



WHO WE ARE

ARISE is a non-profit, non-residential, community-based *Center for Independent Living* that was founded in 1979 to address the needs of people with disabilities and their families. The agency acts as a catalyst for community change by promoting the social, educational, economic, and individual interests of people with disabilities.

ARISE works with people of all ages with all types of disabilities, their families, and the community.

OUR MISSION

To work with people of all abilities to create a fair and just community in which everyone can fully participate.

ARISE LOCATIONS

Onondaga County

635 James Street
Syracuse, NY 13203
Phone: (315) 472-3171
TTY: (315) 479-6363

Oswego County

9 Fourth Avenue
Oswego, NY 13126
Phone: (315) 342-4088
TTY: (315) 342-8696

Pulaski

2 Broad Street
Pulaski, NY 13142
Phone: (315) 298-5726

Madison County

121 Oneida Street
Oneida, NY 13421
Phone: (315) 363-4672
TTY: (315) 363-2364

ARISE at the Farm

1972 New Boston Road
Chittenango, NY 13037
Phone: (315) 687-6727

SERVICES OFFERED

Advocacy Services

Assists people with disabilities in advocating for their individual rights, and works to overcome “systems” or institutional barriers to individual freedoms. *Beata Karpinksa-Prehn in Syracuse (671-2929); Jim Cronk in Oswego (342-4088, ext. 211)*

After-School Respite

Provides recreational activities to encourage physical and social development for children with developmental disabilities and gives parents and caregivers a break to work, run errands, or just relax. *Richelle Maki in Madison County (687-9185)*

Benefits Advocacy

Helps people with disabilities apply for and maintain benefits such as Medicaid, public assistance, Social Security Benefits (SSI and SSDI), food stamps, Section 8 vouchers, HEAP, and Supplemental Needs Trust. *Lisa Spina in Syracuse (671-2925); Jim Cronk in Oswego (342-4088 ext. 211)*

Consumer-Directed Personal Assistance Program (CDPAP)

Provides the opportunity for Medicaid-eligible individuals with disabilities who need home health care to hire, train, and schedule their own assistants. *Lorie Newcombe in Syracuse (671-2990); Cheryl Arnold in Oswego (342-4088, ext. 214)*

Day Habilitation Services

Day Habilitation (site and non-site based) offers individuals the opportunity to develop their skills and abilities and increase community participation. *Alice Kilbourn in Syracuse (671-2638); Lee Sperino in Oswego (342-4088, ext. 224); Julie Wheeler in Madison County (671-2915)*

Education Advocacy

Support, technical assistance, and self-advocacy training helps ensure students with disabilities receive an appropriate education in the least restricted environment. *Melissa Jones in Syracuse (671-2926); Jim Cronk in Oswego (342-4088 ext. 211)*

Employment Services

- Supported Employment: Employment Consultants help people identify work goals and seek employment. *Lori Mokry in Syracuse and Madison Counties (671-2969); Darlene Klock in Oswego (342-4088)*
- Work Incentives Coordination (benefits advisement): Information and guidance on returning to the workforce and the impact this has on Social Security benefits (SSI and SSDI). *Jeremiah Fish in Syracuse (671-3081)*

Health Care Advocacy

Helps people with disabilities understand their health care rights and helps people in nursing homes find housing options in the community. *Kara VanderVeer in Syracuse (671-2928)*

High School Transition Services

For youth with a developmental disability enrolled in Mexico or Central Square Schools. Explore career goals, achieve educational goals, and increase independent living skills. *Vicki Affinati in Central Square (668-4231, ext. 2108)*

Home Access Program (HAP)

Provides income-eligible Syracuse residents who have mobility impairments with home access ramps to increase accessibility and independence. *Marian Miller in Syracuse (671-2908)*

Housing Advocacy, Information, and Referrals

Helps people with disabilities locate affordable, accessible housing, and provides referrals to community resources. *Missy Carr for Onondaga County residents outside of the City of Syracuse (671-2996); Gail Berlin for City of Syracuse residents (671-2924); Melissa Reeves in Oswego (342-4088, ext. 207)*

Independent Living Skills

Training and peer counseling that increases the skills needed to live independently. *Lisa Spina in Syracuse (671-2925); Jim Cronk in Oswego (342-4088, ext. 211)*

Information & Referral Services

Information (including accessible resource directories) and referrals to help individuals access support that promotes living independently in the community. *Beata Karpinska-Prehn in Syracuse (671-2929); Jim Cronk in Oswego (342-4088, ext. 211)*

Medicaid Service Coordination

Helps individuals with developmental disabilities access community supports, with a focus on setting and achieving personal goals. *Karen Santy in Syracuse and Madison Counties (671-2970); Pete Williams in Oswego (342-4088, ext 202)*

Mental Health Clinic Services - Adults and Children

For Mental Health Clinic Services Contact Eleanor Michaels in Syracuse (671-2955)

- Child Abuse Prevention Services (CAPS): Serves families involved in child abuse and neglect situations with Child Protective Services.
- Crisis Pregnancy Counseling: Offers assistance with crises resulting from pregnancy, birth, or termination of pregnancy. Surrender services and support also available.
- Domestic Violence: Provides counseling services to victims of domestic violence. Individual therapy and a variety of educational and treatment groups for adults and children.
- Employee Assistance Program (EAP): Helps employers address employees' personal problems that affect workplace performance; services include counseling and education.
- Outpatient Mental Health Clinic for Children and Adults: Offers individual, family, and group therapy, psychiatric evaluation, and medication management.
- School Based Mental Health Program: Satellite clinics at Bellevue Middle School Academy, and Dr. King and Dr. Weeks Elementary Schools provide prevention and treatment assistance for children experiencing serious emotional disturbance and chronic psychosocial issues.

Peer Counseling

Discuss concerns relevant to people with disabilities; assist in identifying goals and developing strategies to reach them. Lisa Spina in *Syracuse* (671-2925); Jim Cronk in *Oswego* (342-4088, ext. 211)

Public Accommodation Assistance

Promotes accessible environments by offering information and education to businesses and public entities to improve accessibility. Beata Karpinksa-Prehn in *Syracuse* (671-2929) Jim Cronk in *Oswego* (342-4088, ext. 211)

Integrated Recreation

ARISE at the Farm offers a variety of recreation programs, including fishing from an accessible dock overlooking our stocked pond, adaptive cycling, adaptive and therapeutic horseback riding, adaptive downhill skiing at Toggenburg, horsemanship camps, summer day camps for tots, school-age children, and adults, school break recreation programs, and field trips for local schools. ARISE at the Farm has trained staff to accommodate nearly every ability level. Jennifer Schulz (671-2957) or Laura Little (687-6727).

Regional Resource Development Center (RRDC)

Coordinates services for adults with brain injuries in an eight-county area with the goal of improving quality of life for persons with a brain injury. Molly Goodwin in *Syracuse* (671-2980)

Residential Habilitation Services

Person-centered approach to helping people increase their independent living skills and community involvement. Peter Green in *Syracuse* (671-2986); Lee Sperino in *Oswego* (342-4088, ext. 224); Julie Wheeler in *Madison County* (671-2915)

Advocacy, Support & Therapeutic Groups

ARISE facilitates a variety of groups – some for youth and others for adults – for people of all abilities. Depending on your interests, you can participate in groups that focus on:

Advocacy: work to remove barriers prevent people with disabilities from fully integrating in the community. Groups focus on specific issues and work together to advocate for change.

Social: provide opportunities for socialization, fun, and recreation in a supportive environment.

Support: information and support relevant to a person's needs and circumstances.

Therapeutic: offered through ARISE's Mental Health Clinic – provide support and assistance in developing new coping skills that enhance quality of life.

To learn more, please contact the office nearest to you, or visit www.ariseinc.org and view our online calendar.