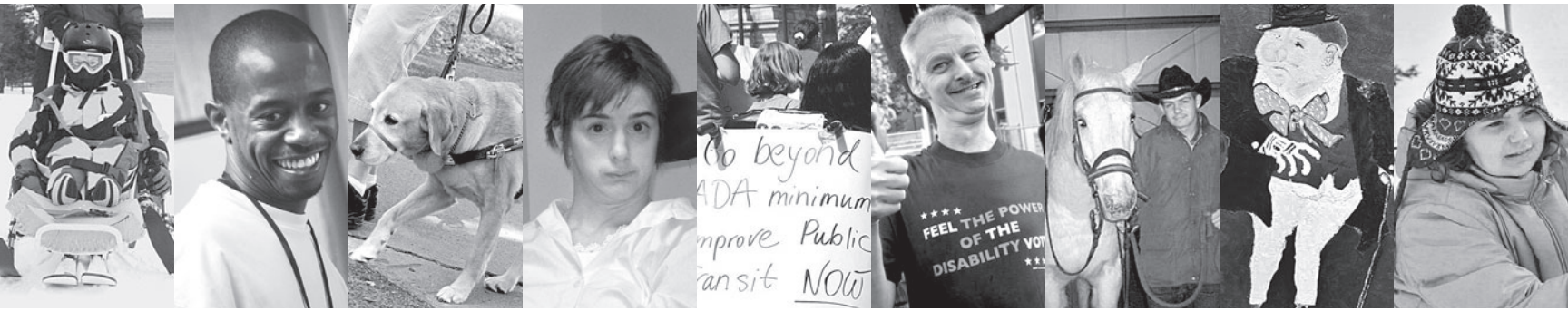


# Annual Report

Believing We Can



# ARISE 2008

# Our Mission

## MISSION

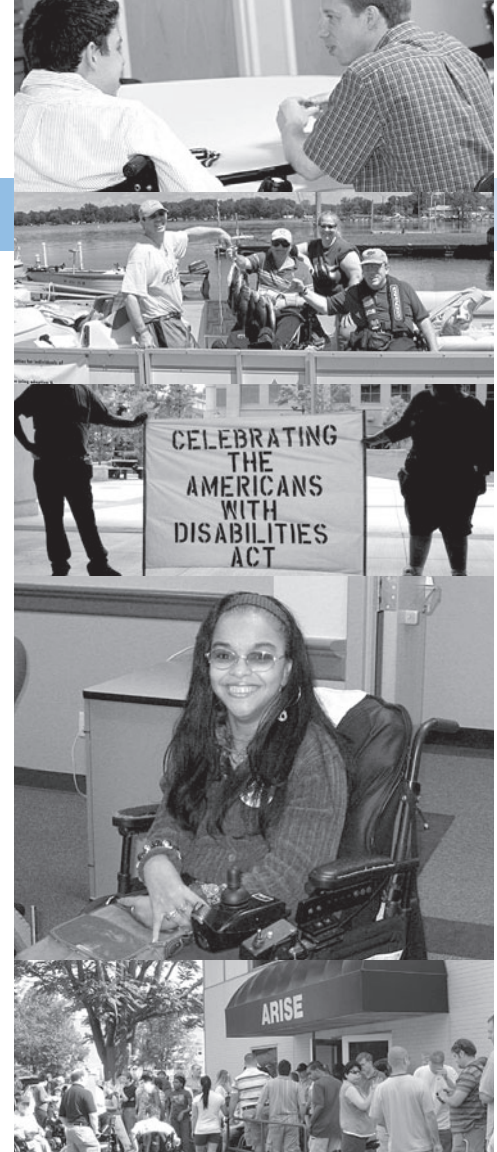
ARISE's mission is to work with people of all abilities to create a fair and just community in which everyone can fully participate.

## BRIEF HISTORY

One of New York State's eight original Independent Living Centers, ARISE was founded in 1979 by advocates dedicated to the idea – which was revolutionary at the time – that people with disabilities should have equal rights. ARISE quickly grew to meet the demand for services, opening satellite offices in Onondaga, Oswego, and Madison Counties to support people with disabilities living in Central New York.

In 1999, ARISE merged with Child and Family Service of Onondaga County – an agency that had provided social services to the community for more than 100 years – to become one of the leading agencies in Central New York that addresses the interests of people with all types of disabilities.

Today ARISE has over 500 staff members who advocate for the interests of people with disabilities, and who work to deliver more than 40 different programs and services.



## 2008 BOARD OF DIRECTORS

Tania Anderson,  
*President*

Don Scholl,  
*Vice President*

Mitch Mitchell,  
*Treasurer*

Agnes McCray,  
*Secretary*

Liat Ben-Moshe

Matt Dadey

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Janet Haskins

Sue Judge

Michael Klaehn

Steve Martell

Teresa Melnick

Keith Mulcahey

Ernie Wheeler

# Our Message

## MESSAGE FROM THE BOARD PRESIDENT & EXECUTIVE DIRECTOR

If there was one news story that captivated the national media in 2008, it was the presidential election. From early primaries and caucuses in Iowa and New Hampshire in the beginning of the year, to the party conventions, and finally to election night in November, the campaigns and candidates dominated the news.

At ARISE, we know that voting in elections is one of the most important ways a person can advocate for himself or herself, and we encourage everyone to register and vote. To further that goal, we made available for testing a new ballot-marking device that Onondaga and Oswego Counties used in the 2008 election to assure an independent and private vote by people with disabilities.

On January 20, 2009, Barack Obama was inaugurated as the 44th President of the United States, and his message was one similar to one we encourage at ARISE. In his inaugural address, Mr. Obama outlined problems and hardships currently faced by America, but he also encouraged citizens to overcome the challenges with their combined commitments.

People with disabilities face challenges every day. We at ARISE work to ensure that people of all abilities have the opportunity to eliminate barriers and reach their fullest potential. We offer programs that maximize independence, advocate for people with disabilities, and believe that all people have the right to work towards their personal goals.

This annual report will show that throughout the year, the spirit at ARISE is the same as the message in Mr. Obama's presidential campaign: Yes we can.



*Executive Director*



*Board President*

# Our Programs & Services

ARISE promotes the social, economic, educational, and individual interests of people with disabilities.

We are guided by the philosophy that individuals with disabilities have a right to dignity, personal responsibility, and self-determination.

Our programs and services include:

## ADVOCACY

Individual Advocacy (helping individuals develop self-advocacy skills)

- Benefits
- Education
- Health Care
- Housing

Systems Advocacy (helping to change policies & remove barriers)

Project Emerge – Working to End Violence Against Women with Disabilities

Advocacy & Support Groups

## EMPLOYMENT

Benefits Advisement

Supported Employment

Vocational Peer Mentoring

635 Staffing – Services for Business

High School Transition Program

Start-Up NY

## RECREATION

ARISE at the Farm (accessible recreation facility for people of all abilities)

ARISE & Fish

ARISE & Ski

## MENTAL HEALTH SERVICES

Child Abuse Prevention Services

Counseling for Persons Who Are HIV+

Crisis Pregnancy Counseling

Domestic Violence Counseling

Individual, family & group therapy

School-Based Mental Health Program

## INDEPENDENT LIVING SERVICES

Accessibility Resource Center

Consumer-Directed Personal Assistance Program

Day Habilitation – Group & Individual Housing

- Home Accessibility
- Homeless Services
- Housing Search Assistance
- Rental Subsidies

Independent Living Skills Training

Information and Referral

Medical Equipment Loan Closet

Peer Counseling

Regional Resource Center for Persons with Brain Injury

Residential Habilitation

Respite Program – After School

Service Coordination

# 2008 In Review

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## DID YOU KNOW?

**Independent Living Services**, the largest programmatic area at ARISE, served over 1,800 consumers in Onondaga and Madison Counties and nearly 700 in Oswego County. These numbers include only the individuals who received more intensive services, often requiring one-on-one time with ARISE staff. Many more people received information and referral services.

## DID YOU KNOW?

With support from the United Way of Central New York, ARISE's **Outpatient Mental Health Clinic** saw a 25% increase in admissions in 2008, and added a new psychiatrist to the staff. Programs within **the Clinic** continue to grow.

**The Clinic** partners with the SUNY Upstate Medical University's **Designated AIDS Center (DAC)** by providing two therapists who work with individuals and families to stabilize and adjust to their HIV status and related illnesses.

As part of the **School-Based Mental Health program**, a 21<sup>st</sup> Century Grant at Dr. Weeks Elementary supported an afterschool program facilitated by an ARISE Play Therapist.

# 2008 In Review

## January

### ARISE & SKI

**January 12—February 17:** ARISE & Ski enjoyed another successful year with 70 participants during this winter's ski season. ARISE & Ski takes pride in its ability to offer accommodations to people of all ages and all abilities. A three-year \$10,000 grant from Alliance Bank helped ARISE & Ski purchase new equipment, increasing significantly the opportunity to include downhill skiers who have disabilities.

In addition to the grant from Alliance Bank, the program is made possible through the dedication of 150 people who volunteer their time each ski season, and an ongoing partnership and support from Jim Hickey and the staff of Toggenburg Winter Sports Center in Fabius, NY.



### DID YOU KNOW?

The **Regional Resource Development Center (RRDC)** at ARISE coordinates services for adults with brain injuries in an eight-county area.

In 2008, the **RRDC** served almost 250 people on the Traumatic Brain Injury Waiver program, added two new providing agencies and expanded the services two existing agencies provide.

### HABILITATION FOR LIFE OPENS IN OSWEGO

**January:** The Oswego office launched Habilitation for Life, a program that serves individuals with disabilities, focusing on consumer needs through individualized long term and short term life goals, community integration, self empowerment, and self advocacy.

Services include social/communication skills, recreational opportunities, travel training, life safety skills, money management, housekeeping skills, and strategies for behavior modification.

ARISE is partnering with the Psychology Department of SUNY Oswego to evaluate outcomes and develop best practices.

## February

## March

## April

### MORE FUN IN THE SNOW

**February 18—22:** ARISE at the Farm hosted our annual Winter Camp, a week-long integrated horsemanship camp that also features general recreation. Eight children from Madison County were able to attend through sponsorships from the Central New York Developmental Services Office Family Support Services.

### DID YOU KNOW?

**ARISE at the Farm** is an accessible integrated recreational facility located on a 76-acre working horse farm in Chittenango, NY. In addition to adaptive and therapeutic horseback riding, **ARISE at the Farm** includes integrated recreation programs and camps year round!



### BREAST HEALTH AWARENESS & OUTREACH TO WOMEN WITH DISABILITIES

**April 1:** The Central New York Affiliate Susan G. Komen for the Cure awarded ARISE a grant to increase breast health awareness and education for women with disabilities. Research shows that women with disabilities are at a greater risk for not detecting breast cancer at an early stage. Obtaining a screening exam can be a significant challenge for many women with disabilities in part because of inaccessibility of the medical equipment, lack of transportation, or the lack of education focused on women with disabilities.



ARISE's Breast Health Awareness and Outreach for Women with Disabilities provides small group education sessions and an intensive outreach program across a three-county area. Our goals are to increase the number of women with disabilities over the age of 35 who receive annual mammograms and to increase the number of women who perform regular monthly breast self-examinations.

# 2008 In Review

May

June

July



Photograph: Harrison Wilde, Palladium Times

## GRAND OPENING OF NEW OSWEGO OFFICE LOCATION!

**July 8:** ARISE Oswego celebrated the opening of our new office on 9 Fourth Avenue in Oswego, New York. Attending the ribbon-cutting ceremony and open house were representatives from Governor Paterson's office, the Oswego County Legislature, the City of Oswego Common Council, the Oswego Chamber of Commerce, members of local businesses and agencies, members of the ARISE Board of Directors, the ARISE Oswego Advisory committee, consumers, their families, and staff. Artists previously featured in UNIQUE magazine loaned artwork for the event.

ARISE Oswego paired the celebration with an open house for guests to tour the new office and to find out about the many programs offered in Oswego County.

## DID YOU KNOW?

The **Residential Habilitation Program** (Res Hab) at ARISE, provided in Onondaga, Oswego, and Madison Counties, helps people with disabilities achieve personal goals and increase independence.

**Res Hab** in Onondaga County continued to grow and served 80 adults and youth with disabilities. **Res Hab** in Oswego County grew by over 10% and reached nearly 70 people. In addition to helping participants in their homes, staff and participants used community resources to enhance personal skills and make it possible for participants to remain in their own homes.



# 2008 In Review

## August

### AMERICANS WITH DISABILITIES ACT ANNIVERSARY MARCH

**July 21:** ARISE continued our tradition of partnering with Enable, Aurora of CNY, the ACLU, Unique Peerspectives, the Spanish Action League, Arc of Onondaga, Vera House and other local agencies to celebrate the anniversary of the Americans with Disabilities Act (ADA).

Over 130 people including consumers, family members, staff, and other supporters of disability rights marched from ARISE's James Street office to Syracuse's downtown Federal Building where Syracuse Common Councilor Van B. Robinson, representing the Mayor of Syracuse, and Onondaga County Executive Joanie Mahoney proclaimed July as Disabilities Awareness month.

Congressman James Walsh, retiring after years of service, received an award for his ongoing support of and service to the disability community and disability issues.

### DID YOU KNOW?

ARISE and our community partners support many **Advocacy Groups**, which work to remove the barriers that keep people with disabilities from fully integrating in the community.

**Advocacy Groups** are available on a wide range of topics of interest to the disability community, and focus on specific issues and work together to advocate for change.



# 2008 In Review

## September

### ASSISTIVE TECHNOLOGY FOR EMPLOYMENT ACCESS

**September 18:** ARISE received a grant from the Allen Speiser Memorial Fund to purchase a 22" flat screen monitor, an adaptive keyboard and mouse, and assistive software that includes screen reading, voice recognition, screen magnification, word prediction, and on-screen keyboards.

The new assistive technology is available to enhance the job readiness of more than 150 individuals with disabilities who take advantage of ARISE's employment services each year.

In addition to getting help with job seeking and placement services, the new purchases will give people hands-on experience using technology that enhances their employment skills. These skills are easily transferred to the work place and can increase people's ability to obtain competitive employment.



### DID YOU KNOW?

The Burton Blatt Institute at Syracuse University, in partnership with ARISE and other community organizations, created **START-UP NY**, a program that provides people with disabilities self-employment opportunities. It is one of only three such programs funded by the US Department of Labor Office of Disability Policy (ODEP).

Since the program began over two years ago, **START-UP NY** has helped over 100 people. Forty-eight have attended ARISE's benefits planning sessions designed to help understand how Social Security benefits are affected by self-employment income, and what work incentives and self-employment subsidies are available.

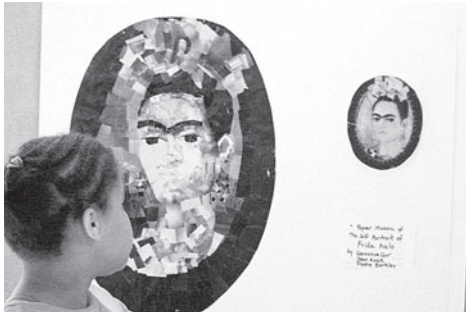
Sixteen people opened an IDA which is a matched savings program offered through Cooperative Federal Savings Bank. Two have an approved PASS PLAN that allows them to set aside money to start a business without losing their current benefits, and twenty-five **START-UP NY** participants now own and operate a business.

## October

### DID YOU KNOW?

**ARISE Service Coordination** helps participants develop individualized plans and access needed community resources.

**Service Coordination** in Onondaga County increased by over 10% in 2008 and reached over 200 participants. In Oswego County, **Service Coordination** grew by another 10 participants, working with almost 250 people.



### UNIQUE

**October 16:** The 8th annual publication of UNIQUE was unveiled at the Delavan Art Gallery. More than 150 people crowded the gallery, including artists, their family and friends who enjoyed the artwork and live music by the Clinton String Quartet. Senator John DeFrancisco, whose Arts, Culture and Heritage grant provided support for UNIQUE 2008, offered inspiring words to the artists and the community.

William Delavan, Gallery Director, asked that two sculptures “George McRooster” and “Surfin’ Pirate” remain on display at the Delavan for several weeks to give visitors time to enjoy the fun-spirited creativity of the works.

UNIQUE, an art and literary magazine, is coordinated and published by ARISE, and is the only publication of its kind in the Central New York area featuring creative works by artists with disabilities.



# 2008 In Review

## October

### CANDIDATE FORUM ON DISABILITY ISSUES

**October 23:** ARISE's Consumer Council in collaboration with several local agencies organized a Candidate Forum on Disability Issues at the Rosamond Gifford Community Room of united Way. Over 90 people with disabilities and disability rights supporters attended a discussion with local political candidates focusing on topics of interest to the disability community.

Topics included support for statewide Visitability legislation to create basic access in new single home construction, support for the federal legislation Community Choice Act that will shift federal Medicaid funding to community-based services, the need for Medicare reform, support for consumer-directed programs, and the need for more public transportation in suburban areas.



## November

### VOTING ACCESSIBILITY

**October – November 3:** In both Onondaga and Oswego Counties, ARISE made available for testing new ballot marking devices that support the right to an independent and private vote of people with disabilities.

The device has adaptive attachments and audio capabilities, making it accessible for people with visual impairments or reach and hand dexterity limitations. The technology makes it possible for some area residents to vote independently for the first time in their lives.

### DID YOU KNOW?

The **Consumer Directed Personal Assistance Program** (CDPAP), which allows people with disabilities to direct their own assistance needs, grew again in 2008.

By December, **CDPAP** in Onondaga County worked on behalf of over 90 participants per month, who collectively directed nearly 2,000 hours of personal assistance monthly.

In Oswego County, **CDPAP** supported on average over 100 people monthly and directed around 4,000 hours of personal assistance each month!

## December

### FORTY UNDER 40 HONORS ARISE OSWEGO STAFF

**December 11:** Heather Lee and James Purdy, two employees of ARISE in Oswego, were honored in the third biannual “Forty under 40” breakfast tribute at SUNY Oswego. “Forty under 40” recognizes forty community members who are under 40 years of age who have made a difference in the community.

Heather, a Teen Group Coordinator, and James, a Service Coordinator, not only work for ARISE, but also volunteer in their communities of Oswego and Pulaski respectively. Congratulations to Heather and James, great examples of, and inspiration to, the entire ARISE team!



### DID YOU KNOW?

ARISE’s Oswego office, in partnership with members of the First Methodist Church in Oswego, installed 22 ramps through new construction or moving existing structures. Constructing ramps and making other accessibility modifications ensures that people with disabilities can live independently in their communities.

The ongoing project provides access to the community for families without the financial resources to construct a ramp. Private donations and a \$10,000 grant from Senator Wright paid for the building materials. Volunteers from the church provided labor, and support from the United Way in Oswego allowed ARISE to screen persons requiring ramps and provide support.

### BROADWAY STARS

**December:** ARISE at the Farm **Broadway Stars** participants saw *Polar Express* at the Museum of Science and Technology. Participants played at the museum in addition to seeing the movie in the IMAX Theater.

This trip was the third Broadway Stars outing of the year, with previous trips to see *Spamalot* in October and *The Magic Flute* in November.

2008 marked the year when the **Broadway Stars** program received annual funding from the CNY Developmental Services Office, making possible more outings in years to come!

# Our Thanks

## THANK YOU TO OUR DONORS

ARISE would like thank the many individuals, companies, charitable organizations and government agencies that provided financial and in-kind support in 2008. Your generosity helped us better advocate for the interests of individuals with disabilities who live in our community.

## THANK YOU TO OUR VOLUNTEERS

We also extend our gratitude to the hundreds of volunteers who offered their time and talent to ARISE programs in 2008.

You helped make our community better for everyone whether advocating for disability rights, supporting a Farm event, or working in our offices.

Thank you!

## BUSINESS & COMMUNITY ORGANIZATIONS

Adam's Apple Services, Inc.	Constellation Energy
Alliance Bank	First United Methodist Church of Oswego
The Benevolent Association of Firefighters of Oswego	First Universalist Church (Central Square)
Bonadio Management Advisory Services	Fraternal Order of Police, Central New York, John C. Dillon Lodge #315
Bond, Schoeneck & King	Fred's Motor Sports
Bristol-Meyers Squibb Company Employee Giving Program	Hawthorne Property Services, LLC
Burton Blatt Institute: Centers of Innovation on Disability at Syracuse University	Jack Hafner's Restaurant & Tavern
Buyea's True Value	Huntington Family Centers, Inc.
Cardinal Health	INFICON, Inc.
Cazenovia Lumber & Oil	Lafayette Central Schools, Grimshaw Elementary

# Our Thanks

National Grid  
New Process Gear Division of Magna  
Powertrain  
P. Drescher Co., Inc.  
Parents of Special Children, Inc.  
P.E.A.C.E., Inc.  
PricewaterhouseCoopers LLP  
Rasmussen Excavation  
Stack Veterinary Hospital  
Sunny Day Nursery School  
SUNY Upstate Medical University  
Designated AIDS Center  
Tartaglia Railroad Services  
Time Warner Cable  
Toggenburg Mountain Winter Sports  
Center  
Tractor Supply Company  
Vera House, Inc.  
Willard F. Prior PTO

## CHARITABLE ORGANIZATIONS & GOVERNMENT AGENCIES

Allen Speiser Memorial Vocational  
Rehabilitation Fund  
Cazenovia Community Chest  
Central New York Affiliate Susan G.  
Komen for the Cure  
Central New York Community  
Foundation  
Central Square Central School District  
City of Syracuse Department of  
Community Development  
Community Health Foundation of  
Western & Central New York  
Decentralization Grant Program of the  
Cultural Resources Council  
DeFrancisco Partnership Projects for  
Arts and Culture of the Cultural  
Resources Council  
Maier Family Community Fund  
Mexico Academy and Central School  
District

NYS Department of Health  
NYS Department of Education -  
Vocational and Educational  
Services for Individuals with  
Disabilities  
NYS Developmental Disabilities  
Planning Council  
NYS Office of Alcoholism and  
Substance Abuse Services  
NYS Office of Children and Family  
Services  
NYS Office of Mental Health  
NYS Office of Mental Retardation and  
Developmental Disabilities, CNY  
Developmental Services Office  
Onondaga County Community  
Development Department  
Onondaga County Department of Mental  
Health  
Onondaga County Department of Social  
Services

# Our Thanks

Oswego City-County Youth Bureau  
Oswego County Department of Social Services  
Syracuse City School District  
Syracuse Community Health Center  
United Way of Central New York  
United Way of Greater Oswego County  
U.S. Department of Education, Office of Special Education and Rehabilitative Services, Rehabilitation Services Administration  
U.S. Department of Health and Human Services  
U.S. Department of Housing and Urban Development

## INDIVIDUALS

Tania Anderson  
Chris Arnold & Ellen Youmans  
Sara F. Austin-Wilson  
Gene & Shirley Beckeman  
Travis M. Bell  
Margaret A. Biddlecome  
Albert J. Blazey, Jr. & Mary C. Dunn  
The Bonafiglia Family  
Michael J. Bonner  
Mark Botwinick  
Sedalia A. Brown-Harrison  
James & Beverly Buck  
Randie L. Burrows  
Richard Burtis  
Dennis & Christine Byrne  
James A. Capodagli  
Jerard Carroll

Rod J. Carter  
Jennifer Cohen  
Bridget L. Conklin  
Robin S. Cook  
Dennis Coon  
Cynthia Cooper  
Sherry Corydell  
Michele Cousineau  
William & Joanne Curran  
Angelo & Theresa Damiano  
Thomas R. D'Angelo  
Carol Davenport  
George & Carol A. Davenport  
Susan L. Dean  
Alice Dixon  
Joseph D. & Dr. Nienke P. Dosa  
Susan DuLac  
Diane Emm  
Scott & Linda English

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Barbara Falkowski  
Dale M. Fanning  
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Cathy E. Fischer  
Paul W. Francher  
Rudy Friedberg  
Bob & Pam Getek  
Jean Getsy  
Sue-Lynn R. Gigon  
Terri L. Gondeck  
William Goodno  
Molly L. Goodwin  
Ann B. Gorton  
William T. Guyder  
Janet Haskins  
Jane Helmer  
Andrew T. Henshaw  
Jeremy Holden  
Stephanie L. Hole



## *Our Thanks*

John E. Hollerbush  
Cynthia B. Honors  
Kathleen Hopkins  
Thomas M. Jones  
Robert & Cheryl Kantak  
John E. Kilbourn  
Mary C. Kilpatrick  
Ler Kler & Lu Lu Naw  
Andy Kudarauskas  
Cynthia J. Kwiek  
Ellen LeClaire  
Tracy Lloyd  
Jennifer L. MacLaury  
Richelle M. Maki  
Donna J. Marra  
Nancy K. McCarty  
Mary Ellen McDonald  
Tom & Linda McKeown  
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Marian Miller

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Darryl G. Storie  
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Louis & Kathleen Testoni  
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Kathy Van Lare  
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Arthur & Beverly Vinette  
Alvar VonSneidern  
Steve Waldron  
James A. Walker  
Donald C. Walshvelo  
Susan E. Werner  
Ericka S. Whitney  
Bruce Wichmann  
Kristin E. Wilburn  
Susan Williams  
Mary Woodhouse  
Grace M. Zabel  
Donald & Rosemarie Zellers

# Support

## HOW YOU CAN HELP

You can support ARISE by **volunteering** your time, donating cash or in-kind gifts, or supporting our many events and activities. Your contribution ensures that people with disabilities have their rights respected and can live as independently as possible.

Please make checks payable to ARISE and mail to:

**ARISE**  
**635 James Street**  
**Syracuse, NY 13203**

You are also welcome to make a **secure** online contribution from our website at:

[www.ariseinc.org](http://www.ariseinc.org)

For information about volunteering, please call Human Resources at (315) 472-3171.

Thank you again for supporting ARISE.



# Financial Report

FISCAL YEAR 2008 (JULY 1, 2007 TO JUNE 30, 2008)<sup>1</sup>

## STATEMENT OF FINANCIAL POSITION

<b>ASSETS</b>	
Current Assets	1,716,000
Property & Equipment	2,221,000
<b>Total Assets</b>	<b>3,937,000</b>
<b>LIABILITIES AND NET ASSETS</b>	
Current Liabilities	1,186,000
Long-Term Debt	1,179,000
Net Assets	1,572,000
<b>Total Liabilities and Net Assets</b>	<b>3,937,000</b>

Note 1: figures rounded to the nearest thousand

## STATEMENT OF ACTIVITIES

<b>SUPPORT AND REVENUE</b>	
Grant Revenue	2,230,000
Program Revenue	7,168,000
United Way of Central New York	213,000
Donations	38,000
Other Income	38,000
<b>Total Support and Revenue</b>	<b>9,687,000</b>

<b>EXPENSES</b>	
Consumer Support Services	3,446,000
Oswego Operations	2,457,000
Mental Health Services	1,488,000
Employment Services	570,000
Madison County Services	350,000
Integrated Recreation Services	171,000
Advocacy Services	122,000
Technology Services	44,000
General and Admin Services	940,000
<b>Total Expenses</b>	<b>9,588,000</b>
<b>Change in Net Assets</b>	<b>99,000</b>

# ARISE

## **ARISE MAIN OFFICE ONONDAGA COUNTY**

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TTY: (315) 342-8696

## **PULASKI OFFICE**

2 Broad Street  
Pulaski, NY 13142  
Phone: (315) 298-5726

## **FULTON OFFICE**

113 Schuyler Street, Suite 1  
Fulton, New York 13069  
(315) 297-4149

## **MADISON COUNTY OFFICE**

121 Oneida Street  
Oneida, NY 13421  
Phone: (315) 363-4672  
TTY: (315) 363-2364

## **ARISE AT THE FARM**

1972 New Boston Road  
Chittenango, NY 13037  
(315) 687-6727

[www.ariseinc.org](http://www.ariseinc.org)

## **ALTERNATIVE FORMATS**

Portions of this publication are available in alternative formats upon request.

Please contact our Information and Referral Specialist at (315) 472-3171.



United Way  
of Central New York



of Greater Oswego County

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