

# ARISE

Non-Profit Org.  
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PAID  
Syracuse, NY  
Permit No. 1629

## About Us

We are a non-profit Independent Living Center, we are organized and directed by people with disabilities.

We work to ensure that every person, regardless of disability, has the power to make life choices and achieve his or her dreams!

## Our Locations

### Main & Onondaga County Office

635 James Street  
Syracuse, NY 13203  
Voice: (315) 472-3171  
TTY: (315) 479-6363

### Oswego County Office

Creekside Plaza  
293 State Route 104  
Oswego, NY 13126  
Voice: (315) 342-4088  
TTY: (315) 342-8696

### Fulton Mental Health Office

113 Schuyler Street, Suite 2  
Fulton, NY 13069  
Voice: (315) 887-5156

### Madison County Office

1091 Northside Shopping Center  
Oneida, NY 13421  
Voice: (315) 363-4672  
TTY: (315) 363-2364

### Cayuga/Seneca County Office

21 Lincoln Street  
Auburn, NY 13021  
Voice: (315) 255-3447  
TTY: (315) 282-0762

### ARISE at the Farm

1972 New Boston Road  
Chittenango, NY 13037  
Voice: (315) 687-6727

## Look for us at

[www.ARISEinc.org](http://www.ARISEinc.org)



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Our mission is to work with **people of all abilities** to create a fair and just community in which **everyone** can fully participate.

# ARISE

f o u n d a t i o n

## SAVE THIS DATE!

## Thursday, April 16, 2020

ARISE will hold its signature fundraiser of the year,  
the Annual Dinner Celebrating Inclusion and Achieving  
Independence.

*We hope you can join us.*

For information about tickets and sponsorships call:

315-671-2903



# ARISEnews



## ARISE's Newly Renovated Headquarters

The month of December marked the completion of two major projects for ARISE.

The ribbon was cut on Monday, December 9, 2019, on a newly renovated building at 635 James Street. Over the past 6 months construction has taken place on all three floors of ARISE's headquarters in Onondaga County. The renovations were made possible through a nearly \$1 million dollar grant from New York State's Nonprofit Infrastructure Capital Investment Program (NICIP).

One long-term benefit ARISE expects to achieve as a result of the renovation project is increased agency capacity to continue to meet the growing needs of the community we serve. A second benefit of the renovation project is the ability to expand existing services and add new ones without placing an additional financial burden on the agency. One new program began in September with the opening of an after-school respite center. The renovation also expanded space for the ARISE Mental Health Clinic.

Then on Friday, December 13, a crowd made its way to Creekside Plaza at 293 State Route 104 East in Oswego to celebrate the move of ARISE's Oswego offices. The new office has 7,800 square feet of renovated space for our critical programs and services, including on-site storage of materials for our vital ramp program and additional space for outpatient mental health services.

Both projects show ARISE's continued commitment to meeting the needs of the communities we serve.



Oswego Grand Opening

Winter 2019-2020

## A Message to Our Friends



**Tania S. Anderson**  
CEO

Depending on when you happen to be reading this, we are still fresh in the New Year and new decade of 2020 or a bit further along into the first or second quarter. Regardless of that timing, it's human nature to greet a New Year with resolutions and aspirations and just as human to want to throw in the towel on a whole project at the first (nearly inevitable) mis-step. What we often forget is that failure is an integral part of success and resilience is a more valuable outcome than perfection.

Here at ARISE, we recognize that progress isn't always a straight line. People who connect with ARISE have their own vision for access and success. It's our job to help them get there and to be there when the plan changes. As an agency, we are building a culture of resilience among extremely creative and dedicated staff who work in a dynamic environment and adapt to change while always keeping focused on our mission.

As you'll read in this newsletter, ARISE accomplished significant projects in 2019, and we are excited about the work ahead. It may not be a straight line, but we know ARISE is going in the right direction as it builds a more inclusive world.

## Welcome to the New President of the Board

On January 1, 2020, a long-time advocate for people with disabilities in Central New York, Agnes McCray, became President of the ARISE Operating Board. She succeeds outgoing president Sue Judge, whose term ended on December 31. Judge served on the ARISE Board for nearly 13 years.



**Sue Judge**

During the December ARISE Board meeting the Board and ARISE Leadership Team, surprised Judge with a contribution to ARISE & Ski in her honor. Sue is a long-time ski volunteer. Congratulations Agnes and thank you Sue!



**Agnes McCray**

McCray started advocating for improved accessibility and the right to live independently while in her teens. She has participated in numerous protests and demonstrations to secure the rights for people with "extravagant differences" as she often says. Before becoming President, McCray served as Vice President of the ARISE Board. McCray has traveled across the state to champion causes and policies concerning people with disabilities. She has cerebral palsy and can often be seen in her electric wheelchair at community functions.

# LIGHTS, CAMERA, SOCIAL ACTION!

## A New Year of "Lights, Camera, Social Action"

This film series returns to Auburn in 2020 thanks to ARISE's partnership with the Seymour Public Library. Given the rich artistic history and culture of Auburn, this film series is a perfect fit for the community...a creative means to promote understanding, discussion and appreciation of people with all abilities.

The series began last June offering meaningful films to promote awareness and bring the community together around disability-related issues. The films are presented on the second Tuesday of the month at 5:30 PM at the Seymour Library 176 - 178 Genesee Street, Auburn. A discussion follows each movie.

This year's line up includes:

**The Key of G**

**Body & Soul: Diana & Kathy**

**Life Animated**

**E-Motion**

**When Women Come Marching Home**

**Defiant Lives**

**Leftovers: Senior Citizens Suffering With Food Insecurity**

**The Way We Talk**

**Brainstorm**

**You Don't Need Feet to Dance**

## ARISE & Ski 2020

The ARISE & Ski adaptive winter sports program got underway in January. Are you familiar with the program? Each year, ARISE & Ski gives lessons to individuals with various disabilities including: spinal cord injuries, spina bifida, muscular dystrophy, all developmental disabilities, traumatic brain injuries, cerebral palsy, Down syndrome, autism, Lowe syndrome, behavioral disorders, vision impairments and many others.



Exciting things have been happening during the pre-season. Thanks to Mads Nielsen and the Fayetteville Boy Scout Troop 51, we have a new deck and ramp leading to our equipment shed at Toggenburg Mountain Ski Center. The group finished off the project in November. Geoff Peppel, ARISE Manager for Inclusive Recreation, says "we have a full roster of skiers and all we need is lots of fresh powder for the season to begin." Thanks to Toggenburg for their continued support of ARISE & Skill! Our goal is to provide each participant with an opportunity to learn and enjoy winter sports in a safe, accessible and fun way. If you would like to know more about ARISE Inclusive Recreation programs, call Geoff Peppel at 315-472-3171.