

ARISE*news*

INDEPENDENCE & ACCESS FOR ALL

WINTER 2018



UPCOMING EVENTS

5th Annual ARISE Dinner

Wednesday, April 11, 2018

SRC Arena - Onondaga Community College

Celebrating 20 years of inclusive recreation and fun at ARISE at the Farm.

ariseinc.org/dinner

ARISE & Ride for Ramps

Saturday, June 2, 2018

Lakeview Lanes - Fulton

Motorcycle ride, BBQ, music, and more to benefit the Oswego Ramp Program.

rideforramps.org

ARISE & Ride at the Farm

Saturday, July 21, 2018

ARISE at the Farm - Chittenango

25- and 12-mile cycle rides, Walk & Wheel-A-Thon, and fun for all.

ariseandride.org



A MESSAGE TO OUR FRIENDS



Tania S. Anderson
Chief Executive Officer

We have owned our headquarters building at 635 James Street in Syracuse for nearly 15 years. Over that time, we've seen a tremendous amount of growth and change. What has never changed is our commitment to the Independent Living Philosophy. At its core that means keeping people with all kinds of disabilities in the community and living with the supports and services they choose and direct.

Truth is, however, we outgrew our building almost as soon as we moved in. We now have close to 100 people working at 635 James Street, not to mention the many clients and visitors who spend time there every day. And we want to squeeze even more life out of this already vibrant space.

So we are actively planning an exciting construction project at 635 James Street. Later in 2018, we hope to begin work on transforming the basement of our building into new program space. Currently, much of that basement literally has a dirt floor. We plan to build out the basement into space for a new after-school respite program, flexible meeting and training space, and a "drop-in"

Independent Living Center to better connect people with disabilities with peer supports and other services. We also will make changes on the first and second floors to accommodate growth in our outpatient Mental Health Clinic and our Community Habilitation program.

Our successful application to the New York Nonprofit Capital Infrastructure Program allows us to embark on this ambitious project. ARISE won two of 237 awards statewide in an extremely competitive process. We are grateful for the confidence and support that allows us to grow in creative and strategic ways. No matter where you are at ARISE, you are in a place that embraces the power, diversity and independence of people with disabilities.

Tania S. Anderson

ARISE IN AUBURN EXPANDS

Since its merger with Options for Independence four years ago, ARISE has been growing in Cayuga County. On December 4, 2017, we celebrated moving into our new office at 21 Lincoln Street with an official "ribbon cutting." Guests were able to wander from room to room, seeing the large and beautiful new space. Delicious refreshments donated by local supporters and music by 'Perform 4 Purpose' added to the celebration. Thank you so much to everyone who joined us and everyone who made the event possible.

Most recently, Freedom Recreational Services merged with ARISE to continue providing inclusive recreation opportunities for youth in Cayuga County.

A reporter from The Citizen, the Auburn daily newspaper, recently interviewed Freedom Recreation former director, Mary Ellen Perry, and former board member, Donna Clarke. They were remembering the special camp themes like "Harry Potter" or the "inside the hot air balloon" experiences with camp participants. Noting there was an immediate match with ARISE, the merger

is ensuring continuation of summer day camp in the community.

Fun aside, there's work to be done, too.

The Representative Payee program in Cayuga County helps someone who needs assistance managing their money. The ARISE payee acts on behalf of the person while keeping details about expenses and ensuring basic needs are met.

If someone needs help with accessibility, ARISE is growing its ramps program in the Cayuga County area!

There are also two exciting events coming up. 'Mission Transition: Life After High School', a transition fair for young adults, will be held March 22nd from 9:30-4 at Cayuga Onondaga BOCES. And our annual conference is scheduled for May 11th.

That's only part of the work ARISE is doing in Cayuga County. Want more information? Call us at (315) 255-3447 or stop by our new office to say hello!

On Cover Page: Marley Aberdeen participated in the ARISE & Ski Program at Toggenburg with her ski volunteer Stephanie Vavonese, who is also a Foundation Board Member.

Opposite Page: ARISE staff celebrate the opening of the new ARISE Auburn Office on December 4, 2017.

NEWSFLASH

ARISE Welcomes New Chief Development Officer

Recently, Betty DeFazio joined our staff as the Chief Development Officer. Betty is "returning to her roots" of working with people who have disabilities and we're thrilled to have her on our team. Betty has been a talented contributor to the human services sector for most of her career. She will build on the strong foundation of ARISE with new perspective and energy.

Changes To Medicaid Service Coordination - ARISE Will Still Be There For You

Do you, or does someone you love, get Medicaid Service Coordination? If so, you probably know that things are changing. On July 1, 2018, a "CCO" or care coordination organization, will be providing care management.

The CCO is newly created by the NYS Office for Persons with Developmental Disabilities (OPWDD). It is a first step towards managed care for individuals with intellectual and developmental disabilities. The CCO will be assessing and developing each individual's person centered plan. The CCO will work out care management and coordination of services, too.

Why is OPWDD making this change? To improve:

- Outcomes for people with IDD by coordinating care (health and personal/social),
- Disease-related care for chronic conditions, and
- Access to preventive care.

If they want, individuals and families currently receiving Medicaid Service Coordination (MSC) or Plan of Care Support Services Coordination (PCSS) from ARISE will transition to the LIFEPlan Care Coordination Organization. LIFEPlan will be hosting information sessions to help you learn about this change. More can also be found at lifeplancony.com

Remember, ARISE will still be there for you. If you receive other services such as day habilitation, community hab or respite, these will continue, through ARISE. You may want to explore other services from ARISE, too.

Have questions still? Please call Lori Zorn at (315) 363-4672 X230.

ARISE WELCOMES ADAPTIVE DESIGN PROGRAM

The ARISE Adaptive Design Program (AAD) designs and builds tools for inclusion, access and participation. By using simple and affordable materials like cardboard, PVC tubing, foam, and special plastics, AAD is able to create unique adaptive devices.

Designs are driven by the unique needs and interests of the user. AAD believes that people with disabilities and their families have the insight to design what is needed. Together, the family and volunteers figure out solutions.

AAD first started when Syracuse University's School of Design hosted a three-day workshop in 2016. Alex Truesdell, founder of the Adaptive Design Association, and her team trained the attendees. The volunteer group of designers, clinicians, makers, and families came together to build equipment. As a result, four children with a range of abilities gained greater independence and access to opportunities.

Alex and her team trained the volunteers in the basics of adaptive cardboard design. The first weekend workshop and its impact on everyone involved is beyond words!

Since that first workshop, the volunteer group has grown. They are creating unique adaptive equipment at "pop-up builds" around the community. Over the last year, they began teaching educational workshops, too.

Last year, the ADD program merged with ARISE. Creating the ARISE Adaptive Design Program meant funding for a full-time program coordinator. Now, AAD holds small weekly builds and larger weekend builds once a month. Soon, the program hopes to have its own workshop location. Families will come in, explore adaptive equipment, learn more about the process, and request their own adaptive product.

For more information on the program, please visit arisead.org. If you, or your child, are interested in an adaptive device, or if you would like to volunteer, please contact Connor McGough at cmcgough@ariseinc.org or (315) 671-5104.



Speechless By: Michael Theobald



In American television, characters with disabilities are rarely portrayed in reoccurring roles, especially on network television. There's a new show on Fox called *Speechless*, which is centered on a family with three children, one of whom has cerebral palsy and uses a wheelchair. There are countless numbers of reasons why shows with disabled characters

don't last very long and unless the writers avoid some of these negative reasons, a show might last only a couple of seasons. I'm hoping *Speechless* will avoid this and it might last a few more.

The show is about a family of five who buy a very (well some people would say inexpensive, but I'll call it like I see it) cheap house, so the kids can attend a well-funded public school in the area. In each episode, there are several instances where the creators of the show are able to demonstrate common issues that arise for students with disabilities.

In the first episode JJ tries to go into the main entrance of the school, but he can't because there are stairs, so the principal tells him the handicapped entrance is on the other side of the building, and the entrance turned out to be a short ramp

by the dumpsters that the janitors called the garbage ramp. I thought that was so funny because when I was in high school I couldn't use the main entrance, and there was a sign that said the handicapped entrance is at the loading dock. That doesn't sound too difficult, but the loading dock was on the complete other end of the school, and the only way to get there from the entrance was to take the sidewalk to the street that was at the front and then there was a long trek around the school that went through the street, by the dumpsters, and the door was always locked.

The thing they didn't go into was the accessibility inside the school because in my school there was only one bathroom I could use, and it always felt like I was on the other side of the school when I needed it, but those types of stories don't play well on television, so it's probably a good thing they don't delve too deeply into that issue.

The show is called *Speechless* because JJ doesn't talk, so he uses a paper word board that he points at with a laser on his head, and whoever is around him reads whatever he's pointing at.

To read the rest of Michael's article, visit ariseinc.org/news.

2018 EVENTS

5TH ANNUAL CELEBRATING INCLUSION & ACHIEVING INDEPENDENCE DINNER

Celebrating 20 Years of Inclusive Recreation at ARISE at the Farm

Join us for our annual dinner event as we recognize and celebrate the 20th anniversary of ARISE at the Farm! We have a new venue this year - The SRC Arena at Onondaga Community College - and tickets are just \$100. Your support of this event will help sustain the future of ARISE at the Farm as a place for fun and freedom for all! Ticket information can be found at ariseinc.org/dinner.



10TH ANNUAL RIDE FOR RAMPS

Cycles, Music, BBQ & More

We're excited to announce a new venue for this year's Ride for Ramps event - Lakeview Lanes in Fulton! We're looking forward to a great day complete with a scenic motorcycle ride, BBQ, local music, vendors, food trucks, and more! You can find more information including a schedule of the day at rideforramps.org.



ARISE & RIDE AT THE FARM

Sun, Fun, and More at the Farm!

Summer will be here before we know it and with it comes our annual ARISE & Ride at the Farm event! Join us for another year of fun in support of ARISE at the Farm. We'll have 12- and 25-mile cycle rides, a Walk & Wheel-A-Thon, food, raffles, and family friendly activities. Event information can be found at ariseandride.org.



UNIQUE MAGAZINE

2018 Marks 18th Anniversary Edition

Submissions for the 2018 edition of UNIQUE Art & Literary Magazine will be accepted during the month of April. Submission forms can be found at uniquemagazine.org. Please fill out the forms and submit with your original visual or literary piece to any of our ARISE offices. We can't wait to see your creativity!



SPECIAL THANKS

We're so grateful to our wonderful friends and supporters!

- **Acadia Insurance** for their donation to our Education Advocacy programs
Photo : Patricia Weaver-Daggett presenting a check to Tania Anderson and Betty DeFazio.
- **Kathy Biesecker** for her donation to the 2nd Annual ARISE at the Farm Horse Show
- **Callimachus Masonic Lodge in Phoenix** for building a ramp for a community member in need
- **Central New York Community Foundation** for their Denim Day Fridays donation to the Auburn Personal Care Bank
- **Eaton Crouse Hinds** for their donation to the Oswego Ramp Program and for helping build ramp sections
Photo : Eaton Crouse Hinds volunteers at their section build in Oswego.
- **Fulton Walmart Employees** for volunteering for the Oswego Ramp Program and **Walmart Foundation** for donating in support of their volunteer hours
- **G&C Food Distributors** for their support of the Oswego Ramp Program
- **Michelle Godin** for organizing another successful event in honor of her father, which was donated to the Oswego Ramp Program
Photo : Michelle and her family presenting a check to Tania Anderson, ARISE CEO.
- **Gray Wolves Senior Hockey** for their donation to ARISE at the Farm
- **MassMutual New York State Employees** for their donation from their Casual Fridays for a Cause
- **Oswego Rotary Club #4855** for donating an aluminum ramp to a member of their community and installing it for them
- **Sullivan United Community Chest** for their gift of a grant to ARISE at the Farm for supplies for Farm Camp
- **SUNY Upstate Medical University Physician Assistant Class of 2018** for their donation to ARISE at the Farm
- **Syracuse Stage and Hospice of CNY** for hosting our 2017 UNIQUE art exhibit
- **Team RWB in Oswego** for building ramp sections for the Oswego Ramp Program
Photo : Team RWB volunteers at their section build in Oswego.
- **Village of Manlius Parks & Rec** for their donation of outerwear to our Medicaid Service Coordination program
- **Walmart Foundation & Oneida Walmart** for their donation of walkie-talkies to ARISE at the Farm
- **Our ARISE & Ski Volunteers** who help make the program possible every year



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THANK YOU

We are grateful for continued support from the United Way!

ARISE staff members are proud to give to the annual United Way Campaigns.



THANK YOU TO OUR DONORS

We'd like to thank the following individuals and organizations who made donations between 9/1/17 and 1/31/18:

Joseph & Julia Abraham	Georgia Crinnin	Eric Kuersteiner	France Paul
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YOUR GIFTS IN TRIBUTE

We'd like to thank the following individuals and organizations who made gifts in memory or in honor of a friend or family member between 9/1/17 and 1/31/18:

In Memory Of:

Frankie Barney

Mom Kulik
Karen & Dave Koshinski
Norman Seager

Ron Bartman

Nora Bartman

Andrew Chiasson

Diana Chiasson

Timothy Cleary

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Our Parents
Joseph & Julia Abraham
Janet & Everette Schwartz
Barbara Schwartz

In Honor of:

All My Patients

Teresa Hargrave

Tania Anderson

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Theo Conrad

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Eliza Johnson's Teachers & Therapists

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Lawrence & Josephine Stocking

Dave Smith

Robert Szpak

Chris Weiss

Gwen Kay

We are grateful to all donors and apologize if we have made an error or omission.

About Us

We are a non-profit organization organized and directed by people with disabilities.

We work to ensure that every person, regardless of disability, has the power to make life choices and achieve his or her dreams!

Our Locations

Main & Onondaga County Office

635 James Street
Syracuse, NY 13203
Voice: (315) 472-3171
TTY: (315) 479-6363

Oswego County Office

9 Fourth Avenue
Oswego, NY 13126
Voice: (315) 342-4088
TTY: (315) 342-8696

Fulton Mental Health Office

113 Schuyler Street, Suite 2
Fulton, NY 13069
Voice: (315) 887-5156

Madison County Office

131 Main Street, Suite 102
Oneida, NY 13421
Voice: (315) 363-4672
TTY: (315) 363-2364

Cayuga/Seneca County Office

21 Lincoln Street
Auburn, NY 13021
Voice: (315) 255-3447
TTY: (315) 282-0762

ARISE at the Farm

1972 New Boston Rd
Chittenango, NY 13037
Voice: (315) 687-6727

ariseinc.org    

Our mission is to work with **people of all abilities** to create a fair and just community in which **everyone** can fully participate.

ARISE

f o u n d a t i o n

CELEBRATING INCLUSION & ACHIEVING INDEPENDENCE

ANNUAL DINNER EVENT

WEDNESDAY, APRIL 11, 2018
SRC ARENA, ONONDAGA COMMUNITY COLLEGE

Celebrating 20 Years of Inclusive Recreation at ARISE at the Farm!

Underwriting and ticket information available at:

ariseinc.org/dinner

