



ARISE



2017 REPORT TO THE COMMUNITY

ALL AGES. ALL DISABILITIES. ALWAYS BY YOUR SIDE.





Every person has a dream.
Every person has a voice.
Every person has power.

At ARISE, these simple statements underlie everything we do. We meet people where they are, learn their dreams, listen to their voices, and give them power to bring those dreams to reality. Sometimes the journey from dream to reality is short and as straightforward as scheduling a horseback riding lesson or a ramp build. Sometimes the journey is more involved and involves twists and turns on a path to greater mental health, finding accessible housing and supports for community living, or building the skills to find and keep a job. Most often, the journey is a lifetime, as we grow our dreams, join our voices and embrace our power.

In this report to the community, we invite you to hear the voices of the many people whom ARISE embraces. They will tell you, in their words, that ARISE is hope, freedom, respect, support, fun, power, family, and connections. ARISE is all of these things and more. Although we have more than 50 programs and a wide service area, we never lose sight of the person at the center of anything and everything we do. Every person who works at ARISE – and they work very hard! – knows that a person's dreams, voice and power is on the line. It's our job to listen, support and connect to each person, regardless of age or disability, as we build a fair and just community in which everyone can fully participate.

Thank you for connecting with ARISE. If you're not already part of our family, we hope you will be by the time you read this report. We hope you share your dreams, your voice and your power with ARISE. We're in this together.

Susan Judge, Board President

Tania S. Anderson, CEO



ARISE

We work to create a world where all people, regardless of disability, have the power to make their own life choices and achieve their dreams.

Since 1979, we have provided opportunities so that people with disabilities can participate in the community and live independently.

We cover five counties and through our more than 50 programs, we serve over 7,000 people each year.





Our Core Focus Areas

Advocacy & Accessibility

From eliminating physical barriers to changing attitudes, we create a more inclusive society that protects, preserves, and promotes civil rights and equal opportunities for people of all abilities.

Basic Needs & Assistance

From helping families move out of crisis situations to transitioning people out of nursing homes, our person-centered approach provides security, safety, and hope to people with disabilities.

Education, Employment & Skill-Building

From teaching independent living skills to working with people to gain essential job skills needed for employment, we empower people with disabilities so they can lead a life of inclusion, participation, and independence.

Health & Wellness

From health care advocacy to therapy groups to outpatient and school-based mental health services, we focus on helping people with disabilities achieve personal wellness.

Recreation & Art

From inclusive summer camps and therapeutic horseback riding, to our adaptive ski program and social groups, we provide people with disabilities access to year-round recreation, art, and adventure.



ARISE is...

ARISE has opened doors for me and has kept hope alive!

**– Jerry Fairwell,
Independent Living Council Member**

ARISE & Ski is hope and determination!

– Mary Healy Pallone, ARISE & Ski Volunteer

A place for hope and love – where they accept you as you are and where you can get a lot of support.

**– Anastasia Maximovitch,
Independent Living Council Member**

Hope

When Kathy Harter's son Tom was born, doctors told her and her husband Kent not to hope or plan. For Kathy and Kent, that advice was not acceptable. They fought for their son as a newborn and continued to push for what he needed as he grew.

The school years weren't easy, but Tom succeeded with support. Though he tried a number of different jobs after graduation, nothing seemed to be the right fit.

Then Kathy learned about ARISE. Tom, Kathy, and Kent met with an ARISE employment consultant, who asked Tom about his interests and goals. Tom shared that his dream job was to work outside with wood. Kathy admits to being concerned that Tom would be disappointed yet again, and she worried that the employment consultant was creating unrealistic expectations.

Within days, Tom had an interview and was hired by a local tree removal company. Four years later, he lives in an apartment next to his parent's home, drives a truck he purchased himself, and has become a great self-advocate.

"It's hard to separate yourself from what you think is best and what your child wants. I am so glad that ARISE didn't let me hold my son back and keep him from achieving his dream. Tom comes home from work filthy, tired, and happy – because he's living his dream!"

ARISE gives hope to people who want to be independent and achieve their dreams. As an Independent Living Center, we are organized and directed by people with disabilities; we are guided by the philosophy that people with disabilities have the right to self-determination.



ARISE is...

ARISE is freedom to me!

- Deb Sadowski, ARISE at the Farm Volunteer

ARISE is important because it shows that with a little help, anything is possible.

**- Rachel Romer, Rider, Skier, and
ARISE Foundation Board Member**

Our little effort of building a ramp is meaningless compared to the smiles and the joy we bring to the recipients. It is amazing.

**- Jim Oldenburg,
ARISE Oswego Ramp Volunteer**

Freedom

Our country was built on the idea of freedom – yet not everyone is free to live the way they want. More and more people in the region find themselves unable to leave their homes because they cannot go up and down stairs.

The solution is simple: a ramp. Yet for people with limited income, the availability of help depends on where they live. In a number of local counties, there is no government funding for ramps. If a person needs a ramp and can't afford it, there are few options. While some people do manage to leave their homes with assistance, it is often unsafe. Still others are forced to go into a nursing home.

In Oswego County, ARISE has partnered with community members to provide ramps for people in need for over 15 years. We use contributions to purchase materials and coordinate volunteers to install wooden or aluminum ramps.

Support from the Richard S. Shineman Foundation over the past few years has helped the program to grow significantly. G & C Foods provides substantial financial support, and other partners include Fastenal, Pathfinder Bank, Novelis, CiTi, Hospice, Catholic Charities, and many others.

What does a ramp mean? For Duane, whose wife was working with Hospice, an aluminum ramp meant that she could stay home during her last weeks and days. “It meant so much to me to have the ramp. ARISE alleviated a lot of the hardships we would’ve had to go through. I’m so thankful that they were there,” says Duane.

ARISE is grateful to the community members, companies, and volunteers who join with us to give freedom to neighbors who want and need it.



ARISE is...

Caring, compassionate people. We're so grateful and appreciative of their willingness to work with our son.

- Julia, Parent of an ARISE & Ski Participant

It's an honor that I'm able to go and give people assistance. The best thing I can do for them is to give them my time and patience. You might be the highlight of their day!

**- Judy Fox,
Ombudsman Volunteer**

We couldn't imagine our son's life without the opportunities he has been offered through ARISE.

- Barbara VanDusen, Parent

Respect

ARISE services are focused on each person's unique abilities, interests, and goals. And everything we do is about respect. The Ombudsman Program we oversee in four counties works to protect the health, safety, and civil rights of people living in nursing homes and adult care facilities. Our volunteer certified Ombudsmen advocate for residents to ensure that their needs are met and complaints are resolved.

When Peg visited her friend Marie at a nursing home, Marie mentioned that her hearing aids had been lost. The staff didn't see the problem and even blamed Marie for the loss. Peg tried but was unable to rectify the problem on her friend's behalf. Then she saw a flyer for ARISE and called our Ombudsman office.

Jeff Parker, our Regional Ombudsman Coordinator, made a visit that day. After listening to Peg and speaking with the administration, Jeff facilitated a resolution. Peg said, "The presence of someone beside me made a difference. Jeff being there added credibility to what was going on. He made it easier." Marie was impressed with the respect and professionalism of Jeff and the other Ombudsman staff and volunteers.

Tracey had a similar experience. Her friend Tommy had moved into a facility when he could no longer care for himself. Though he had been hesitant to go, he was starting to settle in. During a visit, Tracey noticed that the staff wasn't giving him proper hygiene care. She called ARISE, and soon Jeff arrived and began advocating for Tommy.

Now Tommy is receiving appropriate care. Tracey was pleased and said, "It's great to know that someone is there to advocate for us. These services are very important and definitely needed. I'm so grateful and Tommy is so happy knowing Jeff is there for him."



ARISE is...

ARISE gives so many people in our communities the ability to conquer what many of us take for granted in daily life. Access and independent living bring quality in everyone's life.

- Bill Crist, ARISE Board of Directors Member

Everyone at ARISE is concerned about my son as a whole person, not just as a person with a disability.

- Susan Judge, ARISE Board President

We need to find ways to make all aspects of life more accessible to all people.

**- Christopher Weiss,
Co-Founder & Technical Director
ARISE & Ski**

Support

Support can mean any number of things to the 7,000 people who connect with ARISE on a yearly basis. As the designated Independent Living Center (ILC) for Onondaga, Oswego, Madison, Cayuga, and Seneca counties, we support community members and help them achieve the independence they desire. One unique aspect of ARISE is that we offer mental health services.

We have outpatient mental health clinics in which we serve people of all ages. Our services include many types of counseling and treatment. We also have relationships with local schools and have clinicians in the schools working with children.

At ARISE, we focus on overall wellness. Disabilities can be visible or invisible, and mental health challenges are often stigmatized.

Our therapists see hundreds of people every month. Because it can be overwhelming for people to come in for help, we work to make it a more comfortable experience. Our Engagement Specialist provides individualized care coordination to help people build a strong natural support system and access the array of resources and services they need.

We noticed that a woman was missing more than half of her appointments. With the help of the Engagement Specialist, we identified things that were getting in the way of making it to the clinic, helped her find solutions, and now she is getting here for 85% of her appointments.

Our mental health team works hard every day to provide assistance to people in the community. If you have questions about mental health or clinical services, please call (315) 671-2955.



ARISE is...

**ARISE is such an important part of our lives.
ARISE equals fun, as far as our son is concerned!**

**- Cora and Jim True-Frost,
Parents of Leo, Horseback Rider and Skier**

**ARISE means having fun with my friends!
- Julian Green, Community Habilitation**

A major role for someone like me is to help my patients and families to recognize that disability isn't an illness: to switch gears after hospitalizations and surgeries and all that, and learn how to live with disability...And by that I mean really live! That's what ARISE is all about!

**- Nienke Dosa, M.D.
2016 Champion of Independence Honoree**

Fun

As an Independent Living Center, we believe that every person should be able to live a full and independent life – and a full life includes recreation, adventure, and fun! From ARISE at the Farm to ARISE & Ski at Toggenburg; Sibshops and Community Connections; UNIQUE Art & Literary magazine and the exhibit at the Everson Museum and traveling exhibits, we offer unlimited options for fun!

Every year, ARISE at the Farm offers a 21-Day Challenge in which riders, typically children, have a lesson every day for 21 days in a row. During the 2016 Challenge, we had two adult participants who met and instantly became friends. Diana Pelletier and Kate Battoe are proof that the Farm offers fun for all ages and all abilities.

“I feel like we have so much in common and yet, we’re so different,” says Diana. “Kate is fun and sarcastic, and we just seem to get each other on a level that I don’t have with many of my other friends. And yet, there’s a depth. We just really love each other.”

When asked about their friendship, Kate said, “we like to fool around and we’re competitive. It’s nice being with someone with similar abilities.”

Diana and Kate now take their lessons together every week, spending the time learning, working hard, and laughing. They’ve been living up to their nickname of the “Dynamic Duo” as evidenced by their Batman and Robin masks. We can’t wait to see what they set their sights on next!



ARISE is...

In one word, **ARISE at the Farm** is empowering.
- Kevin Carman, **ARISE at the Farm** Parent

ARISE is opportunity, not just for myself, but for the people we serve.
- Dustin Hanley,
Direct Support Professional, **ARISE Oswego**

[Through **ARISE & Ski**] I am able to forget about my wheelchair and its limitations, and can take on the mountain just like anyone else.
- Connor McGough,
**ARISE Foundation Board Member &
ARISE & Ski Participant**

Power

Few things are as powerful as the opportunity, desire, and strength to overcome obstacles. Every person, regardless of disability, should be able to be independent and achieve their goals.

Gavin is a 10 year-old with a huge smile and an even bigger heart. When he was younger, Gavin's parents learned about the benefits of horseback riding for someone with a physical disability. Three years ago, he began riding at the ARISE at the Farm. Gavin has since fallen in love with Gordon, one of our horses. Gavin's balance and strength have improved significantly. Just as important, his confidence has grown.

After riding at the Farm, Gavin and his family learned about the ARISE & Ski program at Toggenburg. Gavin wanted to learn to ski because all of his friends were learning. He started skiing last year and has already made impressive strides.

Before he connected with ARISE, Gavin took a different bus to school because he needed help getting on and off the bus. Through horseback riding and then skiing with ARISE & Ski, Gavin is now able to ride the regular bus with an aide, and he gets on and off the bus independently. Gavin enjoys being able to ride the bus with the kids in his neighborhood.

Gavin's mother, Michele, has said, "He has such a big heart, and ARISE has given him so much more confidence. Gavin is now able to ride and ski on his own."



ARISE is...

ARISE engages with the whole family unit - your family unit becomes a part of the ARISE family. ARISE welcomes and nurtures everyone no matter how big or small the need.

**- Michelle Alletzhauser,
ARISE Foundation Board Member**

ARISE gives us a lot of joy and support thanks to all of the volunteers. We feel like family.

**- Michele Provo,
Parent of Gavin, Rider and Skier**

ARISE is a second home, a second family, where I've grown as a human being and as a human service worker.

- KJ Shepard, ARISE Oswego Staff

Family

ARISE connects with more than 7,000 people every year. No matter how many people we serve, what we hear most is that ARISE is like family.

When Mark first connected with ARISE, he was young and had a history of violence and anxiety. He needed many kinds of support and met with Julie, one of our Medicaid Service Coordinators. After assessing his needs, Julie reached out to all other appropriate ARISE departments as well as other local agencies to help Mark obtain everything he needed.

Mark's current services include Medicaid Service Coordination, as well as representative payee and 30 hours of Community Habilitation with Direct Support Professionals (DSPs) every week. Mark has experienced tremendous growth, and ARISE even helped him get his own apartment. He loves living independently and is learning new skills all the time.

Julie also helped Mark get treatment for his anxiety. Thanks to ARISE, Mark has the right medication. He has joined our Social Club and enjoys seeing friends and making new ones. While in the past he was not able to go to crowded places, Mark proudly attended our 20th Anniversary Celebration in Oswego!

According to Mark, "ARISE is my family. I see people from ARISE almost every day. I used to have a lot of social anxiety, but now my favorite thing to do is socialize at the ARISE office with other DSPs and clients!"



ARISE is...

UNIQUE (ARISE's art and literary magazine) gives everyone the opportunity to show what they can do and come together.

- Anna-Marie Kuiper, UNIQUE Artist 2012-2016

ARISE has helped us in every way, and I love it, which is why I work here now. I feel so rewarded!

**- Vivian Rodriguez,
Direct Support Professional and Parent**

I just remember the day I moved into my apartment and I felt so relieved that I finally got out on my own. ARISE helped me a great deal. They changed my life for the better.

- Donna Day, Oswego County Resident

Connections

Our programs and services connect people with opportunities. We connect people with benefits, housing, jobs, appropriate services, supports to stay in their homes, training in independent living, recreation, and so much more. It's what we do. We also provide disability awareness. "We're working to bridge those two divides," says Chris Scoville, Community Habilitation Coordinator in Oswego.

When someone has a question or problem and doesn't know where to turn, ARISE is a great first step. We work to link people with information and the services they want. Bethany had to have surgery for an amputation and needed an accessible place to live.

Following Bethany's surgery, she was in a nursing home and the counselors there contacted ARISE. Our housing advocates came to see her so they could understand her needs and what she was looking for in an apartment for her family. It took a while to find something that was the right fit, because there aren't as many accessible options for younger people with children.

After Bethany tried a few places that weren't fully accessible, we were able to find her an apartment by connecting with Housing Visions. Her new place is close to the hospital and completely accessible. She hasn't had any problems since moving in and now wants to pursue her other dreams of getting her GED and finding a job!



ARISE is ...

Change

Progress

Accessibility

Pure Joy

Activities

Helpful

Opportunity

Success

Magical

Positivity

MY WHOLE LIFE

Passion

Inspirational

A New Beginning

Happiness

Potential

Volunteers

Dreams

Strength

Independence

Creativity

Progress

Looking Back...

2016 Highlights

ARISE at the Farm
hosted the 1st
Annual Horse Show
in September.



Nationwide employees built a
ramp for a family in Fulton.

ARISE honored Dr. Nienke Dosa (L)
and Ms. Leola Rodgers (R) at the
3rd Annual Celebration Inclusion
& Achieving Independence Dinner.



UNIQUE artist
Amanda Chamberlain
was excited to see her
piece made the cover
of the 2016 magazine.



ARISE welcomed four people on
Disability Mentoring Day in October.

Michelle Godin hosted her 2nd Annual
Forever 66 motorcycle ride to benefit the
Ramp & Home Modification Program in
memory of her father.



The 26th anniversary of the
Americans with Disabilities Act
took place in July.

ARISE & Ski
celebrated its 20th
season of adaptive
skiing at Toggenburg!

ARISE recognized
G&C Foods at the
20th Anniversary
celebration in
Oswego County.

ARISE Board Member Kathy O'Connell was the keynote speaker at the Auburn Conference in June.



Big Bird stopped by the ARISE at the Farm Halloween Barn Dance!



Novelis employees volunteered to build another ramp in Oswego.



ARISE employees accepted the Best Chocolate Dessert award from Jim Freyer at the United Way Kick Off Cook Off in September!



We had another great Ride for Ramps event at Lighthouse Lanes in Oswego.



The 2016 Leadership Greater Syracuse class spent a morning volunteering at the Farm!

What a beautiful day for a 25-mile ride at ARISE & Ride at the Farm!

The ARISE Foundation



ARISE is so many things. Each member of the ARISE Foundation Board of Directors connected with ARISE for different reasons.

Some members see what a family member has achieved with assistance from ARISE. Other board members utilize one or more of ARISE's services themselves. Still others became involved after seeing the impact of ARISE in the workplace, schools, nursing homes, residences, on the slopes at Toggenburg, and on a beautiful 77-acre horse farm in Chittenango.

While we may have connected with ARISE for different reasons, we share a commitment to the organization because we see what ARISE means to people in this community. ARISE does an excellent job of securing government funding to provide services. Yet that funding only goes so far. And we know so much more is possible. The ARISE Foundation works to bring in additional resources so the dedicated staff and volunteers can do even more.

Our events offer an opportunity for people to gather to celebrate independence and success. Our annual dinner, ARISE & Ride for Ramps, and ARISE & Ride at the Farm offer fun for all. One of the

best nights of the year happens at the Everson Museum of Art, when UNIQUE Art & Literary magazine debuts. Having their work on exhibit at the region's premier art venue is a dream come true for the artists and writers.

If you've never seen the magic that happens at ARISE at the Farm, I encourage you to go. You'll see a place where every person can learn and grow and have fun. If you want to see people experience the thrill of flying down the slopes, head to Toggenburg for the ARISE & Ski program. People of all ages and abilities learn to ski and snowboard thanks to the incredible instructors, volunteers, and our great friends at Toggenburg.

Through ARISE, so much is possible. And even more can happen with additional volunteers and resources. We hope you'll join us by choosing to include ARISE in your charitable giving. We'd love to talk with you about ways to join our ARISE family.

A handwritten signature in black ink that reads "Kim Brown".

Kim Brown
Chair of the ARISE Foundation Board

WAYS TO GIVE

TARGET YOUR GIVING

SUPPORT THE CHANGE YOU WANT TO SEE

You can direct your gift to one of our core focus areas, a specific initiative, a specific program, or for general support.

CORE FOCUS AREAS:

Advocacy & Accessibility
Basic Needs & Assistance
Education, Employment & Skill-Building
Health & Wellness
Recreation & Art

LEAVE YOUR LEGACY

MAKE A GIFT THAT LASTS BEYOND YOUR LIFETIME

You can have a lasting impact with a gift to one of our endowment funds: ARISE Future Fund or ARISE at the Farm Legacy Fund. You can also touch lives by naming ARISE in your will. Your gifts of stock are important ways you can ensure the future of our services. Your impact will multiply in perpetuity and continue to touch lives for generations to come.

HONOR YOUR FRIENDS & FAMILY

MAKE A GIFT THAT GIVES TWICE

Gifts in memory of a loved one or in honor of a person or special occasion are wonderful ways to recognize the special people in your life and make a difference for others.

SUPPORT A SPECIAL EVENT

PARTICIPATE OR BECOME A SPONSOR

Events are an important way to bring our friends together and bring in vital revenue. Choose our Celebrating Inclusion & Achieving Independence Dinner, Ride for Ramps, ARISE & Ride at the Farm, or UNIQUE Magazine. We also love it when people create their own events to support ARISE. There are many ways to get involved.

VOLUNTEER YOUR TIME

SHARE YOUR TIME & EXPERTISE

Become involved in one of our special events, help out at the Farm, build a ramp, sign up to spread the word about ARISE, or consider becoming a board member. You can make a difference!



To learn more, contact Nancy Kern Eaton at (315) 671-2903 or neaton@ariseinc.org

CELEBRATING INCLUSION & ACHIEVING INDEPENDENCE



We're thrilled to announce that our 4th Annual Celebrating Inclusion & Achieving Independence Dinner event will be Tuesday, April 11, 2017 at The Oncenter. This year's honorees, Professor Arlene S. Kanter and the Richard S. Shineman Foundation, are pillars of the community and have helped pave the way for people with disabilities in central New York. Our keynote speaker is Alex Truesdell, a MacArthur Fellow and the Executive Director and Founder of the Adaptive Design Association. We hope you'll join us for what's sure to be a fantastic event! Information is available at ariseinc.org/dinner.

ARISE & Ride for Ramps



Join the fun on Saturday, June 3rd at Lighthouse Lanes in Oswego. The day begins with a 5K run on the track at the Oswego Speedway, followed by a motorcycle ride through the north country, and ending with BBQ, raffles, music, and more! All proceeds benefit our Ramp and Home Modification Program that makes it possible for our neighbors to remain at home. Information about the event is available at rideforramps.org. We hope to see you there!

UNIQUE Art & Literary Magazine and Exhibit



One of the highlights of every year is the opening night of our UNIQUE Art & Literary magazine and exhibit at the region's premier art venue, the Everson Museum of Art. We are proud to feature extraordinary creative work by people who happen to have disabilities. The 17th edition will debut in August of 2017. We're very grateful to the Everson Museum and all of our sponsors and partners who continue to make UNIQUE possible.

ARISE AT THE FARM

It all started with a gift and a dream 19 years ago when veterinarian James “Doc” Marshall, DVM, donated his horse farm to ARISE. Doc knew that people and animals can connect in special ways, and he also knew the benefits of horseback riding for people who have disabilities. Doc says that giving the farm to ARISE was one of the very best decisions he has ever made, and thousands of people are sure glad he did it!



ARISE at the Farm is a place where people of every ability are welcome. People as young as two and well into their later years can enjoy therapeutic and adaptive riding lessons, inclusive summer camps, school break recreation, an accessible playground, cycling, fishing, and so much more.



Operating a horse farm is expensive, and we are only able to offer lessons at a cost families can afford because of caring supporters who make donations and share their time as volunteers.



The fourth Saturday in July is the day we hold our ARISE & Ride at the Farm event – the single largest fundraising event to support the magic that happens at Farm. It’s a day of fun for the whole family, including 12- and 25-mile bicycle rides, a walk and wheel-a-thon around the paved track, pony rides, food, raffles, and more! Mark your calendars for July 22nd!



In 2018, we will celebrate the 20th anniversary of ARISE at the Farm. We are humbled and grateful that Doc provided us with this amazing opportunity that has changed the lives of so many members of the central New York community since 1998.

See all that ARISE at the Farm is at
ariseatthefarm.org



MAJOR SUPPORTERS

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ARISE AT THE FARM

We remain forever grateful for the gift of ARISE at the Farm by Dr. James Marshall. Thousands of lives have been and continue to be touched by his vision and dream.

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We are grateful to all donors and apologize if we have made an error or omission.

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| Lighthouse Lanes | |
| Logo Incentives | |
| Lynch Furniture | |
| Mark's Pizzeria | |
| Michael E. Mobile Sound | |
| Murdock's Bicycles & Sports | |

COMMUNITY PARTNERS & GOVERNMENT AGENCIES

| | | |
|---|--|--|
| Auburn/Cayuga County Continuum of Care | Human Service Coalition of Cayuga County | • Housing Assistance |
| Auburn Public Theater | Hospice of CNY | • Mental Hygiene Division |
| AURORA of CNY | Housing Visions Unlimited, Inc. | • Social Services |
| Believer's Chapel Fulton | Huntington Family Centers | Oswego County Fair Housing Council |
| Boyle and Anderson, P.C. | HSLC | Oswego County Housing Dev. Council, Inc. |
| Burton Blatt Institute at SU | Inclusive Alliance IPA | Oswego County Office for the Aging |
| Catholic Charities | Jim Marshall Farms Foundation | Oswego County Opportunities |
| Cayuga Community College | Leadership Cayuga | Oswego County Workforce Dev. Board |
| Cayuga Community Fund | Literacy Coalition of Oswego County | Oswego Elks Lodge #271 |
| Cayuga County Chamber of Commerce | Morningstar Residential Care Center | Oswego First United Methodist Church |
| Cayuga County Department of: | NAMI | Oswego YMCA |
| • Emergency Management | New York Association on Independent Living | Parents of Special Children |
| • Handicap Education Program | NYS Department of: | Partnership for Results |
| • Health | • Health | Person to Person Citizen Advocacy |
| • Planning & Economic Dev. | • Transportation | PEACE, Inc. |
| • Social Services | • Education, Office of ACCES-VR | RSVP of Oswego County |
| Cayuga County Homesite Dev. Corp. | NYS Dev. Disabilities Planning Council | Rural Health Network of Oswego County |
| Cayuga-Onondaga BOCES | NYSEG Customer Advocate Program | Seaway Lofts |
| Cayuga/Seneca Community Action Agency | New York State Fair | The Silverhammers |
| Cayuga Works Career Center | NYS Office of: | Social Security Administration |
| CNY Affiliate of Susan G. Komen | • Aging | St. Francis Farms |
| CNY Arts Center | • Children & Family Services | SUNY Oswego Office of Business & Community Relations |
| CNY Care Collaborative | • Mental Health | SUNY Upstate Medical University |
| CNY Fair Housing | • People With Dev. Disabilities | Pediatric & Adolescent Center |
| CNY Home Health Network | OCC Pathways to Careers | SUNY Upstate Health Sciences Library |
| Central Square School District | Onondaga County Department of: | Syracuse City School District |
| Chittenango Rotary | • Adult & Long Term Care Services | Syracuse Community Health Center |
| City of Auburn | • Children & Family Services | Syracuse Habitat for Humanity |
| City of Auburn RSVP | • Community Dev. | Syracuse Stage |
| City of Fulton | • Social Services | SU Office of Disability Services |
| City of Oswego | Operation Northern Comfort | SU Disability Rights Law Clinic |
| City of Syracuse Department of Neighborhood & Business Dev. | Oswego County ARC/OI | Toggenburg Mountain Winter Sports Center |
| Conifer Park | Oswego City-County Youth Bureau | United Way of Central New York |
| Everson Museum of Art | Oswego County Autism Task Force | United Way of Cayuga County |
| Faatz-Crofut Home for the Elderly | Oswego County Child Advocacy Center | United Way of Greater Oneida |
| Freedom Recreational Services | Oswego County Department of: | United Way of Oswego County |
| Friends of Hospice of Oswego County | • Dev., Tourism, & Planning | Westminster Presbyterian Church |
| Fulton Art Association | • Health & Long-Term Care | |
| Fulton First United Methodist Church | | |
| Fulton School District | | |
| HealtheConnections | | |
| Hillside Family of Agencies | | |

PROGRAMS & SERVICES

Navigating the world of disability services can often be confusing and overwhelming for many families. Whether you have a simple question or have no idea where to start, we're here to help. More information and details on all of our programs can be found at ariseinc.org.

Advocacy & Accessibility

Accessibility Resource Center

ADA Accessibility Evaluations

Advocacy Groups

- Consumer/Self-Advocates
- Transportation Task Force
- Residential Service Providers
- Vision Network

Disability Awareness

Home Modification Program

Kids on the Block

Medical Equipment Loan Closet

Ramp Construction Assistance

Systems Advocacy

Basic Needs & Assistance

Benefits Assistance

Consumer-Directed Personal Assistance

Family Support Services Reimbursement

Housing Locating & Advocacy Information & Referral

Medicaid Service Coordination

Nursing Home Education & Outreach

Nursing Home Transition & Diversion

Ombudsman Program

Personal Care Bank

Representative Payee Program Respite

Service Access Coordination

Traumatic Brain Injury Waiver

Education, Employment, & Skill-Building

Education Advocacy
Employment Programs
Habilitation Programs
Independent Living Skills Training
Parent Education & Training
Peer Counseling
Staffing Services for Businesses

Health & Wellness

Breast Health Awareness & Outreach
Diabetes Self-Management Program
Early Recognition Program
Health Care Advocacy
Integrated Care at Upstate Pediatric Center
Infant & Early Childhood Program
Outpatient Mental Health Services
School-Based Mental Health

Recreation & Art

ARISE at the Farm

- Adaptive Cycling
- Horse Cart Driving Lessons
- Horseback Riding Lessons
- Horsemanship Camp
- Inclusive Summer Camp
- Paved Walking Trail
- Ropes Course & Fishing Pond
- School Break Recreation

ARISE & Ski

Social & Support Groups

- Youth & Teen Groups
- Young Adult Groups
- Adult Groups
- Sibshops
- Social Skills Classes
- TBI Peer Group

UNIQUE Magazine & Exhibits

* Not all programs are available in all the counties we cover. Please visit our website at ariseinc.org to find which counties are covered under each program.

The ARISE mission is to work with people of all abilities to create a fair and just community in which everyone can fully participate.

Board of Directors

Susan Judge, President
Kathy O'Connell, Vice President
Andrea Pagano, Treasurer
Gary Forbes, Secretary

| | |
|-----------------|--------------|
| Roger Benn | John Donovan |
| Michael Cook | Maurie Heins |
| Georgia Crinnin | Agnes McCray |
| William Crist | Chad Norton |
| Matt Dadey | Bill Porta |
| David DelNero | |

Foundation Board of Directors

Kim Brown, Chair
David Dreverman, Treasurer
Patricia Contant Clary, Secretary

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| Tania S. Anderson | Courtney Abbott Hill |
| John Bosco | Susan Judge |
| Michael Bottar | Carol Kranz |
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| Janelle Fields | Joseph Rotella |
| Jeffrey Grimshaw | Katy Turner |
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| Tamara Harris | Janice I. Vitale |



KEY STAFF

Tania S. Anderson

Chief Executive Officer

Cassandra Bulak

Chief Financial Officer

Nancy Kern Eaton

Chief Development Officer & Director of Inclusive Recreation

Catherine Budlong

Regional Director

Lisa Finnerty Coggi

Director of Quality Improvement & Corporate Compliance

Deborah Flynn

Director of Mental Health Clinic Operations

Jeremy Henderson

Director of Finance

Sabine Ingerson

Regional Director

Nina Lutz

Regional Director

Karen Lynch

Director of Human Resources

Kristen Miguel

Director of Mental Health Clinical Services

Richard Tokar

Director of Information Technology

Lori Zorn

Regional Director

Sue Rogers

Executive Assistant

Katie Roberts

Development & Communications Associate

Cynda Penfield

Development & Special Events Associate

2016 FISCAL YEAR

(JULY 1, 2015 - JUNE 30, 2016)

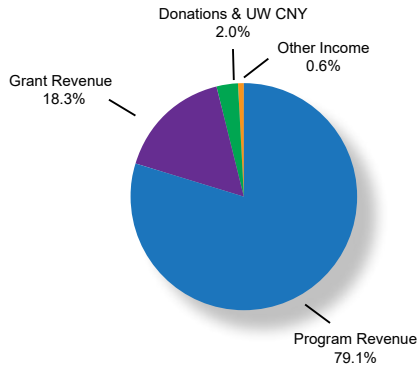
BALANCE SHEET

ASSETS

| | |
|--|------------------|
| Current Assets | 4,222,411 |
| Property & Equipment | 2,270,098 |
| Investment on Behalf of the Community Foundation | 14,888 |
| Total Assets | 6,507,397 |

LIABILITIES AND NET ASSETS

| | |
|---|------------------|
| Current Liabilities | 1,752,563 |
| Long-Term Liabilities | 1,033,863 |
| Net Assets | 3,720,971 |
| Total Liabilities and Net Assets | 6,507,397 |



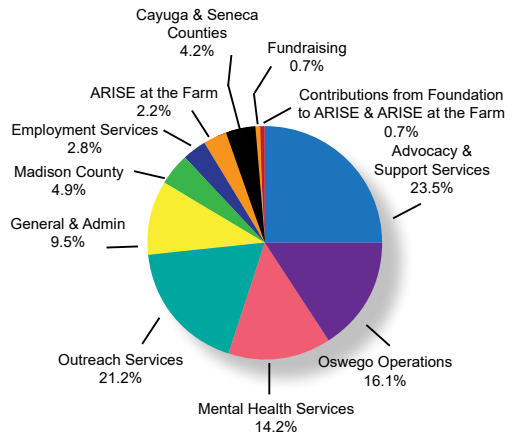
STATEMENT OF ACTIVITIES

SUPPORT & REVENUE

| | |
|----------------------------------|-------------------|
| Program Revenue | 14,370,000 |
| Grant Revenue | 3,326,000 |
| Donations and United Way of CNY | 354,000 |
| Other Income | 111,000 |
| Total Support and Revenue | 18,161,000 |

EXPENSES

| | |
|--|-------------------|
| Advocacy & Support Services | 4,206,000 |
| Oswego Operations | 2,882,000 |
| Mental Health Services | 2,535,000 |
| Outreach Services | 3,798,000 |
| General and Administrative Services | 1,706,000 |
| Madison County Services | 876,000 |
| Employment Services | 501,000 |
| ARISE at the Farm | 388,000 |
| Cayuga & Seneca County Services | 732,000 |
| Fundraising | 124,000 |
| Contributions from Foundation to ARISE & ARISE at the Farm | 129,000 |
| Total Expenses | 17,877,000 |



Note: Figures in charts are rounded to the nearest thousand.

Our Locations

Main & Onondaga County Office

635 James Street
Syracuse, NY 13203
Voice: (315) 472-3171
TTY: (315) 479-6363

Oswego County Office

9 Fourth Avenue
Oswego, NY 13126
Voice: (315) 342-4088
TTY: (315) 342-8696

Pulaski Satellite Office

2 Broad Street
Pulaski, NY 13142
Voice: (315) 298-5726

Fulton Mental Health Office

113 Schuyler Street, Suite 2
Fulton, NY 13069
Voice: (315) 887-5156

Madison County Office

131 Main Street, Suite 102
Oneida, NY 13421
Voice: (315) 363-4672
TTY: (315) 363-2364

Cayuga/Seneca County Office

75 Genesee Street
Auburn, NY 13021
Voice: (315) 255-3447
TTY: (315) 282-0762

ARISE at the Farm

1972 New Boston Rd
Chittenango, NY 13037
Voice: (315) 687-6727

WAYS YOU CAN DONATE

Donate Online

Visit our website at ariseinc.org

Donate by Mail

Send your donation (payable to the ARISE Foundation) to:
ARISE Foundation, 635 James Street
Syracuse, NY 13203

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ARISE

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Syracuse, NY 13203

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