

UNIQUE

ARISE ART & LITERARY MAGAZINE

2018



UNIQUE

PREMIER SPONSOR
The Drescher Corporation

PATRONS OF THE ARTS

Tania S. Anderson
Ed and Susan Judge

FRIENDS OF UNIQUE

Brown & Brown Empire State

FRIENDS OF THE ARTS

Maurie Heins

MEDIA SPONSORS



OPENING EXHIBIT PARTNER



HALLELUJAH

CONSTANCE AVERY

ACRYLIC PAINT & INK ON CANVAS | 36" x 36"

Constance Avery, 65, worked as a LPN for several years before being diagnosed with Retinitis Pigmentosa and later Usher's Syndrome. "Hallelujah" was inspired by her experimentations with materials, expressive painting, and memories of her brother's stained glass creations.

ARISE

ALL AGES. ALL DISABILITIES. ALWAYS BY YOUR SIDE.

We work to create a world where all people, regardless of disability, have the power to make their own life choices and achieve their dreams.

Since 1979, we have provided opportunities so that people with disabilities can participate in the community and live independently. ARISE is...

Community

...a community of advocates, committed to ensuring that every person, regardless of disability, is able to live a full and independent life.

Independence

...building ramps for families in need so that they can reclaim their freedom and independence.

Opportunity

...connecting employers with qualified workers who happen to have a disability.

Empowerment

...empowering children and families through mental health services.

Adventure

...whether it's flying down the slopes at Toggenburg or horseback riding at ARISE at the Farm, we're providing access to year-round adventure.

Hope

...from helping families move out of crisis situations to transitioning people out of nursing homes, we're providing security, safety, and hope.

Choice

...our person-centered approach maximizes choice and self-determination. Individuals are always at the core of everything we do.

Change

...by eliminating physical barriers and changing attitudes, we're creating a more inclusive community.

You

...we couldn't do it without supporters, volunteers, advocates, and friends like you. Together, we can change the world.



CELEBRATING INDIVIDUALITY



Practice, patience and work.

Any decent piece of writing is the product of draft after draft. If the poem doesn't come together or the story doesn't flow, it must be set aside and revisited. The writer must be patient, observing the world to find stories, looking within to find themes.

Some artists have a "burn pile" for the work they don't want the world to see. A painting that turns to ashes is not lost; it is the necessary practice for the painting that comes next.

The artist has the patience to see the world differently. He looks at a sky at sunset and sees brushstrokes. She looks at the wing of a cicada and sees translucent beauty. She listens to friends talking and hears the rhythm of poetry. He looks at a child's drawing and sees a balance of color and composition.

Practice, patience and work.

People who come to ARISE decide what goals they want to achieve. Success doesn't come easily, and people with disabilities often face additional barriers and challenges. As an Independent Living Center, we provide the tools, the services and the supports, but people with disabilities do the work. They practice and hone their skills; they advocate for themselves; they balance patience with action; they fail, succeed and grow.

The work in this UNIQUE magazine is the glorious result of practice and patience by artists who happen to have disabilities. The artists' backstories lend a glimpse of the courage involved in producing the work, the courage to look within and allow truths to emerge. For eighteen years, ARISE has proudly shared this work with the world. We practice inclusion, and we do the work to bring independence to all people, regardless of ability. We have the faith and patience to believe the beauty within these pages will inform the way we all live in the world.

It is my honor and privilege to introduce you to this UNIQUE magazine.

TANIA S. ANDERSON
CHIEF EXECUTIVE OFFICER & PARENT, ARISE

CONNECT WITH US

ariseinc.org

- ARISEcny and ARISEattheFarm
- @ARISECNYinc & @ARISEattheFarm
- youtube.com/ARISEcny
- @ARISEcny & @ARISEattheFarm

WAYS YOU CAN DONATE

Donate Online

Visit our website at ariseinc.org

Donate by Mail

Send your donation
(payable to the ARISE Foundation) to:

ARISE Foundation
635 James Street
Syracuse, NY 13203

2018 UNIQUE EDITORIAL BOARD

Amy Bartell
Mixed Media Artist & SUNY Oswego Instructor

Steffi Chappell
Curatorial Assistant - Everson Museum of Art

Dan Cummings
Local WSYR TV 9 Anchor

Tamara C. Harris
ARISE Foundation Board Chair

Agnes McCray
ARISE Operating & Foundation Board Member

Bill Pfohl
Communications Officer - Hospice of CNY

Dr. Joel Potash
Family Medicine Doctor
Member of the Armory Square Playwrights

Peter C. Thompson
Illustrator, Writer, and ARISE Advocate

KEY STAFF

Tania S. Anderson
Chief Executive Officer & Parent

Betty DeFazio
Chief Development Officer

UNIQUE

Gigina Long
Editor

Tammy Crossman
Development Administrative Assistant

Rob Morey
Intern

Lars Ohlsen
Intern

Clarissa Scharf
Intern

With appreciation to Katie Hanlon and Cynda Penfield.

PETER C. THOMPSON
ILLUSTRATOR, WRITER, AND
ARISE ADVOCATE



My life has been devoted to the visual arts, drawing, painting, and sculpture, so, when I was asked to join the 2018 UNIQUE Magazine Editorial Board, I didn't hesitate.

Leo Buscaglia is quoted as making this time honored statement, "The talent you have is God's gift to you, what you do with it is your gift back to God."

Many years ago now, one of my art school classmates said this, "Artists draw and paint windows and doors for others to look through."

In his seventies, the wonderful Japanese life-long traditional painter, Hokusai Katsushika allowed that "I'm just now learning to use the brush." (If you're not familiar with his work, do an online search. He's very easy to find.)

The courage that it takes any of us to actually make art is the first step on a path that can lead to years of soul-satisfying work. It is soul-satisfying, but also, **it is work.**

With all that in mind, I count it as a great privilege that I had the opportunity to review the wonderful works that were submitted for inclusion in this year's UNIQUE Magazine. It was a real challenge to grade your work so that those pieces that qualify can be included in the limited space of the magazine. If space were not a limiting factor, I would have had **all** the submissions included.

What makes great pieces of art? The same thing that makes great concert pianists, or great ball players; **practice.** What I saw in my review of your work was an outpouring of your abilities to express yourselves in visual art and writing.....That's the talent that God gifted to you. Please keep enriching both your own lives and the world's experience of those lives by keeping up the great work.

I heartily thank you all for your efforts!

- Peter C. Thompson

UNIQUE

FEATURED ARTISTS

FRONT COVER: **Constance Avery**, *Hallelujah*

BACK COVER ARTWORK: **Mark Kearney**, *Aqua Under the Sun*

BACK COVER POETRY: **Kanishk Krishnan**, *What is an Answer for Fear?*

ARISE at the Farm Spring Break Rec Program, Camp Life: Over Easy.....	10	Laura Masuicca , <i>Surprise for Mama Bear.....</i>	22
Constance Avery , <i>Hallelujah,</i>	1	James McCampbell , <i>Woman of the Skylands.....</i>	2
Linda Barnes , <i>Paper Necklaces.....</i>	8	Jessica Meicht , <i>My Support.....</i>	21
Sheri Berkowitz , <i>Untitled</i>	6	Amber Micek , <i>If Worlds Weren't Round.....</i>	2
Sabrina Biggs , <i>The Adventures of Princess Silvia..</i>	14	Jerome Mitchell , <i>Dignity.....</i>	7
Patrick Brady , <i>Circus Elephant.....</i>	6	Bonnie Monroe , <i>Native Dreamcatcher.....</i>	26
Sarah Brittenham , <i>Freedom.....</i>	23	Stephanie Montero , <i>Untitled.....</i>	7
Sheala Burks , <i>Love and Peace.....</i>	25	Elizabeth Perra-Pelletier , <i>Goodnight Moon.....</i>	12
Aleksandra Chaberski , <i>I Don't Want.....</i>	5	Michael Pinto , <i>Intense Drummer.....</i>	24
Justin Charsky , <i>Colorful Me.....</i>	8	Marissa Ramos , <i>Money.....</i>	9
Mitch Ciarpelli , <i>Dragon Fire.....</i>	15	David Robinson , <i>Entering The Wandering Forest.....</i>	17
Mary Coogan-Huling , <i>Inquisitive.....</i>	16	Kathleen Roland , <i>Women's Fancy Shawl Dance.....</i>	29
Timothy Coomey , <i>Octopus's Garden.....</i>	29	Joseph Rufo , <i>The Joey.....</i>	19
Charles Fitzpatrick , <i>Silent Flight.....</i>	1	Karlea Saltenberger , <i>I Am the Rose Between 2 Thorns.....</i>	30
Justin Fogg , <i>Eclipse.....</i>	3	Maggie Schmidt , <i>South Carolina.....</i>	18
Jennifer Fulco , <i>Flying Through Fanciful Nights..</i>	20	Katelynn Schultz , <i>I ♥ Tractors.....</i>	20
Fran Gavin , <i>Old Town Charm.....</i>	4	Elizabeth Sherman , <i>Twilight Woods.....</i>	15
Zachary Grillo , <i>Scorched Land.....</i>	30	Clark Simson , <i>Great White.....</i>	22
Derek Grindle , <i>The Bird.....</i>	13	Delqwon Smith , <i>Hidden Heart.....</i>	25
Mat Hamlin , <i>Desperado.....</i>	11	Robert Szpak , <i>Cross Lines.....</i>	5
Alisha Howell , <i>Alisha's Love of Horses.....</i>	26	Karen Voas , <i>Trio of Trees.....</i>	27
Jeffrey Johnson , <i>A Fight Going On Inside Me....</i>	24	Donna Walrath , <i>Arrival of Spring.....</i>	10
Mark Kearney , <i>Aqua Under the Sun.....</i>	11	Elizabeth Watson , <i>Angels Looking Over Me.....</i>	21
Benjamin Kellogg , <i>Finding My Voice.....</i>	28	Josh Webster , <i>Fallen Angel.....</i>	17
Jessica Koll , <i>Doll on a Wall.....</i>	23	Jeremiah Werden , <i>Michael Jackson.....</i>	14
Kanishk Krishnan , <i>What is an Answer for Fear?....</i>	3	Gloria Williams , <i>Dolphins Having a Pearl of a Day.....</i>	18
Kaushik Krishnan , <i>Breaking Out of Fear.....</i>	9	Timothy Wobus , <i>Follow the Yellow Brick Road.....</i>	4
Anna Marie Kuiper , <i>Regression.....</i>	16	Tanner Woodland , <i>Limestone Creek.....</i>	27
Sujit Kurup , <i>Greet the Spring Regally; Reality of the Flowers in the Sleepy, Deep Forests.....</i>	19		
Marie Martin , <i>My Paranoia of the Career Life.....</i>	13		

HALLELUJAH

CONSTANCE AVERY

Acrylic Paint & Ink on Canvas | 36" x 36"



IF WORLDS WEREN'T ROUND

AMBER MICEK

Woodcut Print on Paper | 12" x 9.25"

SILENT FLIGHT

CHARLES FITZPATRICK

Mixed Media | 10.5" x 13.5"



WOMAN OF THE SKYLANDS

JAMES MCCAMPBELL

Digital Art

Constance Avery, 65, worked as a LPN for several years before being diagnosed with Retinitis Pigmentosa and later Usher's Syndrome. "Hallelujah" was inspired by her experimentations with materials, expressive painting, and memories of her brother's stained glass creations.

Charles Fitzpatrick, 31, has an interest in nature - especially animals and where they live. Charles owns many reptiles and also loves to cook and bake. He stated that "Silent Flight" shows the true majesty of nature.

Amber Micek, 40, grew up in Syracuse and uses creating as a form of relaxation. Amber states, "Beauty inspires my art and my disability isolates me, so I create art and make things; it relaxes me."

James McCampbell, 39, is a local artist. James states that his disability causes him to become obsessed with detail, which he believes may contribute to the quality and depth of the art work.

WHAT IS AN ANSWER FOR FEAR?

KANISHK KRISHNAN

What is an answer for fear?
Peace hovering above my heart
Beyond my reach
I can almost feel it
But not quite yet
Really what I fear about
Is meaningless
In the eyes of the world
Yet seems so real in my mind
Reality and illusory blend and blur
Leaving me in a sad state of fear
I feel so lonely in a way
With a total dismay
While watching myself
A sudden thought dawned on me
Where there is love and light
THERE IS NO FEAR!!!

ECLIPSE

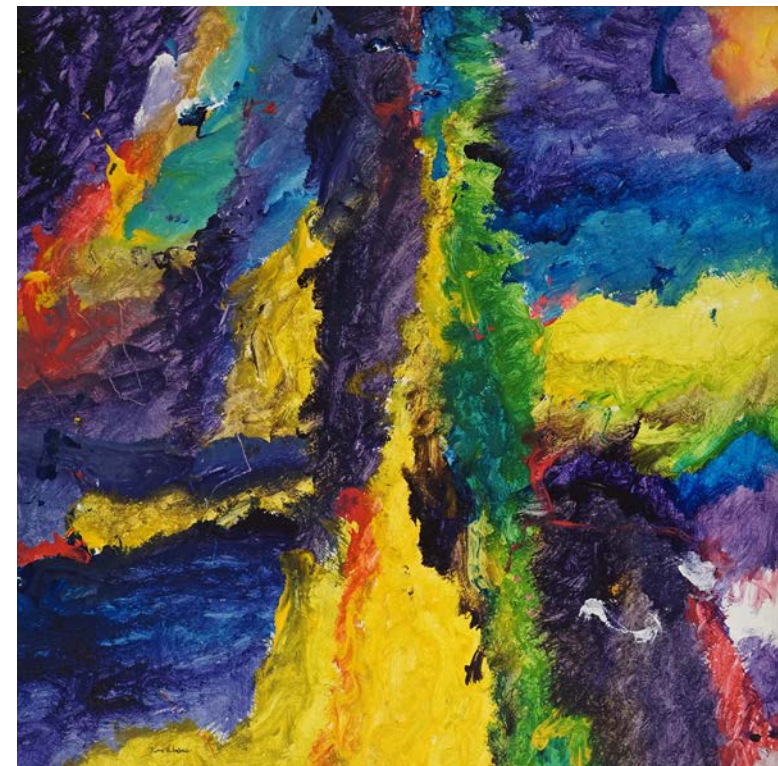
JUSTIN FOGG

Colored Pencils | 24" x 17.75"



Kanishk Krishnan wrote this poem to express how he felt and he hopes that it may help someone else. The poem draws its inspiration from the intense emotions he experienced as he stood at the gateway of growing up.

Justin Fogg is 21 and enjoys creating original characters and dragons. Justin is motivated to create art because he enjoys it. "Eclipse" is one of his favorite characters. Some of his artistic role models include Alex Grey and Robert Morgan.



FOLLOW THE YELLOW BRICK ROAD

TIMOTHY WOBUS

Acrylic on Canvas | 23" x 23"



OLD TOWN CHARM

FRAN GAVIN

Oil Paint on Canvas | 18" x 24"

Timothy Wobus, 33, used acrylic to paint "Follow The Yellow Brick Road." He prefers using big brushes to paint since he struggles with fine motor skills. Timothy's color selection is guided by his mood at the moment.

Fran Gavin is a 56 year-old Army veteran who uses art and music to cope with chronic pain, PTSD, and depression. His painting reminds him of old towns he used to visit in Europe while he was in the Army. Artistically, this was his first urban landscape.

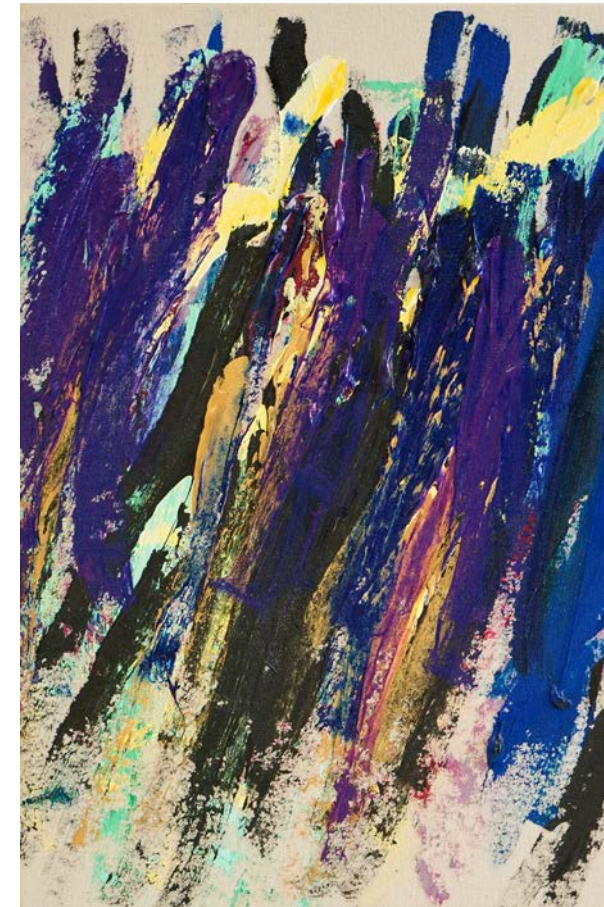
CROSS LINES

ROBERT SZPAK
Mixed Media | 9.5" x 7.5"



UNTITLED

SHERI BERKOWITZ
Acrylic on Canvas 18" x 12"



I DON'T WANT

ALEKSANDRA CHABERSKI

I don't want to go
Where my tears are.
I left them there forever.
Let them wet the desert
At the Kingdom of the
Pharaohs.
But the land will
Bare nothing
Because the tears are salty
So it's better they dry
And mix with the dust
Of khamaseen.
No use of my tears then.

Does anybody have
Meaningful tears?!

Robert Szpak, 69, loves creating art. He likes the culminating feeling of completion after all of the joy and frustration he experiences during the creative process. He enjoys many modern artists including UNIQUE works.

Aleksandra Chaberski grew up in Poland and moved to Egypt when she was 22 and then to the US at 42. Her inspiration for writing poetry came one year after her husband's sudden death. This poem was inspired after reflecting on her 19 years in Egypt.



CIRCUS ELEPHANT

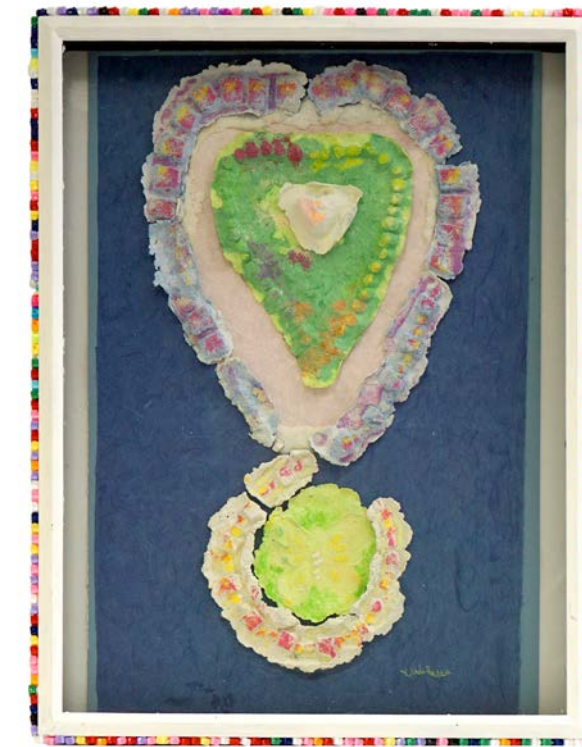
PATRICK BRADY
Papier-mâché Sculpture | 11" x 9" x 22.5"

Sheri Berkowitz is 52 and became an artist in 2015. She created her piece by painting layers of lines with different colors in order to create dimension and depth - much like a forest of trees.

Patrick Brady is 26 and loves working with all forms of art, clay being his favorite. "Circus Elephant" is his first papier-mâché piece. He chose to create an elephant because it is his favorite animal.

DIGNITY

JEROME MITCHELL
Mixed Media | 12" x 9"



PAPER NECKLACES

LINDA BARNES
Mixed Media | 26" x 19.5"

UNTITLED

STEPHANIE MONTERO

All I want from this body is stability
To keep me strong, to keep me steady
To not rob me of my mobility

All I want from this body is stability

I only ask for a sense of predictability
To ground me in reality, so that I am ready
All I want from this body is stability
To keep me strong, to keep me steady



COLORFUL ME

JUSTIN CHARSKY
Watercolor and Ink | 22" x 17"

Jerome Mitchell, 68, is inspired to draw images he sees in magazines or other beautiful pictures. Jerome's hobbies are playing pool, exercising, and drawing.

Stephanie Montero has Ehlers-Danlos Syndrome, a rare connective tissue disorder. Her poem relates to the unpredictability that comes with her condition. She began using poetry as a form of self-expression and therapy as a teenager.

Linda Barnes, 56, has been gradually losing her sight. She created "Paper Necklaces" by making paper castings of beads. Linda enjoys making necklaces to cheer up her friends and even bring them good luck!

Justin Charsky is a 16 year-old who enjoys drawing because it is fun. Justin is good at seeing an object and drawing it. He believes his Autism helps with this. Justin drew himself smiling because he is happy most of the time and people say he smiles a lot.

MONEY

MARISSA RAMOS

Watercolor & Colored Pencils | 12" x 9"



BREAKING OUT OF FEAR

KAUSHIK KRISHNAN

Ceramic Sculpture | 9" x 7" x 7"



Marissa Ramos is a 16 year-old artist who grew up in Solvay, NY. She enjoys drawing and exercising. Marissa drew Money to show how money is not important.

Kaushik Krishnan, 20, loves working with his hands. Cooking and ceramics are his favorite hobbies. He was inspired to make this piece to symbolize the transition from high school to college.



CAMP LIFE: OVER EASY

ARISE AT THE FARM SPRING

BREAK REC PROGRAM

Acrylic on Canvas | 30" x 24"

Spring is coming soon.
To wash away the snow.
Sunshine peeks its head out.
So flowers they will grow.

Seeds are placed underneath the earth.
And covered up outside.
They are warmed up by the sunshine.
And sprouts up towards the sky.

Their maker up in Heaven,
Allows for them to grow.
Such gorgeous colors blooming.
As on a display show.

So if you're getting tired
Of all the wind and snow,
Just remember Spring will be here soon.
A truth that God doth know.

ARRIVAL OF SPRING

DONNA WALRATH

ARISE at the Farm Spring Break Break Rec Camp takes place when students/campers are out of school. The campers love the Farm and enjoy riding horses, taking hikes, making art, and playing all day.

Donna Walrath is a published author and thanks God every day for it. She enjoys giving out the books she has received. Her poem tells people that she is looking forward to spring.

AQUA UNDER THE SUN

MARK KEARNEY
Mixed Media | 21" x 17"



DESPERADO

MAT HAMLIN
Aluminum | 31.25" x 22.5"



As I look out the window
On this beautiful night
There to greet me
The most amazing sight

It lights up the sky
Giving everything wonder
Stars scattered around it
Like fireflies aflutter

A full moon
In all it's glory
I gaze up in wonder and awe
Feeling the energy
Feeling the draw

I sit for minutes
Then go outside
Taking pictures of this
beautiful sight
It flows through me giving
me light
Renewed power
To fight this fight

For this moment in time
I am not disabled
I feel so strong
Empowered and enabled

The beauty around us
Is oh so bright
Just look up and see it at night
There is darkness around us
But there is always a light

The clouds start to cover
this beautiful sight
It is as though it's trying to
say goodnight

I don't want it to go
Not this soon
It will be back
To light up the room

For now it must rest
Restore its power
I will search the night skies
Again tomorrow
Now I must sleep to
It's a must
For I have been sprinkled
With Magical moon dust

I will dream
Of a place far away
Where everything is ok
and bright
For now my eyes are heavy
Dear moon I must say
Goodnight.....

GOODNIGHT MOON

ELIZABETH
PERRA-PELLETIER

Mark Kearney, 64, was inspired by his family's camp on Moon Lake. This piece captures what the scenes look like on the lake and reminds him and his dad of the good memories they shared at camp.

Mat Hamlin, 25, was influenced to create "Desperado" because of his deceased father's dream of riding a horse into the sunset. His inspiration and motivation for creating art came from his emotions and grieving his lost loved ones.

Elizabeth Perra-Pelletier was inspired by her love of the moon. Elizabeth states that the poem expresses that things can be very dark but there is always light.

THE BIRD

DEREK GRINDLE
Photography | 6" x 4"



MY PARANOIA OF THE CAREER LIFE

MARIE MARTIN

Keep going
Maybe I won't deny you
Get a talent, try to make it a
Career
All I ask of you is try
But you did
And I will think about it
And you will lose faith
I'm sorry, it takes time
I will dig a little deeper
Pray for you
Maybe just maybe you will get the position
Patience is a virtue

Derek Grindle, 28, was inspired by pictures of birds. Derek created "The Bird" by shaping aluminum foil and using different light exposures. He was influenced by his drawing class from the Sketches at the Salmon River Art Center, his high school art teacher Billie Jo Peterson, and art tutor Larry Rapshaw.

Marie Martin created "My Paranoia of the Career Life" because she was trying to express herself creatively. Marie's experiences in life are a major help in creating her poetry.



MICHAEL JACKSON

JEREMIAH WERDEN
Acrylic on Canvas | 14" x 11"



THE ADVENTURES OF PRINCESS SILVIA

SABRINA BIGGS
Digital Art

Jeremiah Warden is a 33 year-old artist whose artistic inspiration comes from just having fun. His motivation for creating art is to give paintings away as gifts and to see people's reactions.

Sabrina Biggs, 30, is a full-time art student at OCC. She was inspired by an animated commercial she created 15 years ago about a cat-lynx named Silvia. Sabrina's interests are creating arts & crafts, listening to music, playing Minecraft, and hanging out with friends.

DRAGON FIRE

MITCH CIARPELLI
Mixed Media | 27.5" x 21.25"



TWILIGHT WOODS

ELIZABETH SHERMAN
Acrylic on Canvas | 10" x 8"



Mitch Ciarpelli, 68, has always been inspired by dragons. Mitch works on one series at a time and creates multiple pieces on a single theme. For "Dragon Fire" he used pencil, acrylic, polymer medium, and collage.

Elizabeth Sherman, 36, enjoys painting because it helps her express her emotions. Elizabeth overcomes the atrophy in her hands by using a scraper to move the paint across the canvas.



REGRESSION

ANNA MARIE KUIPER
Ceramic Sculpture | 4" x 5" x 12"

My GREAT Uncle Ambrose says, "It is so!"
When I ask, "Is that so?"

GREAT Uncle Ambrose has a finger that is crooked
So, I asked him one day what had happened.
GREAT Uncle Ambrose said it was hit with a hammer and
I asked him, "Is that so?" and
He said, "Yes, that is so!"

GREAT Uncle Ambrose has a cellar and
He tells me never go down there.
Says there are gnats as big as can be
So no, never go down there.
I asked GREAT Uncle Ambrose, "Is that so?" and
He said, "Yes, that is so!"

GREAT Uncle Ambrose has a barn full of bees of which
He will not let me see-
Says there are many, too many to count.
So, I asked my GREAT Uncle Ambrose, "Is that so?"
And of course he said, "Yes, that is so!"

Do you have a GREAT Uncle Ambrose too?

INQUISITIVE

MARY COOGAN-HULING

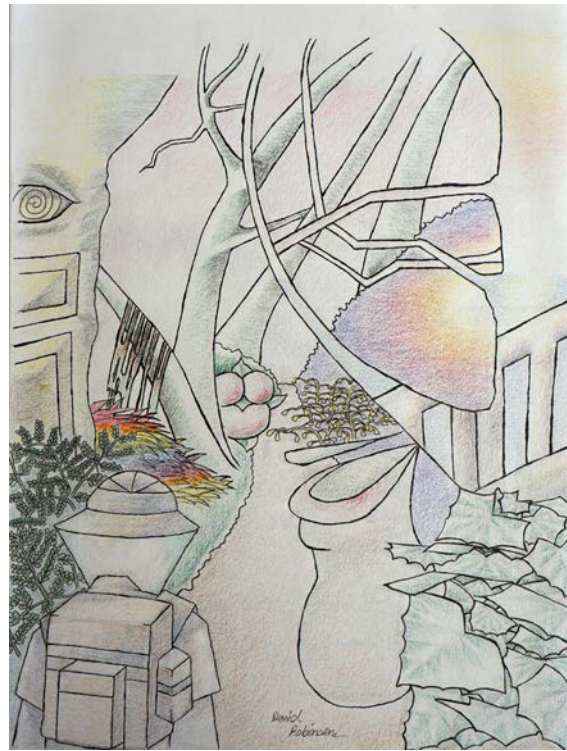
Anna Marie Kuiper, 49, created "Regression" to represent a journey from enlightenment and happiness to anguish and despair. Anna Marie believes art is subjective: "What someone might see nothing in, another may see volumes."

Mary Coogan-Huling was inspired to create children's poems when her first grandson was born in 2010. Mary did indeed have an Uncle Ambrose and all the situations depicted in the poem are true.

ENTERING THE WANDERING FOREST

DAVID ROBINSON

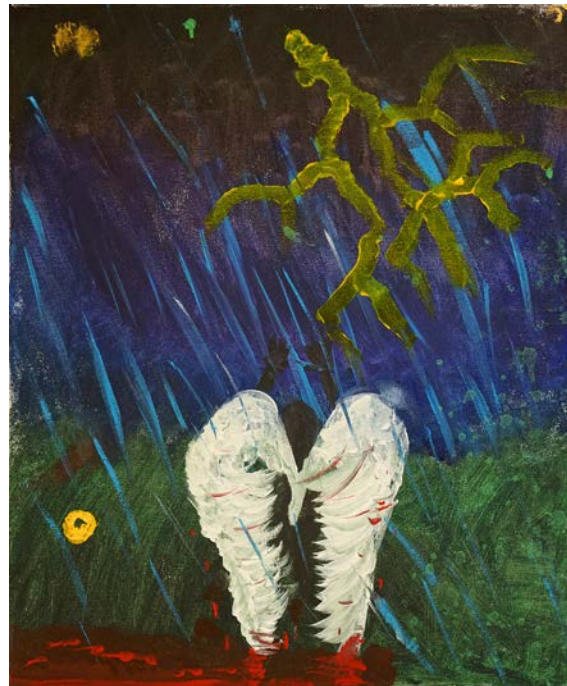
Colored Pencils, Graphite, & Ink | 12" x 9"



FALLEN ANGEL

JOSH WEBSTER

Acrylic Paint | 20" x 16"



David Robinson, 25, was born and raised in Syracuse, NY. David's hobbies include drawing, playing video games, and learning new things. David began drawing in elementary school and has continued ever since.

Josh Webster, 29, stated that Traumatic Brain Injury participants love to help out at any given cost and act like an angel to close friends and family. However, when they themselves get in hard times they always ask, "why?"



DOLPHINS HAVING A PEARL OF A DAY

GLORIA WILLIAMS

Mixed Media | 26" x 20"



SOUTH CAROLINA

MAGGIE SCHMIDT

Photography | 12" x 16"

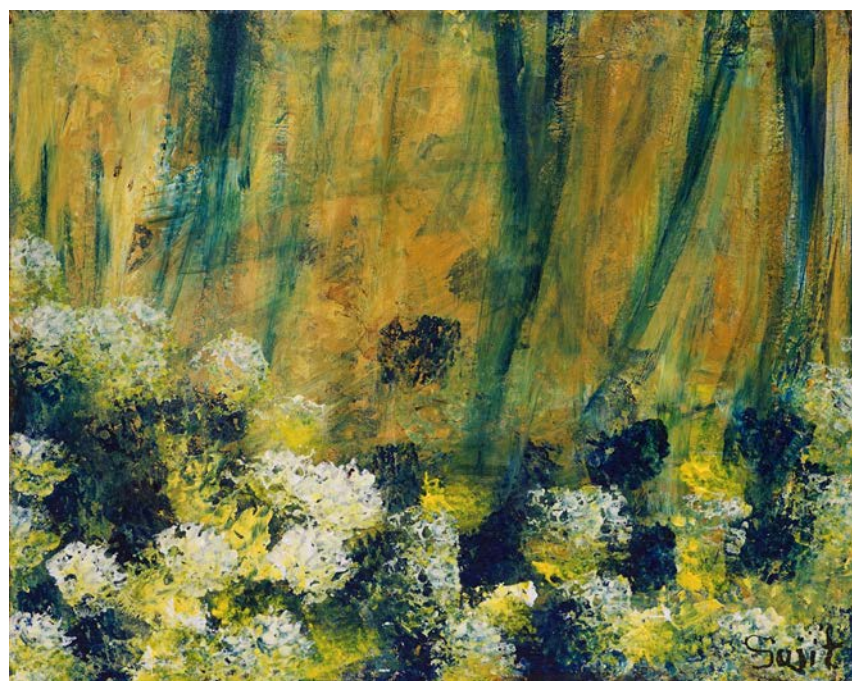
Gloria Williams, 64, created "Dolphins Having a Pearl of a Day" to express honesty and freedom of spirit. Gloria's interests include reading, music, traveling, and wildlife.

Maggie Schmidt is a 24 year-old student at OCC. She loves walking at different places and taking pictures of what's around her. Her Autism influences her pictures and painting by showing what she sees and what is important to her.

GREET THE SPRING
REGALLY; REALITY
OF THE FLOWERS
IN THE SLEEPY,
DEEP FORESTS

SUJIT KURUP

Acrylic on Canvas | 16" x 20"



THE JOEY

JOSEPH RUFO

Graphite | 12.5" x 10.5"



Sujit Kurup, 23, painted this piece to express the arrival of spring and also their emotions and inner being. Sujit is expressing his thoughts on canvas.

Joseph Rufo, 25, enjoys competitive power-lifting, sports, and Friday nights at Red Robin. "The Joey" is a drawing of his dad who inspires him to be the best he can be. Joseph creates art to express himself so that others can discover something about him through his work.



I ♥ TRACTORS

KATELYNN SCHULTZ

Ceramic Sculpture | 7.5" x 9" x 4.5"

What doth the migrating, menacing Melancholy care
When she spread, like a butterfly, her ambitious wings of despair?
Yet, her whispers are a weaving, laboring, lyrical loom
Upon this once melancholic merging room.
Destroying poetic creation can never be capable,
As long as the mood cycle reveries her to mania's escapable
To rapidly return withstanding, wishful words
Bringing back a muse so brilliant like billowing birds
Of poetry pursuing a passion to persist
For elaborate and urgent images to exist.
Claiming no influence but from above and the night,
I train my tracks not to be too slow or too trite-
As experiencing the eve' is a drafter's delight
For deprivation during insomnia is fanciful fright.

FLYING THROUGH
FANCIFUL NIGHTS

JENNIFER FULCO

Katelynn Schultz, 29, has Cerebral Palsy, hydrocephalus, a mild intellectual disability, and is legally blind in one eye. The artist combined her two loves: her passion for tractors and a passion for working with clay. *Previously in UNIQUE 2017.*

Jennifer Fulco likes creating poetry to distract from the dilemmas of the world. Jennifer stated that her "piece reflects the evening inspirations of an expressive poet trying to release couplets as fast as it spills out to try to placate the imagination."

ANGELS LOOKING OVER ME

ELIZABETH WATSON
Mixed Media | 17" x 14"



MY SUPPORT

JESSICA MEICHT

She is from my youth
So she knows my truth.
She sees all my flaws
Makes me better than I was.
She will make the call
when I fall.
She will stand up straight
And carry all the weight.
She is brave and in flight,
And smiles so bright.
She is fierce but kind.
Always help in a bind.
She hears me cry...
She is by my side.
She lifts me up.
She fills my cup.
She always pushing me
To do more than I can see.
She lightens my strife...
She is my wife!

Elizabeth Watson, 25, was born with Cerebral Palsy and a seizure disorder. She created "Angels Looking Over Me" to commemorate her grandparents. The drawing she created shows her love for the two of them.

Jessica Meicht wrote her poem to depict what her wife does that helps her cope with her Borderline Personality Disorder. She hopes that "My Support" inspires people to be that person for someone else.



GREAT WHITE

CLARK SIMSON
Mixed Media | 21" x 29"

SURPRISE FOR MAMA BEAR

LAURA MASUICCA
Fiber Art | 11.5" x 12" x 16"



Clark Simson, 57, finished his studies at Syracuse University in legal aid and political science. Clark was looking to create a scary, mysterious feeling when creating "Great White".

Laura Masuicca, 53, has always loved art and has dabbled in many mediums such as pencil, pastel ceramics, and crocheting. Laura is a member of groups that crochet shawls and prayer blankets for those in nursing homes, as well as hats and scarves for the homeless.

DOLL ON A WALL

JESSICA KOLL
Mixed Media | 7.75" x 7.75"



FREEDOM

SARAH BRITTENHAM
Acrylic on Canvas | 16" x 20"



Jessica Koll, 30, was influenced to create "Doll on a Wall" to demonstrate the emotions she feels when she rides the bus. Creating artwork is an escape for Jessica and her disabilities heavily fuel her creative process.

Sarah Brittenham, 31, considers herself a visionary and loves all things related to art. She was inspired in the moment. Sarah stated that her work represents freedom. Sarah believes her disability is a superpower and uses it in a way to share her creative expression.



INTENSE DRUMMER

MICHAEL PINTO
Mixed Media | 21.5" x 10.5"

It's a terrible fight between wolves.
One is evil. He is angry and full of sorrow, regret, greed,
arrogance, self pity, guilt
Resentment, inferiority, false pride, and superiority.
The other is good. He is filled with joy, peace, love, serenity,
humility, kindness, Benevolence, empathy, generosity, truth,
compassion, and faith.
The same fight is going on inside you.
Which wolf will win?
The one **you feed!!**

Michael Pinto, 48, is inspired by the band KISS for a lot of his work. Michael is a part of the David Clark Learning Center Band and plays drums. He also sings lead vocal on their song "Breakdown."

A FIGHT GOING ON INSIDE ME

JEFFREY JOHNSON

Jeffrey Johnson is Vice President of the CNY Brain Injury Coalition. He created paper handouts to be given away after his presentations about brain injuries. They inspire people to pursue things they have the ability to do.

HIDDEN HEART

DELQWON SMITH
Acrylic on Canvas | 30" x 16"



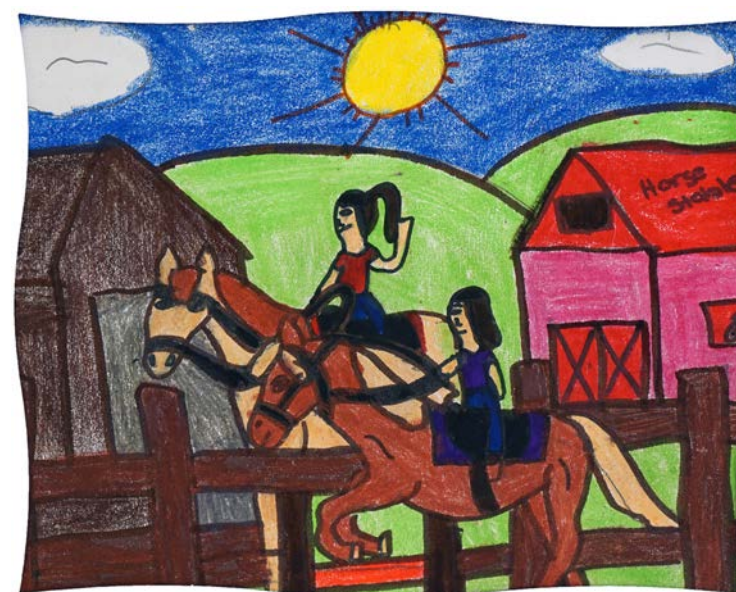
LOVE AND PEACE

SHEALA BURKS

Sure love is a four-letter word
While peace has five letters.
But mean much more than that.
Love and Peace are the very things
That keeps us together.
They help heal the broken hearts
That war had shattered and soften the
Cold hearts that hate had frozen.
If the world would learn those
Two little words, then the
World would be a much better place.

Delqwon Smith likes layering colors over colors. He likes to stencil and paint in the shape then paint over the stencils. Sometimes only he knows the hidden shapes within the painting.

Sheala Burks has been writing poetry since second grade. She uses her creative process to express her feelings about certain subjects. "Love and Peace" talks about living in peace and loving one another.



ALISHA'S LOVE OF HORSES

ALISHA HOWELL
Pencils, Crayons, & Marker | 7.75" x 9.5"



NATIVE DREAMCATCHER

BONNIE MONROE
Mixed Media | 33.5" x 21.75"

Alisha Howell, 30, drew inspiration from horseback riding and working on the farm with animals. Alisha loves drawing horses because it shows just how much they mean to her. Alisha loves volunteering at her friend's farm.

Bonnie Monroe, 34, created this piece to show off her skills in making dreamcatchers, especially in the webbing. Bonnie loves crafting but also enjoys quality time with her family. Her mother and grandfather taught her how to make dreamcatchers.

TRIO OF TREES

KAREN VOAS

Mixed Media | 18.25" x 33.25"



LIMESTONE CREEK

TANNER WOODLAND

Mixed Media | 26.5" x 20.5"



Karen Voas, 48, enjoys using different mediums to create one piece. She has created many pieces inspired by trees. The pencil shavings in "Trio of Trees" came from trees and now they are trees again. It's Karen's way of giving back to Mother Nature.

Tanner Woodland, 41, created "Limestone Creek" to convey his youth. Tanner and his friends would wade in the water and catch crawfish. Sometimes they would climb the cliff along the creek.

Because of my autism,

I have been known to fixate on certain images,

Sounds, characters, and ideas

For extraordinarily long periods of time,

Sometimes even years after I first encountered them.

They became part of my visual and verbal vocabulary

And remain fixtures of how I think and express myself.

It started early: the engine noises of "Thomas & Friends,"

Dead-on impressions of Cookie, Kermit, and Elmo,

The deep thoughtful tones of Garfield the cat.

While finding my own voice, I "borrowed" those of others,

Shamelessly and with considerable glee.

They had ways of saying everything I felt

With unerring clarity and signature personality.

I stuck to them far longer than I probably should have.

I grew more confident in my own powers of communication

And was surprised that my voice could be just as strong as theirs,

If not more so in crucial situations.

I sometimes feel a bit uncomfortable about it,

As it carries a lot of responsibility.

I have proven capable in a leadership position,

But I would rather take orders than give them.

Still, if I can make a positive difference,

Then I will speak out for good causes

Every chance I get, anywhere I can.

I can more than stand on my own.

FINDING MY VOICE

BENJAMIN KELLOGG

Benjamin Kellogg's motivation for writing poetry is to share his heartfelt thoughts about his autism. "Finding My Voice" represents his struggle to break away from expressing himself using quotes and dialogue from his favorite television, film, and book characters so that he could develop a strong voice of his own.

OCTOPUS'S GARDEN

TIMOTHY COOMEY
Mixed Media | 19" x 25"



WOMEN'S FANCY SHAWL DANCE

KATHLEEN ROLAND
Graphite & Colored Pencils | 11.5" x 8.5"



Timothy Coomey, 60, enjoys life with his wife of 11 years. The song "Octopus's Garden" by The Beatles was his inspiration for his artwork. He was interested in the fact that an octopus will collect objects and put them around their underwater home. This fact reminded him of putting puzzle pieces together.

Kathleen Roland is a 33 year-old woman who enjoys doing Native American style bead work and making regalia. She also enjoys speaking a Native American language called Kayen'keha. Her motivation is to create art so other people can learn about American Indian dance styles and women's fancy shawls.



SCORCHED LAND

ZACHARY GRILLO
Digital Art

One has grown with such beauty; it's hard to not look away.
While the handsome one glistens in the sunlight like snow.
Torn by both on this path that's right in front of me,
which one will I take?
One is warm and beautiful, and the other is as sweet as honey
and yet, cools like fall.
They're both angels in my eyes.
I'm the rose between 2 thorns, when will my heart decide for me?

I AM THE ROSE BETWEEN 2 THORNS

KARLEA SALTENBERGER

Zachary Grillo, 31, spends his time working on his business with his dad growing heirloom vegetables and eggs. Zachary started creating art when he was 18 and is inspired by alien worlds.

Karlea Saltenberger enjoys writing to get her emotions onto paper, which helps her feel better. She doesn't let her disability bother or affect her adversely. She believes anyone can do anything.

THE UNIQUE EDITORIAL BOARD RECOGNIZES THE TALENT AND CREATIVITY OF THE FOLLOWING ARTISTS AND WRITERS:

Melissa Atkins
MacKenzie Blanchard
Nicholas Bonacci
Danielle Bouvia
Joshua Candeloro
Herbie Carr
Brittany Cook
Sally Dickson
Abbey Doerger
Esther Dygert
Richard Ely
Peter Fennessey
Jody Goff
Amy Graham
David Grove

Brian Haher
Jody Jane Maillet
Jeremy Kelley
Karen Koegel
William Kuhn
Jordan LaBarbera
Selah Ladew
Midge Lawless
Jean LeoGrande
Shawn Mack
Lindsay Mitchell
Mary Oliver
Lorraine Piazza
John Poupore
Roger Pullen

Oramella Putman
Sarah Rathbun
Jason Rauscher
Hannah Rufo
Stephanie Santiago
Eric Sharpe
Amy Sholes
Ken Skillen
Jason Stastny
Kristen Stosal
Jean Syrell
Erika Vitthuhn
Stacey Weimer
Katie West

DO YOU WANT TO SUBMIT TO UNIQUE?

UNIQUE is published annually to display the creative work of people with disabilities living in Central New York. We welcome submissions of written and visual art. Guidelines and deadlines for UNIQUE 2019 will be announced in March 2019 and will be available at uniquemagazine.org.

CONTACT US

UNIQUE Magazine
c/o ARISE
635 James Street
Syracuse, NY 13203
uniquemagazine.org

ALTERNATIVE FORMATS

Portions of UNIQUE are available in alternative formats upon request. Please contact ARISE at (315) 671-4643.

WAYS TO SUPPORT UNIQUE

BECOME AN UNDERWRITER

UNIQUE sponsorship celebrates the creative spirit and raises awareness about disabilities by supporting the community exhibitions and printing of the free publication. Sponsorship levels start at \$500.

To learn more, contact Betty DeFazio at (315) 671-2903 or bdefazio@ariseinc.org.

MAKE A GIFT

Your charitable contribution is a strong statement that you share our commitment to celebrating the artistic expression of people of all abilities. Your donation to UNIQUE or other ARISE programs makes it possible for us to continue to provide a wide array of services for people who have all types of disabilities.

ARISE is a 501(c)(3) tax-exempt organization. To make a donation, use our secure online form at ariseinc.org or mail a check to:

ARISE Foundation
635 James Street
Syracuse, NY 13203

TAKE A PIECE OF UNIQUE HOME!

UNIQUE wall calendars and notecards are available for purchase. A portion of the proceeds supports UNIQUE Magazine and ARISE.

You can also order a print of your favorite UNIQUE artwork. Some of the original artwork featured in UNIQUE are available for sale by the artists, and all proceeds of these sales benefit the artists.

A list of available artwork is available at uniquemagazine.org.

For information on how to order any of the above, please call (315) 671-2903, or visit our website ariseinc.org for an order form.



AQUA UNDER THE SUN

MARK KEARNEY

Mixed Media | 21" x 17"

WHAT IS AN ANSWER FOR FEAR?

KANISHK KRISHNAN

What is an answer for fear?
Peace hovering above my heart
Beyond my reach
I can almost feel it
But not quite yet
Really what I fear about
Is meaningless
In the eyes of the world
Yet seems so real in my mind
Reality and illusory blend and blur
Leaving me in a sad state of fear
I feel so lonely in a way
With a total dismay
While watching myself
A sudden thought dawned on me
Where there is love and light
THERE IS NO FEAR!!!

ARISE

ariseinc.org

635 JAMES STREET, SYRACUSE, NY 13203