materials and special approval for the unique ramp construction crew. Sierra is delighted to be able to come and go from her home without assistance. She has a wonderful sense of connection with classmates who showed that they care in an amazing way.

94 Years Old and Still On Her Own

Helen is a joyful 94-year old woman living independently in a senior housing complex. She hired a personal assistant using the Consumer-Directed Personal Assistance Program (CDPAP). The assistant comes in for a few hours each day to help Helen with her personal care and some light housekeeping. Helen feels secure in her home since she is able to hire and train the assistants she uses. If the assistant is not doing a satisfactory job, Helen also has the power to hire someone else. With a small amount of help, Helen is able to remain at home and does not need to move into a nursing home, where care is significantly more expensive. Remaining at home gives Helen the chance to enjoy using her culinary skills and participate in the housing association, where she just completed a term as president!

Hiring People of All Abilities

Many people with disabilities come to ARISE wanting to find a job. Some only need help in finding businesses who are hiring, while others need more support on the job. Our Employment Services Department works with the business community to highlight the valuable pool of potential employees who happen to have disabilities. We partnered with over 50 new businesses to place employees during the year. One home building supply store has hired several people through the ARISE Supported Employment Program. Store managers appreciate being able to work with a Job Coach if the employee we placed needs a bit of extra assistance. The managers know they can call us to help address any issue without the need for lots of paperwork and achieve greater satisfaction for everyone involved.

**“You are the angels
I needed to relieve
the worry I carried
with me for so long
anticipating what my
son would end up
doing in life.”**

**– A grateful parent whose
son found employment**

Nursing Home Transition & Diversion

ARISE became involved in the Nursing Home Transition and Diversion Waiver Program (NHTD) at the beginning of 2010. Since that time, we have grown the number of participants from 7 to nearly 100. We are reaching the people the New York State Department of Health created the program to assist. The program can provide home modifications, assistive technology, coordination of home health aides, and other services depending upon need. Participants need to be at least 65 or have a disability and require nursing home level of care. In almost every case, coordinated home-based services cost less than living in a nursing home. More importantly, NHTD offers individuals the opportunity to live where they choose.

Independence and Access Means...

CHANGING PERCEPTIONS AND SYSTEMS



From small changes in signage to major changes in corporate or governmental structures and programs, ARISE promotes the development of communities that offer every individual the opportunity to participate fully.

West Genesee Schools Increase Access

When the West Genesee School District wanted to ensure the school's accessibility prior to the start of the school year, the Superintendent of Buildings and Grounds called ARISE. Our Systems Change Advocate met with him and performed a thorough assessment of the school buildings and campus. We were pleased to acknowledge the accessibility efforts the district had already undertaken, and provided some suggestions for further improvements. The district acted upon our recommendations and installed new signs for accessible parking spaces and access lanes. New signs for the accessible stalls in the bathrooms were also installed. All of the changes were completed before school started in September.



Town of Hannibal Changes Codes

The Independent Living Manager in our Oswego County office set up a meeting with the Hannibal Codes Department and Town Supervisor to talk about issues with existing ramp construction codes. The requirement of 60- and 80-foot setbacks from town roads and state highways for ramps made constructing those ramps nearly impossible. We worked closely with the Town to create new codes that complied with the letter and the spirit of the Americans with Disabilities Act (ADA). Setbacks for ramps are now waived as long as the end of the ramp is positioned to ensure the safety of the person using the ramp. We are grateful to the Town of Hannibal for assisting in efforts to improve access and maintain independence.

Power of the People to Create Change

The ARISE Consumer Council is a dedicated group of people of all abilities who lead and take part in our advocacy efforts. At each monthly meeting, the group addresses barriers to access or independence, and determines action strategies to create the desired change. The Consumer Council collaborates with other organizations to arrange for candidate forums each fall. They follow up with elected officials in Albany on Legislative Day in February. The Consumer Council presents issues of concern to legislators and works with organizations like Centro to increase access to public transportation.

This year, the Consumer Council has been working to make public buildings more accessible, increase the number of bus stops with shelters and benches, and pass a "visitable" ordinance so all new housing built with public funds is constructed with at least minimal accessible features. Anyone with a disability interested in being part of this change movement is welcome to join the ARISE Consumer Councils in Onondaga County or Madison County, or the ARISE Self-Advocacy Group in Oswego County.

"Disability is not located in the body. It is in policies and attitudes."

– **Michael Schwartz, Ph.D., LL.M.,**
Associate Professor of Law
Director, Disability Rights Clinic
Syracuse University College of Law

Independence and Access Means...

LIVING WITH BEAUTY AND FUN



A full and meaningful life includes opportunities to relax, grow, recharge, and create. ARISE offers people of all abilities the chance to have fun, take on challenges, and share new experiences.

Artistic Expression Grows

More than 350 people gathered at the Everson Museum of Art in August to celebrate the release of the 11th edition of UNIQUE Magazine and the opening of the month-long UNIQUE Exhibit. We were thrilled by the generosity of Everson Executive Director, Steven Kern, and his team in featuring the visual and literary work published in UNIQUE. The exhibit traveled to several venues in Onondaga and Oswego Counties. A one-night exhibit and reception in the Fulton Community Room led to a new partnership with the CNY Arts Council. We are proud to publish UNIQUE Magazine and facilitate the traveling exhibit. UNIQUE highlights the talent of artists and writers who happen to have disabilities, and provides us with new perspectives on hope, inspiration, and appreciation of beauty.



15 Years of Winter Fun for All

Excitement ran especially high as ARISE & Ski participants, volunteers, and staff showed up at Toggenburg Mountain Winter Sports Center in January. During this special fifteenth anniversary year, we purchased a new mono-ski and digital camera with support from the Lockheed Martin Employees Federated Fund. We also received support again from Alliance Bank and from the Walmart Foundation through local stores. With the use of adaptive equipment, skiers and snowboarders with disabilities, PSIA-certified instructors, and trained volunteers share in the thrill of gliding down the slopes. Everyone in the program enjoys skiing and snowboarding alongside friends, family members, and fellow enthusiasts at Toggenburg.

Creativity Means a Complete Experience

When Mike's parents signed him up for camp at ARISE at the Farm, they were a little worried that he would not be able to participate as fully as the rest of the kids. Mike uses a wheelchair and has difficulty holding his head up. Our staff knew that Mike would be able to pet the animals in the petting zoo, participate in arts and crafts and tie-dying, fish from the accessible fishing dock, ride in the cycle cars, and enjoy horseback riding with the use of adaptive equipment. When it came to the ropes course, our team needed to think outside the box. They crafted a sling with neck support, and Mike was able to "fly" with the rest of the campers. Mike and his parents were thrilled that he was able to share in the full experience.

Our dream of creating a place where all kids can feel welcome and included is a reality. We were delighted to serve a record number of participants this year from Madison, Onondaga, Oswego, and Oneida Counties in week-long camps, therapeutic and adaptive riding lessons, and cart driving.

**"I've never seen my
child smile so big!"**

**– Mike's mom as she
watched him on the high
ropes course at Farm Camp**



SPECIAL EVENTS

ARISE & Ride for Ramps

Motorcycle enthusiasts from all over the area came together for the third annual ARISE and Ride for Ramps in June. Led once again by Jason Noyes, the event took place at Candy's Roadhouse in Scriba and included a classic car show and chicken barbecue. The Ride for Ramps raised money to purchase materials used to build ramps for families living in Oswego County who need the essential home modification in order to remain at home.

ARISE & Ride at the Farm

The first annual ARISE & Ride at the Farm in July welcomed cyclists of all abilities. The beautiful summer day and the gorgeous setting were perfect for a 10- or 25-mile ride through the Chittenango countryside. On their return, cyclists enjoyed a Farm Festival featuring horseback riding, hay rides, face-painting, fishing, high ropes course, petting zoo, fun and games, and adaptive cycling around the track at the Farm. Proceeds from this fun family day supported the inclusive recreation programs offered at our 77-acre inclusive recreation facility.





UNIQUE

The eleventh edition of UNIQUE Magazine featured more than 60 artists and writers with disabilities. We were thrilled to release the magazine at the Everson Museum of Art. UNIQUE work was also exhibited at: Temple Adath Yeshurun, Syracuse Stage, the Fulton Community Room, King + King Architects, Century 21 Leah's Signature, Upstate Golisano Children's Hospital, Health Sciences Library at SUNY Upstate Medical University, and the offices of State Senator Patricia Ritchie and Assemblyman William Barclay.

ARISE Up Singing

May Memorial was once again the setting for great food and great music in support of winter recreation for all through ARISE & Ski. Folk music enthusiasts were treated to new John Cadley songs when he performed as part of the second ARISE Up Singing concert in October. The evening began with hors d'oeuvres by Sparky Town Restaurant and a silent auction featuring several items. Opening for Cadley was a round robin musical performance by Dana "Short Order" Cooke, Jeffrey Pepper Rodgers, and Christopher Weiss.





MAJOR SUPPORT

ARISE is very grateful to the many individuals, companies, charitable organizations, and government agencies that provided significant financial and in-kind support in 2011. Contributions make it possible for us to continue to offer high quality programs and services. Together we are working to create a community in which people of all abilities can fully participate. Thank you!

Corporations & Charitable Organizations

Alliance Bank
Beacon Federal
the bikery
BMR Acres
The Bonadio Group
Brackens Financial Solutions Network
Burton Blatt Institute at S.U.
Candy's Roadhouse
Central New York Affiliate -
Susan G. Komen for the Cure
Central New York Community
Foundation
Chittenango Rotary
Clear Channel Radio - Syracuse
CMF Enterprize Jewelry
Constellation Energy
Crouse Construction Company
Dougherty's Fun Services
Driver's Village
The Dump Boutique & Image Studio
E.F. Thresh Cabinetry
Elim Grace Christian Church
Empower Federal Credit Union
Entergy Nuclear Operations, Inc.
Everson Museum of Art
First Baptist Church of Manlius
Fleet Feet Sports Syracuse
The Folkus Project
Fulton Art Association
Fulton First United Methodist Church

Green & Seifter, Attorneys, PLLC
Haylor, Freyer & Coon, Inc.
Herbert S. & Eleanore L. Howard
Charitable Foundation
INFICON, Inc.
Integrated Marketing
J.W. Burns & Company
Investment Counsel
Kinsella Quarries
Koester Associates, Inc.
The Lighthouse Station
Lockheed Martin Employees
Federated Fund
Lupien's Gifts & Engraving
May Memorial Unitarian
Universalist Society
MVP Health Care
National Grid
NewsChannel 9 WSYR
Oliva Companies
Onondaga Hearing Services
Oswego First United Methodist Church
Our Lady of Peace Church –
Altar and Rosary Society
P. Drescher Co., Inc.
Papa's Sports
Pathfinder Bank
P.E.A.C.E., Inc.
PurEnergy, L.L.C.
Raby's Ace Home Center

Reefer Compressor and Parts, Inc.
Reeve Enterprises/Cazenovia Inc.
Relph Benefit Advisors
RSVP of Oswego County
Rural/Metro Medical Services
SGMC OCC
Sparky Town Restaurant
St. Francis Farms
Sun Auto Warehouse of Cortland
Syracuse Community Health Center
Syracuse Crunch Hockey Club
Syracuse Fire Fighters Association –
Local 280, IAFF
Syracuse Office Environments
Syracuse Sunshine Rotary Club
Tessy Plastics
Toggenburg Mountain Winter
Sports Center
Tucker-Haskins & Associates
United Community Chest of the Towns
of Cazenovia, Fenner and Nelson
United Way of Central New York
United Way of Greater Oswego
County
Valley/South Presbyterian Church
Vera House
V.I.P. Structures, Inc.
Walmart Foundation
Woods Equipment Company



Major Individual Donors

Tania Anderson
Chris Arnold & Ellen Yeomans
Richard L. Atkins
Stephen D. Bennett
John Bertram
Kathy Blakeman
Jim & Kathy Burns
Tom Cunningham
The Detor Family
MJ Gelsomino
The Gerardi Family
Bob & Pam Getek
Janet Haskins
Terry Huttenlock
Susan & Edward Judge
Robert Knauff
Nancy Kronen & Doug Eaton
Laura & Paul Little

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Tom & Lynne McKeown
Jane M. Murphy
Daisy & Paul Nojaim
Chuck O'Neil
Mike Pozefsky
Antonio Alberto Sanchez
Don Scholl
Cil & John Sindoni
Jim & Cathy Skvorak
Andrea Stoughtenger
Ron & Cynthia Tascarella
David A. Tiedemann
Chuck & MaryClare
Wainwright
Howard & Ellen Weinstein

IN MEMORIAM

We said goodbye to three good friends this year, all of whom have left a lasting impression on ARISE and on our community.

Keith Mulcahey

As a longtime active member of our Board of Directors, Consumer Council, Finance Committee, and a volunteer in our Business Office, Keith Mulcahey contributed to ARISE in many ways. We miss his intellect and his humor, and we pledge to continue his legacy.

James E. Bertram

Jim served on our Board of Directors for many years, helping to guide us through major growth. Though he retired from the Board in 2007, he remained a steadfast supporter and advisor until his death. Jim made a lasting difference.

Linda "Sparky" Mortimer

When Sparky learned about ARISE & Ski, she became a believer. Her concern for all people led her to passionately support ARISE's efforts to create a community that offers everyone the chance to participate. We will never forget Sparky's kindness and generosity.

Government Agencies

City of Syracuse Department of Community Development
New York State Fair
New York State Department of Health
New York State Department of Education, Office of Adult Career and Continuing Education Services (ACCES)
New York State Developmental Disabilities Planning Council
New York State Office of Children and Family Services
New York State Office of Mental Health
New York State Office for People with Developmental Disabilities, Central New York Developmental Services Office
Onondaga County Department of Aging and Youth
Onondaga County Department of Community Development
Onondaga County Department of Long Term Care
Onondaga County Department of Mental Health
Onondaga County Department of Social Services
Oswego City School District
Oswego County Department of Social Services
SUNY Oswego Office of Business and Community Relations
SUNY Upstate Medical University Pediatric Clinic
Syracuse City School District
U.S. Department of Education, Office of Special Education and Rehabilitative Services, Rehabilitation Services Administration



ARISE FOUNDATION

The ARISE Foundation was established in 2011 to ensure the future of ARISE services for generations to come. Your gift to the ARISE Foundation makes it possible for us to respond to emerging needs and to continue to provide the highest quality services for people with any kind of disability.

Contributions to the ARISE Foundation are a strong statement of your belief in the rights of every person to live full and independent lives of their choosing.

You can be a part of the work of the Foundation through individual contributions, planned giving, and support for special events.

The ARISE Board of Directors and the ARISE Foundation Board of Directors work closely with a shared vision. We invite you to join us in our efforts to achieve independence and access for all.

If you are interested in learning more about opportunities to become involved in the ARISE Foundation, please contact Nancy Kronen, ARISE Foundation Director, at (315) 671-2903 or nkronen@ariseinc.org.

ARISE
foundation

SHOW YOUR SUPPORT

Our wide array of programs and services are made possible through the generosity and partnership of many individuals and organizations throughout the community. You can join in our efforts by volunteering, donating cash or in-kind gifts, or making a planned gift.

Make A Contribution

Your contribution supports our work to create a fair and just community in which everyone has the chance to fully participate. You can make a gift that benefits all programs, or you can designate the specific program that you want to support. Make a secure credit card contribution online at ariseinc.org or mail your donation to: ARISE, 635 James Street, Syracuse, NY 13203.

Create Your Legacy

You can make a contribution that lasts well into the future through a planned gift. A planned gift tells your family and friends about the things that matter most to you. We are happy to talk with you and your financial advisor about options to create the planned gift that is right for you.

Volunteer

Whether at our 77-acre horse farm, on the slopes at Toggenburg, on-site building a ramp, or in our offices, volunteers help keep our programs running smoothly. You can also take part in our 2012 special events including: ARISE & Ride for Ramps on June 9 and ARISE & Ride at the Farm on July 28. Learn more and download a volunteer application online at ariseinc.org.

We look forward to having you join us. Thank you for choosing to support independence and access for all.



PROGRAMS & SERVICES

Our programs and services are offered in Onondaga, Oswego, and Madison Counties. Some services vary by county and some are available in additional counties in Central and Northern New York.

ADVOCACY

Advocacy programs help remove barriers on both individual and systems levels. Advocacy services are free and available to any person of any age with any disability.

- Advocacy & Support Groups
- Breast Health Awareness
- Individual Advocacy (Benefits, Education, Health Care, and Housing)
- Literacy
- Project Emerge – Working to End Domestic Violence Against People with Disabilities
- Public Accommodation Assistance
- Systems Advocacy

EMPLOYMENT

Employment services help people with disabilities look for, find, and maintain stable employment. The scope of services can range from direct placement in a job to a supported position where a Job Coach will assist an individual to learn the tasks necessary to fulfill job requirements.

- ACCES-VR Entry Services
- Direct Placement
- Staffing Services
- Supported Employment

ART & RECREATION

People with disabilities enjoy and benefit from being active and creative. Recreation activities are accessible and utilize a variety of adaptive equipment so everyone can participate.

- ARISE & Ski
- ARISE at the Farm
- UNIQUE Magazine

INDEPENDENT LIVING SERVICES

Independent Living Programs assist people with disabilities to live independently in the community.

- Accessibility Resource Center
- Consumer-Directed Personal Assistance Program
- Habilitation Programs
- Housing Search Assistance
- Independent Living Skills Training
- Information and Referral
- Medical Equipment Loan Closet
- Peer Counseling
- Ramp Construction Assistance
- Regional Oversight for New York State Medicaid Waiver Programs: Nursing Home Transition & Diversion and Persons with Brain Injury
- Respite Programs
- Service Coordination
- Youth Services

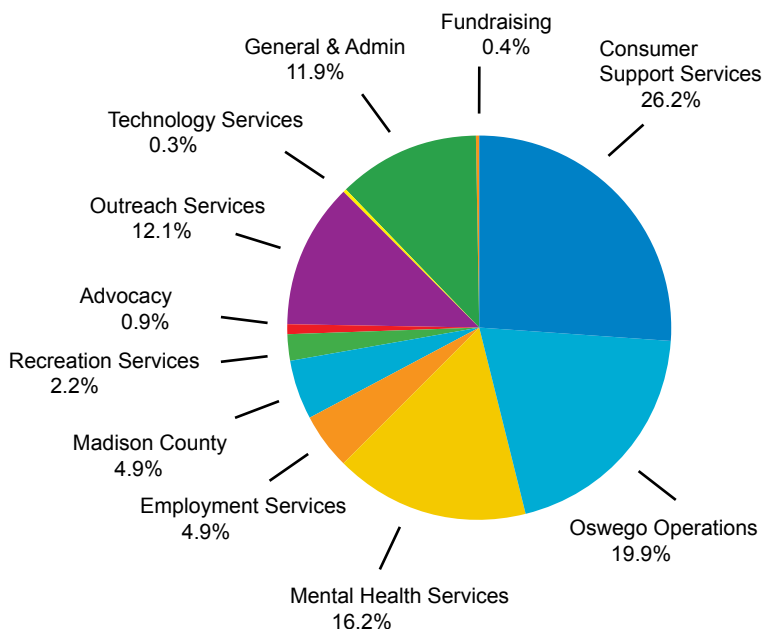
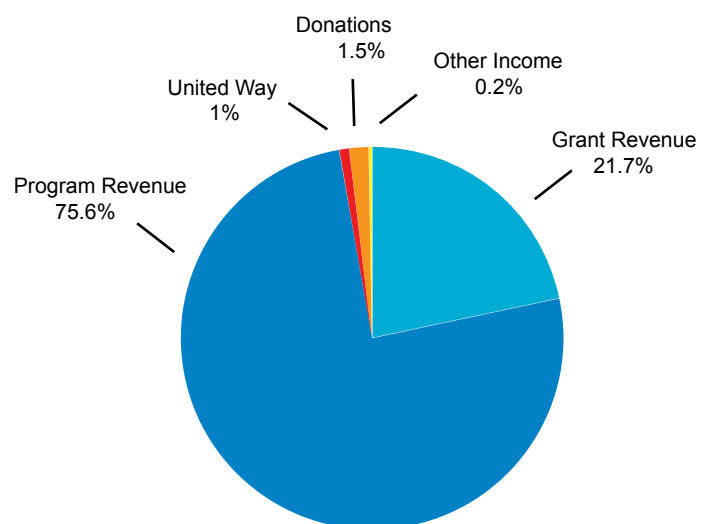
MENTAL HEALTH SERVICES

Not all disabilities are visible. Mental health disorders can have a profound impact on a person's quality of life. Licensed clinicians provide individual, family, and group therapy as well as a variety of counseling programs, all using a strength-based approach.

- Child Abuse Prevention Services
- Cognitive Behavioral Therapy
- Crisis Pregnancy Counseling
- Dialectical Behavioral Therapy (Individual & Group)
- Domestic Violence Counseling
- Post-Traumatic Stress Disorder Treatment
- School-Based Mental Health Program
- Substance Abuse Treatment
- Therapy Groups for Anger Management and Skill Building

FINANCIAL REPORT

FISCAL YEAR 2011
(JULY 1, 2010 - JUNE 30, 2011)



STATEMENT OF FINANCIAL SUPPORT

ASSETS

Current Assets	3,040,000
Property & Equipment	2,233,000
Total Assets	5,273,000

LIABILITIES AND NET ASSETS

Current Liabilities	1,368,000
Long-Term Debt	1,162,000
Net Assets	2,743,000
Total Liabilities and Net Assets	5,273,000

STATEMENT OF ACTIVITIES

SUPPORT & REVENUE

Program Revenue	9,770,000
Grant Revenue	2,801,000
Donations	196,000
United Way of Central New York	130,000
Other Income	28,000
Total Support and Revenue	12,925,000

EXPENSES

Consumer Support Services	3,300,000
Oswego Operations	2,504,000
Mental Health Services	2,041,000
Outreach Services	1,523,000
General and Administrative Services	1,496,000
Madison County Services	622,000
Employment Services	617,000
Inclusive Recreation Services	276,000
Advocacy Services	116,000
Fundraising	48,000
Technology Services	44,000
Total Expenses	12,587,000

CHANGE IN NET ASSETS 338,000

Note: Figures in chart are rounded to the nearest thousand



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Onondaga County Office**

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Fulton Office

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