



ARISE 25 YEARS OF OPENING NEW DOORS TO INDEPENDENCE

1979-

2004



THEN



NOW

Join us as we journey back in time and celebrate the accomplishments of ARISE's first 25 years as an Independent Living Center...

HISTORY OF THE INDEPENDENT LIVING MOVEMENT

The attitude that disability is a natural part of life was fairly new in the 1970s. The federal Rehabilitation Act of 1973 helped usher in a new way of thinking, stating that disability does not diminish the rights of individuals to live independently, make choices, pursue careers, or enjoy integration in mainstream American society.

This important act authorized the establishment of Independent Living Centers (ILCs), consumer-controlled agencies promoting the full inclusion of people with disabilities in the community. ILCs have five key characteristics: they are consumer-controlled, community-based, non-residential, non-profit, and provide cross-disability services. The centers work with people of all ages who have all types of disabilities as well as with families, community organizations, businesses, and government. Core services include peer counseling, independent living skills, information and referral services, and individual and systems advocacy.

The first ILC, the Berkeley Center for Independent Living, was founded in Berkeley, California in 1972. In 1978, the federal government began providing funding for ILCs. That year, the Center for Independence of the Disabled in New York became the first ILC in New York State. ARISE, established in 1979, was one of eight original ILCs formed in the state.

1979

ARISE IS ESTABLISHED AS AN INDEPENDENT LIVING CENTER IN SYRACUSE, NEW YORK.

During the Independent Living movement that swept the country in the 1970s, ARISE opened its doors in Syracuse to advance the idea—which was revolutionary at the time—that people with disabilities should have equal rights.

Michael Crinnin, ARISE's first Executive Director, remembers the obstacles they faced, "There were no curb cuts, no accessibility in transportation, mostly because there was no law calling for it. Any accommodation was an act of good faith." Crinnin, with one other full-time employee, worked in an old laundry room of St. Mary's Hospital, then occupied by United Cerebral Palsy (now known as Enable).

In its first few years, ARISE was already at the forefront of a number of national issues affecting people with disabilities and helped to bring about positive changes in the community. Michael Peluso, who was with ARISE for its first 10 years, was active in early advocacy efforts. "In the beginning, ARISE's advocacy focused on transportation and public accessibility," Peluso said. "Syracuse was one of the first cities in the country to have a number of facilities and services accessible for people with disabilities, years before any were mandated by the Americans with Disabilities Act (ADA)."

According to Peluso, the advocacy efforts of ARISE and other disability rights organizations led to several victories that were models for other parts of the country. These victories included having the City of Syracuse install numerous curb cuts even though they were not required to do so by federal law and making seating at the Carrier Dome accessible for people with disabilities. Efforts also helped establish the Onondaga County "Homebound" transportation program, Syracuse's Home Access Program, benefits advisement, and a statewide systems advocacy program. In addition, ARISE staff played a role in making McDonalds restaurants accessible to people with disabilities across the country.

ARISE starts wheels in motion

July 13, 1980

He helps disabled become less limited



Michael Crinnin (right) is ARISE's first Executive Director.

THE ARISE-ING SUN

Volume I No. 1 September 1980

Greetings!
With enthusiasm we "welcome" you to the first issue of a monthly (as long as the * holds up!) ARISE newsletter. Our hope is to initiate a vehicle of dialogue and communication that flows two ways: we'll be sharing information and opinions with you, plus we'll be seeking your input and response to the multiple concerns surrounding "disabilities" in our society.
Presently our format is very flexible and we encourage your suggestions and criticisms. Please help us add both to the form and content. This "venture" is only important to us if it's significant to you, so let's hear from you! We would like to think we can stir up some (cont. on the next page)

ARISE's first newsletter was printed in 1980.

1986

ARISE PROMOTES ACCESSIBLE RECREATION, HELPING TO ESTABLISH A WHEELCHAIR-ACCESSIBLE FITNESS COURSE AT ONONDAGA LAKE PARK.

FIVE LOCAL ADVOCATES BLOCK A CENTRO BUS IN DOWNTOWN SYRACUSE TO PROTEST THE LACK OF ACCESSIBLE PUBLIC TRANSPORTATION.

THEN

More than a decade before ARISE & Ski and ARISE at the Farm, ARISE realized the importance of creating healthy, enjoyable, and beneficial integrated recreational activities for people with disabilities in Central New York. One of its earliest endeavors was a “fitness course for wheelchair users” constructed at Onondaga Lake Park in 1986. As part of an effort to increase integrated recreational opportunities at the park, this course offered a fun and stimulating challenge for people with a variety of abilities.

In 1986, ARISE was at the forefront of the struggle to obtain accessible public transportation for people with disabilities. Years before legislation mandated that public transportation be accessible, ARISE—working with other advocacy groups—was in the midst of a heated effort to have fair and equal access to fixed route buses in Central New York.

Darryl Storie, who still works for ARISE in 2004, said of the November 1986 protest: “Opponents said we could never have accessible buses in a northeastern city like Syracuse. I remember being very nervous that day. We didn’t really know what would happen when we blocked that bus.”

November 6, 1986

Blazing A Trail

County Opening A Fitness Course For Wheelchairs

By STEPHEN J. GARDNER
A fitness course for wheelchair users is being opened at Onondaga Lake Park in Syracuse County in an effort to provide recreation for people with disabilities. The course, which will be held on the park's 4,000-acre site, is being developed by the county and will be open to all wheelchair users. The course will be held on the park's 4,000-acre site, is being developed by the county and will be open to all wheelchair users. The course will be held on the park's 4,000-acre site, is being developed by the county and will be open to all wheelchair users.



Onondaga County is opening a fitness course for wheelchair users at Onondaga Lake Park. The course will be held on the park's 4,000-acre site, is being developed by the county and will be open to all wheelchair users.



In November 1986, ARISE staff member and advocate Darryl Storie (left) joined other activists in blocking a Centro bus with their wheelchairs to protest the lack of accessible public transportation in Syracuse.

NOW

Early advocacy efforts, such as the 1986 protest, paid off. In 1987, Syracuse was one of the first cities in the Northeastern United States to have accessible public transportation. “We proved our opponents wrong; now people with disabilities use public transportation all the time,” Storie said.

As a result of actions locally and across the country, the most sweeping piece of civil rights legislation protecting the rights of people with disabilities, the Americans with Disabilities Act (ADA), was signed into law in 1990. A major component of the ADA guarantees people with disabilities access to public transportation.

Today, all new fixed line buses in the U.S. come equipped with wheelchair lifts. All of Centro's fleet of over 200 buses are fully wheelchair-accessible, complete with wheelchair lifts, ramps, and tie downs. These features not only give people with disabilities equal access to transportation, they also offer greater access to the community.

“It’s difficult to imagine a time when the buses weren’t accessible at all,” Storie said. “Without those early advocacy efforts, we might still be left waiting at the curb even today.”



Today, Darryl Storie, who continues to be an ARISE staff member, enjoys the freedom of using public transportation. All fixed line public buses in Syracuse have a wheelchair lift.

1989

ARISE HELPS ESTABLISH THE SHERIFF'S HANDICAPPED AMBULATORY PARKING ENFORCEMENT (SHAPE) PROGRAM.

Onondaga County was facing an epidemic of abuse of accessible parking for people with disabilities in the late 1980s. ARISE worked with the Onondaga County Sheriff's Department and Legislature to establish the SHAPE program as a solution. SHAPE volunteers are deputized by the Onondaga County Sheriff and empowered to write parking tickets for people who violate accessible parking laws.

One of the first of its kind in the nation, the SHAPE program has served as a model for other municipalities throughout the country. The program works well and, since its inception, has helped reduce the problem of illegal parking in accessible spaces not just by writing parking tickets, but also through effective public education campaigns.

July/August 1989 ARISE Newsletter

We're finally "in SHAPE"
(Sheriff's Handicapped Ambulatory Enforcement)

As we informed you last month, one of the delays in getting the S.H.A.P.E. (Sheriff's Handicapped Ambulatory Parking Enforcement) Program started was that we had to wait for a law to be passed that would legally allow SHAPE deputies to issue parking tickets to violators of handicapped parking spaces. The law was passed by our county legislators on July 10th by an almost unanimous vote.

Now we are able to forge ahead - get the necessary paper work out of the way - hold interviews with prospective participants - then to the academy for training - then THE ROAD! What a day that will be!

After months of meetings, and more meetings, I can hardly wait for the picture of the first graduating class of Special Deputies.

And, after all these months that you have shown so much support for the program, I'd like to sincerely thank you all. Without your support, I don't know if I could have continued.

Badri Khatun
Coordinator
S.H.A.P.E.

THANK YOU - EVERY ONE OF YOU . . .



1994

ARISE LAUNCHES ITS EMPLOYMENT PROGRAM, INCREASING JOB OPPORTUNITIES FOR PEOPLE OF ALL ABILITIES.

In the early 1990s, the community started to focus on helping people with disabilities work in more integrated places of employment. As employers began to realize the value of hiring people with disabilities and worked to comply with the ADA by creating reasonable accommodations, they reaped the benefits of having dependable and productive employees.

In 1994, ARISE was one of the first agencies in the area to connect employers with qualified employees of all abilities eager to enter the workforce. Over the years, ARISE's employment programs have flourished; they successfully help people with disabilities find gainful employment and also ensure that people are employed in friendly and productive work environments.

"It's the employees that make this program work," said Lori Mokry, ARISE Employment Services Manager. "Without the people we serve constantly proving to employers again and again the benefits of hiring people with disabilities, the program would never have been so successful."

April 21, 1998



Bonnie Whitley, a customer service representative for The Hartford Insurance Co., is legally blind but is able to work at her office job with simple accommodations in her work station and a slightly longer learning period. ARISE helped Whitley find her job.

ARISE Helps Disabled Get to Work

The people center's job referral service has placed 200 disabled workers in jobs.

By TARA HIGGS, Executive Director

After finding a job at The Hartford Insurance Co., in Hartford, Bonnie Whitley was required to attend 30 to 40 hours of training. Whitley was helped by a job coach from ARISE. She called for help and was given a job at The Hartford Insurance Co. Whitley is now a customer service representative for The Hartford Insurance Co. Whitley is legally blind but is able to work at her office job with simple accommodations in her work station and a slightly longer learning period. ARISE helped Whitley find her job.

1996

ARISE OPENS A SATELLITE OFFICE IN OSWEGO, NEW YORK.

After providing services to residents of Onondaga County for 17 years, ARISE opened its first satellite office in Oswego County on March 18, 1996. Located at 104 West Utica Street in Oswego, the office brought a full-range of independent living services to residents of the county, particularly migrant workers who have disabilities. This focus was unique—ARISE's Oswego Office was the first independent living center in New York that targeted services to migrant workers, who can be at risk of job-related injuries and may not have access to medical treatment.

THE ARISE & SKI PROGRAM IS CREATED, INTRODUCING NEW RECREATIONAL PROGRAMMING.

In 1996, ARISE Executive Director Melissa Weiss, in partnership with Toggenburg Ski Center, created ARISE & Ski as a pilot program. This innovative effort has made it possible for individuals with disabilities to ski with their friends and families. Each winter since 1996, ARISE & Ski has provided innovative, adaptive equipment for skiers, and volunteers assist skiers in using the equipment and navigating the slopes. The program is still thriving today, 70 children and adults skied with program volunteers at Toggenburg in 2004.



December 5, 1996

Toggenburg befriends skiers with disabilities

Downhill skiing is a sport for the masses. Other than instruction at the outset, there should be no restrictions. There should be no "can't."

For some potential skiers — even former skiers — "can't" is a word they face every day.

With the teaming of Toggenburg Ski Center in Falun and ARISE in Syracuse, "can't" may be erased from their vocabulary.

They are skiers with physical and cognitive disabilities such as autism, Down's syndrome, hearing impairments, spinal cord injuries, cerebral palsy and learning disabilities.

ARISE is the independent learning center that provides support and services to people with disabilities.



BOB NEDY

A special clinic the weekend of Dec. 27 will train instructors to work with skiers with disabilities.

Word has gotten out to people who use ARISE's services.

"We've had overwhelming interest in the ski program," Weiss said. "No pun intended, but the program has snowballed a little faster than I thought."

Many inquiries have come from children or their parents.

"The only thing holding us back is purchasing the equipment," Weiss said. "But you've got to start somewhere."

ARISE emphasizes the objective isn't to create a separate ski program for skiers with disabilities, but to get these skiers out and on the slopes and skiing.

And so far, Weiss said, Toggenburg has not charged participants in the program. No charge.

We'll add this little plug: You can send a tax-deductible contribution to the program. Here's the address: ARISE & Ski Program, ARISE Inc., 501 E. Fayette St.

1998

ARISE AT THE FARM BEGINS WITH THE DONATION OF A HORSE FARM IN CHITTENANGO.

THEN

In 1998, ARISE received an 84-acre farm in Madison County as a gift from Dr. James Marshall and incorporated the site as ARISE at the Farm, a 501(c)3 organization. Over the years, the Farm has offered year-round, accessible recreational activities to hundreds of children and adults with disabilities, their families, and the entire community. The Farm features an indoor arena, accessible fishing deck and pond, Project Adventure ropes course, and petting zoo. The Farm also offers adaptive horseback riding, horse cart driving, biking, seasonal day camps, and after-school programs.



NOW

Six years later, ARISE at the Farm continues to be a pioneer in designing and piloting adaptive, inclusive recreational programs for the community. Not only is a wide range of programming offered at the Farm, but also ARISE—with funding from the U.S. Department of Education—has assumed a key role in actively developing, coordinating, and sharing information on recreational opportunities at sites throughout Central New York.



1998

ARISE SYRACUSE OFFICE OPENS UNIVERSAL DESIGN CENTER.

THEN

HISTORY OF UNIVERSAL DESIGN AND ASSISTIVE TECHNOLOGY

Many people with disabilities have relied on the removal of architectural barriers and improvements in technology to navigate their homes and communities. This became especially apparent in the early 1950s when World War II veterans with disabling injuries wanted to lead productive lives in the community but were hindered by countless architectural and technological barriers.

Slowly, barriers began to come down and attitudes shifted, but it was not until the 1970s that American architect Michael Bednar introduced the idea that removing environmental barriers enhances everyone's functional capacity. People started to realize that universally-designed products benefit people of all abilities.

The concept of universal design was brought to the attention of the general public in 1988. The New York City Museum of Modern Art exhibit, "Designs for Independent Living," showcased products selected for their beauty as well as their consideration of the needs of older adults and people with disabilities. In response to increased interest from the public, universal design features that were once undesirable became affordable, attractive, and even marketable.

Following closely on the heels of the Independent Living movement, ARISE introduced other important concepts to Central New York: universal design and assistive technology.

"When we opened the Universal Design Center at our office on 1065 James Street in 1998, it was one of just a few in the country," said Ron Champion, ARISE Information and Technology Manager. "It was exciting because universal design was a fairly new concept." Even though the concept was new, generating interest in the center wasn't too much of a problem. "Once people became familiar with the universal design features and assistive technology we showcased at the center, the ideas sold themselves," Champion said.



In June 1998, ARISE staff member Ron Champion (right) provides information on how universally designed technology can improve the lives of people with disabilities. ARISE's 1065 James Street office was one of the first locations in the country to showcase products and information on universal design.

NOW



Today, Ron Champion (right) is ARISE's Information and Technology Manager and continues to share information on the latest universally designed products at ARISE's new Accessibility and Technology Resource Center.

ARISE showcases the latest universal design and assistive technology concepts at our state-of-the-art Accessibility and Technology Resource Center (ATRC), built in 2004 with generous support from the Central New York Community Foundation. In the ATRC and throughout ARISE's 635 James Street office, visitors can observe innovative products and designs that people of all abilities can use to increase their independence at home and at work.

"Today, you see aspects of universal design philosophy incorporated into all sorts of architectural and product designs," Champion said. "I think more people are starting to realize that items originally designed with people with disabilities in mind work better for everyone."

Assistive technology has evolved and become more affordable over the years, allowing more people to work and live independently. A fairly elaborate piece of assistive technology, such as voice recognition software, that used to cost more than \$30,000 now costs under \$200.

Many people prefer using universally designed products even if they do not have a disability. Champion said, "The examples are everywhere, many of us couldn't get through the day without items such as spell-check, voice activated telephones, a thicker pen, or better grips on a potato peeler. All of these products have their roots in assistive technology and universal design. We have had more breakthroughs in the last 25 years than ever before. It's exciting to imagine how far we will go in the next quarter century. The possibilities are endless."

1999

CHILD AND FAMILY SERVICE AND ARISE MERGE TO BECOME ONE OF THE LEADING AGENCIES ADDRESSING URGENT HUMAN NEEDS IN CENTRAL NEW YORK.



In 1997, ARISE moved into a new building located at 1065 James Street with several other agencies: Exceptional Family Resources, Liberty Resources, Rape Crisis Center, and Child and Family Service. The agencies were enthusiastic about this opportunity to work closely and share ideas and resources.

Two years later, Child and Family Service and ARISE began exploring the possibility of merging the two agencies to better meet the needs of the community. By combining independent living services and mental health services, the two agencies could offer a holistic approach to enhancing quality of life for the people served.

The two agencies officially merged on August 1, 1999 and became ARISE Child and Family Service, Inc. (known as ARISE). The new agency offers more comprehensive, enhanced, and integrated services to people of all abilities in the community.

May 22, 1999



JODI VALENTINE of Child and Family Service of Syracuse and Onondaga County works with a child in a trust-building exercise at Marshall Farm in North Chittenango. The agency is merging with ARISE, a group that helps people with disabilities.

ARISE, Child and Family Service to merge

May 21, 1999



History of Child and Family Service 1878 1999

When ARISE merged with Child and Family Service in 1999, it partnered with an agency that had provided a variety of human services in Onondaga County for more than 120 years.

Reflecting on the history of Child and Family Service, ARISE Director of Child and Family Services, Jodi Valentine, said, "The emphasis on strengthening families has always been a cornerstone of the work we do. The 'family' is not as it was 25 years ago. For many of our clients, family does not mean someone you are related to by blood or marriage, but rather can be friends, roommates, or life partners, all of whom play the same role as 'family' once did. The goal of our work with many clients is helping them to identify and develop 'natural supports' and social connections they can turn to for support."

The following is a chronology of major events in the evolution of Child and Family Service:

1878

The Bureau of Labor and Charities began providing services to children, women, and families in Onondaga County. This agency worked closely with families and helped establish Syracuse's first public playground, probation service, Well Baby Clinics, and Prenatal Clinics. Over the years, the many transitions and collaborations of this agency served to create the Children's Bureau and the Family Society.

1881

The Society for the Prevention of Cruelty to Children was formed as a division of the Bureau of Labor and Charities, and is the beginning of child welfare services in Syracuse. This agency was responsible for investigating conditions in a home that might lead to the neglect or abuse of children. The Society also pioneered temporary foster care services for girls in Onondaga County.

April 23, 1893

A MODEST BENEFACTOR.
Citizen Placed Charity Funds With Mr. Mills, But is Anonymous.
Secretary Charles D'B. Mills has issued the following interesting letter to the public with regard to methods of bestowing charity:
"It is known to all that the past winter, in our city at least, has been a hard one for the poor . . . The Bureau of Labor and Charities has done what it could to find employment for the unemployed, and devised means of ministrations and relief for those who by reason of sickness or other misfortune were unable to do for themselves; but it has not been able to perform nearly all that was needed. At an op-

March 9, 1910

CHILDRENS SOCIETY ELECTS OFFICERS ON MARCH 31
Preparations for electing officers of the Society for the Prevention of Cruelty to Children on March 31 were made at the monthly meeting yesterday, held in the society offices in the Larned Building. In the report of the work of the society from February 8 to March 8 were the following:
Number of complaints received, 58; complaints substantiated, 37; children involved, 54; neglect cases, 9; children prosecuted in court, 10; convictions, 10; cases pending, 10.

History of Child and Family Service

1949

The Family Society and the Children's Bureau merged to form Child and Family Service. In 1951, the agency moved to a new site, offering 20 offices and meeting rooms, at 728 James Street. Child and Family Service provided many services, including case management for families, assistance to unmarried mothers, and adoption services.

1978

Child and Family Service celebrated its 100-year anniversary at an event at the Hotel Syracuse on May 17, 1978. At the celebration, staff noted that in 1977, the agency offered counseling to more than 6,000 people, provided child care services to more than 55 children in the Syracuse Day Care Center, offered travelers aid services to 427 people, and responded to 178 adoption inquiries.

1996

Child and Family Service received licensure from the Onondaga County Office of Mental Health to provide outpatient services to children, adolescents, and adults. In the May 1996 *Focus on Child & Family Service* newsletter, Director of Professional Services Rosalyn Syp said, "It is exciting to be at this point in opening these critical services. We have worked very hard to prepare for opening these services so desperately needed by our community."

1997

Child and Family Service moved to 1065 James Street in Syracuse.

March 3, 1951



CFS turns 100 years old!

May 7, 1978



2001

ADVOCATES, INCLUDING KARA VANDERVEER, URGE THE PASSAGE OF LEGISLATION THAT ENSURES PEOPLE WILL NOT LOSE MEDICAID BENEFITS IF THEY WORK OR MARRY.

In 2001, Kara VanderVeer attended a rally at the State Office Building in Syracuse to support Medicaid Buy-In legislation. This legislation would allow people, such as Kara, to earn a modest income, acquire and maintain assets, and—best of all—be married without risk of losing any Medicaid benefits. Since 1999, Kara and her fiancé have postponed their wedding because they would lose their Medicaid benefits if they were to marry.

In response to advocacy efforts by ARISE and others across the state, Medicaid Buy-In legislation passed in 2003. People with disabilities who are Medicaid recipients can now live more full and independent lives.

Kara VanderVeer plans to get married in 2006. “We faced a lot of opposition to this legislation over the years,” she said. “What a relief to finally have Medicaid Buy-In implemented in New York.”

July 13, 2001

Bill would allow some to buy into Medicaid



1966



Dr. Relda Johnson, Executive Director of Child and Family Service of Syracuse and Onondaga County in 1978.

1978



2003

ARISE OPENS AN OFFICE IN ONEIDA, NEW YORK.

In 2002, ARISE launched a non-site-based day and residential habilitation program for residents of Madison County. Part of a collaborative pilot initiative, the program was the first of its kind in the county.

In June 2003, ARISE established a formal presence in Oneida by opening an office in the One-Stop Career Center. This site gives people with disabilities in the area more options for independent living services and provides disability sensitivity training for Madison County businesses and organizations.



Carol Barnes, ARISE Employment Specialist, works at ARISE's office at the Career Center.

ARISE RECEIVES LICENSURE FOR SHEA MIDDLE SCHOOL, DR. WEEKS ELEMENTARY SCHOOL, AND DR. KING ELEMENTARY SCHOOL TO BE SATELLITE MENTAL HEALTH CLINICS.

ARISE began an innovative initiative in 2003 to offer mental health services and supports right in the school to families and children who have persistent behavior issues or have experienced a crisis that affects their well-being and school performance.

Susan VanCamp, Coordinator of ARISE's School Based Mental Health Programs, said of this effort, "We are truly making a difference, resulting in improved academic success, increased family involvement, and healthier communities."



ARISE Clinical Social Worker Maggie Biddlecome (right) meets with Dr. Weeks Elementary School's Principal Steven Wolf and Vice Principal Linda Jackson.



ARISE's clinical staff work at the satellite mental health clinic at Shea Middle School.

2004

ARISE OPENS A FULL-TIME EXTENSION OFFICE IN PULASKI, NEW YORK.

Rather than ask the people we serve in Northern Oswego County to come to the City of Oswego on a regular basis, we decided to bring the services to them. In 2002, ARISE took a big step in reaching out to people with disabilities in rural areas by opening a part-time extension site in Pulaski.

In response to an increasing demand for services, we moved to a new, larger office at the Pulaski Courthouse in 2004. This full-time office makes our services much more accessible for people living in the most rural areas of Oswego County.



ARISE's new office at the Pulaski Courthouse.



Sabine Ingerson, Director of ARISE's Oswego Offices (left), joins Liz Harding, an ARISE Medicaid Service Coordinator based in Pulaski, at the December 7, 2004 Open House celebration at the new Pulaski Office.

Over the past 25 years, we have made great strides in advancing the right of people of all abilities to live full and independent lives of our choosing. An accessible building and bus have become more the rule than the exception. People with disabilities are active members of the workforce. Recreational activities, such as skiing and fishing, are available to more people through the use of adaptive equipment.

We still have much to do. We look ahead to challenges near at hand and in the distance. Please continue to join us as we work to create a fair and just community in which people of all abilities can fully participate.

**ARISE Main Office and
Onondaga County Office**

635 James Street
Syracuse,, New York 13203
Phone: (315)472-3171
TTY: (315)479-6363

Oswego County Office

253 East Tenth Street
Oswego, New York 13126
Phone: (315)342-4088
TTY: (315)342-8696

Pulaski Office

2 Broad Street
Pulaski, New York 13142
Phone: (315)298-5726

Madison County Office

1006 Oneida Plaza Drive
Oneida, New York 13421
Phone: (315)363-2400

ARISE at the Farm

1972 New Boston Road
Chittenango, New York 13037
Phone: (315)687-6727

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