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## *Holiday Open House*



JOIN US!

Friday, December 15th

12:00 PM - 2:00 PM

ARISE Oswego Office

9 Fourth Ave. Oswego, NY

### ARISE

Center for  
Independent Living

#### ARISE Oswego

9 Fourth Ave  
Oswego, NY 13126  
(315) 342-4088

#### ARISE Pulaski

2 Broad St  
Pulaski, NY 13142  
(315) 298-5726

#### ARISE Fulton

113 Schuyler St, Suite 2  
Fulton, NY 13069  
(315) 887-5156

[ariseinc.org](http://ariseinc.org)

  /ARISEcny

#### Our Mission

To work with people of all abilities to create a fair and just community in which everyone can fully participate.

We would like to invite you to our Holiday Open House! Each year our staff at ARISE spends time making their favorite dishes and they bring them to the open house to feed our guests. Many of the individuals we support will be there along with their Direct Support Professionals (DSPs) to join in on the fun. There will be a door decorating contest and you will get to vote on who wins this year's honor of Best Christmas Door!

Tours of our facility will be available and staff will be available to answer any questions you may have about ARISE. We always have a great time and hope that you set aside some time to drop in and share that time with us. We look forward to seeing you, greeting you, feeding you, and sharing part of our holiday spirit with you.

The festivities will start at 12 PM on the 15<sup>th</sup> of December.

Thank you for joining us.

# ARISE Groups

## Oswego Social Club

No Social Club this month.

## Self-Advocacy Group

Monday, December 11th

1:00 PM - 2:00 PM

Pontiac Terrace Community Room

Self-Advocacy is a group for people who want to advocate for change. For additional information, or if you have an issue you would like the group to advocate for, please contact Josh Solazzo at (315) 342-4088 X213.

## Teen Group

Sunday, December 3rd

4:00 PM - 7:00 PM

Ponderosa & Kallet Theater in Pulaski

To watch *The Polar Express*

## Community Connections

Friday, December 15th

5:30 PM - 8:30 PM

Fulton Junior High School

Christmas games, cookies, surprises & pizza

Please email Vicki at [vaffinati@ariseinc.org](mailto:vaffinati@ariseinc.org) or call (315) 342-4088 X225 for information about this group. However, all reservations had to be made in advance for this event & not able to accept new reservations.

Please email Vicki at [vaffinati@ariseinc.org](mailto:vaffinati@ariseinc.org) or call (315) 342-4088 X225 for information about this group.

## Sib Shops

Saturday, December 9th

12:00 PM - 4:00 PM

Oswego Cinema

To see *Wonder*

We will meet at the ARISE office, (transportation to & from the theater will be provided.) there will be pizza & discussion following the movie! Please email Nikki at [nbaldwin@ariseinc.org](mailto:nbaldwin@ariseinc.org) or call (315) 342-4088 X246 to leave a message for information.

## TBI Group

Tuesday, December 12th

4:30 PM - 5:30 PM

(This is a reoccurring meeting that takes place the 2nd Tuesday of each month)

We will be meeting at the ARISE Oswego office If you have any questions, contact Shannon Morrell at (315) 342-4088 X245 or Christine Ward at 342-4088 X201 or [cward@ariseinc.org](mailto:cward@ariseinc.org).



Everything you wanted to know about Bed Bugs....

We know it's a touchy subject, but it's one we should all be prepared for. The recent outbreaks and some bugs showing up in schools in Onondaga county have created questions from others that want to be informed on how to get rid of this problem, if and when it comes to their home.

On January 12th at 10 AM, ARISE will be hosting an informational session on the subject of bed bugs. The program will be run by Sonia Robinson from the Oswego County Health Department. You will get a chance to hear how to handle this issue if or when it confronts you. At the end, we will also have time for questions.

We will provide coffee, tea, and juice with a lite snack. Please call to reserve a spot so we can get a head count. Call (315) 342-4088 extensions X213, X206, or X211 and leave a message.

Thank you and we hope to see you there.

- ARISE Advocacy team.

# Family Support Services

Family Support Services are designed to provide support for family members who care for a loved one at home with the intent to enhance family stability and family unity. Several government agencies are now giving funding to providers to offer assistance to families realizing the important work done by families to foster community connections and prevent institutionalization. We value the dedication by so many families in our community who care for loved-ones, providing the love and care that is immeasurable.

ARISE offers several family support programs for individuals with developmental disabilities funded by the Office for People with Developmental Disabilities (OPWDD). Social groups such as the Teen Group for students and the Community Connections Group for adults provide activities within the community. A grant for extra staffing makes it possible for us to provide a one-on-one staff person when participation in these activities would not be possible for an individual without the extra support. Both of these groups are coordinated by Vicki Affinati and her team. In December the Teen Group will go out to dinner and watch *The Polar Express* at the Kallet Theater in Pulaski, while the Community Connections Group is having a holiday party (see page 2 for more information). More than 60 individuals attend these groups, exploring new things as well as developing and strengthening friendships.

Other grants include Farm Camp for Adults, which takes place in August at ARISE at the Farm in Chittenango, Social Skills training, and Family Advocacy and Peer Counseling by Paul Meyer, an autism consultant.

Sibshops is a very unique program as it supports siblings who statistically are the family members who will have the longest relationship with their brother and sister. These young people often have to grow up fast as the parents need to spend extra time caring for the child with the disability and tend to help around the house. Nikki Baldwin, Sibshops Co-Facilitator, attended the training which qualifies her to facilitate the program designed by Don Meyer, who started Sibshops. In December the siblings will meet at the office and then go to a movie (see page 2 for more information).

For families who prefer regular scheduled respite in their home, the In-Home Respite program might be the answer. ARISE Direct Support Professionals provide safe and supervised activities for children and adults. If you are interested discuss it with your Medicaid Service Coordinator.

Service Access and Education Advocacy are additional programs that provide assistance for families who want to access OPWDD services for their child and education advocacy. Kristin Drumm is the coordinator of Service Access and Education Advocacy.

For more information about all these programs, please contact Sabine Ingerson at (315) 342-4088 X210 or at [singerson@ariseinc.org](mailto:singerson@ariseinc.org).

~ Sabine Ingerson





Melissa Hull  
Medicaid Service Coordinator



*"People with autism can do anything they set their mind to."*

- Benjamin Kellogg

On behalf of ARISE, I would like to congratulate Benjamin K.M. Kellogg on receiving the 2nd Place International Naturally Autistic People Award in the category of Literacy Arts, representing the United States of America for his three poems, "Autism Awareness," "For Every Street I Cross" and "A Conversation."

Benjamin was very excited to travel to Vancouver B.C., Canada via plane (for the first time) to attend the ANCA World Autism Festival from September 29<sup>th</sup> through October 1<sup>st</sup> with a close family friend to accept his award.

When Ben arrived in Vancouver on September 29<sup>th</sup>, he was able to recite his poem, "A Conversation" accompanied by the band The Chord, from Indonesia, as they played their original composition, "Indonesian Blues."

On September 30<sup>th</sup>, Ben attended the Trade Show at the ANCA World Autism Festival where he was able to promote his E-Books of his Noah and Logan Series:

- Noah and Logan Learn to Clean
- Noah and Logan Learn to Share
- Noah and Logan Learn to Tie Their Sneakers
- Noah and Logan Learn to Care for Their Pets
- Noah and Logan Learn to Make New Friends

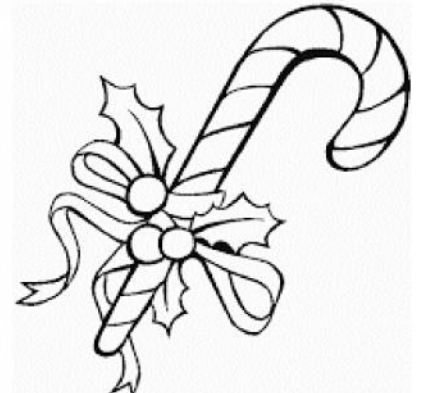
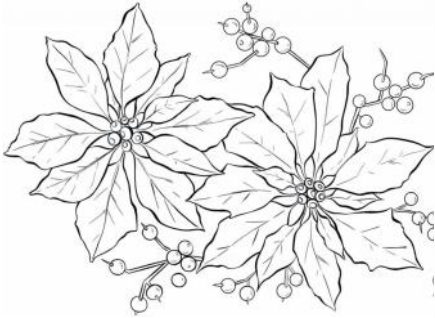
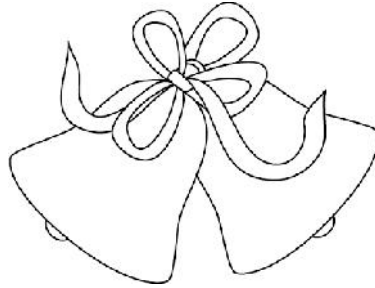
Ben was also able to recite his poem, "For Every Street I Cross" during the open mic portion of the weekend. During the Trade Show, Ben was interviewed by Paul-Constantin Cojocaru from Romania. This interview was broadcasted on Romanian television to show Romanians that people diagnosed with autism can do anything they set their minds to. Ben learned that there are no services in Romania for people diagnosed with autism.



On October 1<sup>st</sup>, Ben gave an acceptance speech at the Awards Ceremony when he was here he thanked his past occupational therapists, physical therapists, speech teachers, and his 1:1 aide when he was in school. Ben also thanked ARISE for all the support he has been given over the years and he thanked his parents for their continued support and for not giving up on him.

Ben's poems have been published in the ARISE Unique Magazines over the years and he has spoken at the Everson Museum of Art during an opening celebration. He recently read his poems and Noah and Logan Books on November 5<sup>th</sup> at Syracuse Stage during their "Poetry & A Play" event before a showing of the play "The Curious Incident Of The Dog In The Night-Time" by Mark Haddon. Ben's 2017 UNIQUE submission was also on display during the run of the play.

# Fun Page





# DECEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 
3 <u>Teen Group</u> 4:00-7:00p	4 <u>Fresh Food Giveaway</u> Sandy Creek UMC, 3:30-5:30p	5	6 <u>Fresh Food Giveaway</u> Christian Life Assembly, Syracuse 3:00-5:00p	7	8	9 <u>Sibshops</u> 12:00-4:00p
10	11 <u>Self Advocacy group</u> 1:00-2:00p	12 <u>TBI Peer Support Group</u> 4:30-5:30p	13 <u>Fresh Food Giveaway</u> Park UMC, Pulaski 3:00-5:00p	14 <u>Fresh Food Giveaway</u> St. Joseph's The Worker, Liverpool 3:30-5:30p	15 <u>Holiday Open House</u> Noon - 2:00p <u>Community Connections</u> 5:30-8:00p	16
17	18 <u>Fresh Food Giveaway</u> Believer's Chapel 3:30-5:30p	19	20 <u>Fresh Food Giveaway</u> No. Syracuse Christian Church 3:30-5:30p	21	22	23
24	25 <u>Office Closed</u> <i>Merry Christmas</i> 	26	27 	28	29	30 

# Oswego County Edition

## ARISE

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ariseinc.org



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## Employment

**ACCES-VR** (Adult Career and Continuing Education Services-Vocational Rehabilitation) is an agency in the New York State Education Department that has helped many individuals with disabilities find and keep employment. You may know the agency from its previous acronym: VESID.

Over the past year, ACCES-VR has helped over 900 people in Central New York (including 80 in Oswego County) succeed in careers ranging from customer service to information technology. Services to help eligible individuals reach their employment goals may include but are not limited to: job coaching, employment counseling, advocacy, and financial assistance with training, equipment, and work uniforms.

If you or someone you know has a barrier to employment and is interested in applying, please call (315) 428-4180 to register for an information session or to receive an application.

