

ARISE

DIRECTOR: SABINE INGERSON

OSWEGO COUNTY EDITION

SEPTEMBER 2010

Center for Independent Living

ARISE Oswego
9 Fourth Avenue
Oswego, NY 13126
(315) 342-4088

ARISE Pulaski
2 Broad Street
Pulaski, NY 13142
(315) 298-5726

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*Our mission is to work with
people of all abilities to
create a fair and just
community in which
everyone can fully
participate.*

Most Improved Learner Award

A small reception was held at ARISE on August 18 to celebrate Chaz Barnes earning the "Most Improved Learner" award from Literacy Volunteers. The award is given to a basic adult learner who has accomplished more than anticipated in the area of reading, writing or technology skills in his or her first year of involvement with Literacy Volunteers.

"Not only has Chaz improved his skills, but his self-confidence has grown as well," said Paula Baker, Program Coordinator at Literacy Volunteers, as she presented the award.

Chaz started with Literacy Volunteers in November 2009 and he has already improved his reading by one grade level, an impressive accomplishment in such a short period of time. For over six months, Chaz has been meeting with Alice Barry to improve his literacy skills. Outside the literacy training sessions, his Residential Habilitation Integration Specialist, Anna Kazykowski, helped to reinforce the lessons and to make sure he had transportation to attend.

Chaz's mother, Paula, and brother, John, as well as his Medicaid Service Coordinator, Jineane Hanson, and Day Habilitation Coordinator, Darcy Beers all joined Chaz for the occasion.

The collaboration between Literacy Volunteers and ARISE as well as Chaz's hard work and determination make this a real success.



Pictured are: Jineane Hanson, Chaz Barnes, Darcy Beers, and Anna Kazykowski.

ARISE GROUPS

SELF-ADVOCACY GROUP

September 17 - 1:00 p.m - 2:00 p.m.

Self-Advocacy is a group for people who want to advocate for change. We will now be meeting AFTER the Social Club every month. For additional information, or if you have an issue you would like the group to advocate for, please contact Ken Skillen at 342-4088 ext. 226.

TEEN GROUP

September 26 - 12:00 p.m. - 2:00 p.m.

This month we will be going apple picking at Behling Orchards in Mexico, NY. Please contact Heather Lee at 342-4088 ext. 243 and leave a message or e-mail hlee004@twcnny.rr.com if you are interested in attending. Feel free to send Heather any ideas you may have for events this year. The group is always looking for new ideas and exciting places to go!

SOCIAL CLUB

September 17 - 11:00 a.m. - 1:00 p.m.

This month we will be making decorations for the Fall Jamboree Dance. If you have any questions, please contact Jen Stanard at 342-4088 ext. 216. Hope to see you there!

COMMUNITY CONNECTIONS GROUP

September 22 - 6:00 p.m. - 7:30 p.m.

This month we will be having our first meeting. We will be enjoying a delicious dinner catered by Canales in Oswego. This group is open to anyone between the ages of 22 and 30. For more information contact Vicki Affinati at 342-4088 ext. 225 or Heather Lee at 342-4088 ext. 243 or e-mail hlee@twcnny.rr.com.

SIBSHOPS

September 25 - 12:00 p.m. - 4:00 p.m.

Sibshops will be meeting September 25th from 12:00 pm to 4:00 pm here at ARISE. For more information contact Lisa Seguin at 342-4088 ext. 208. Hope to see you there!

THE VISION NETWORK

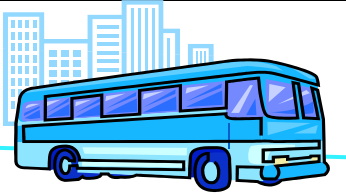
September 9 - 9:30 a.m.

This month, the Vision Network will meet to discuss Call-N-Ride, enlarged menus and future projects. For more information, contact Sabine Ingerson at 342-4088 ext. 210.

Unique

Congratulations to the Oswego County artists who will have their work featured in the upcoming edition of UNIQUE Magazine: Derek Grindle, Steven Ingerson, Luann Knight, Rhonda Peterson, and Josh Webster. Congratulations also to Jeremy Kelley and Shawn Collins, who earned Honorable Mentions for their work.

The 2010 edition will be revealed to the public at the Unveiling Celebration on October 20 at the Szozda-McGowan Gallery in the Delavan Center on Fayette Street in Syracuse. For more information, contact Elizabeth Dunn, UNIQUE Managing Editor at 671-2909.



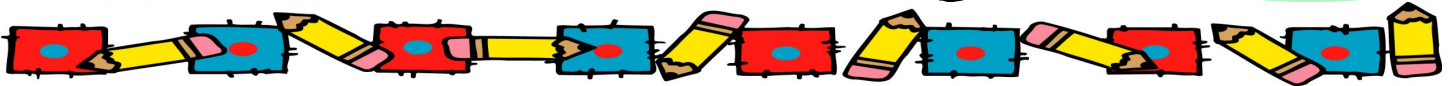
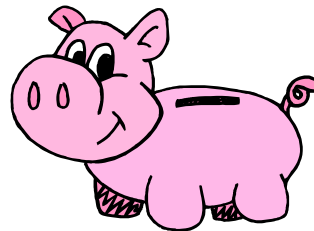
INDEPENDENT LIVING SKILLS CLASSES!



ARISE Advocate Jen Stanard recently developed a seven-class curriculum for independent living skills. The current course which began July 8, was so successful that we decided to offer it again. The next seven week course will begin **Tuesday, October 5 from 10 am until 1pm** at the ARISE Oswego office. The course is instructed by ARISE Advocates, Jen Stanard, and Jim Cronk, and ARISE volunteer, Genny Roarke.

The curriculum consists of six main components including: Budgeting, Housing and Apartment Rentals, Meal Planning and Nutrition, Cleaning and Organization, Transportation, and Employment and Job Searching. The last class consists of skills review and a ceremony for completing the seven week course.

For additional information regarding the Independent Living Course, or to register for the next class, please call Jen Stanard at 342-4088 ext 216.



ARISE Fall Jamboree Dance

Date: September 24, 2010

Time: 7:00 p.m. - 9:00 p.m.

Cost: \$3 per person plus donation of one canned food item appreciated.

Location: Oswego Armory (next to the YMCA)

R.S.V.P: Lee Wahlquist 342-4088 ext. 224

Must be at least 18 to attend.

Pictured is Randy Draughn making decorations for the Fall Jamboree Dance. If you would like to volunteer or help out at the dance please contact Lee.



THE TRANSITION CORNER

BY: VICKI AFFINATI

TRANSITION SERVICES COORDINATORS

Central Square
Vicki Affinati
vaffinati@ariseinc.org

Mexico
Christine Ward
cward@ariseinc.org

Oswego
Kelly Howard
KHoward@oswego.org

The funding for the Transition Programs at both Central Square High School and Mexico High School has ended, which means that there will not be a Transition Service Coordinator in those schools for this coming year. The Transition Service Coordinator in Oswego High School will continue through this upcoming school year.

We want to encourage families to call ARISE in Oswego at 342-4088 and ask for assistance as needed.

We would also like to remind everyone of the following website where you can get lots of information on Transitioning: <http://www.co.oswego.ny.us/dss/mental/resourceguide.html>.

If you have any questions regarding this, please email vaffinati@ariseinc.org.



Welcome to the ARISE Community Connections Group



We are very excited to start this new program for all of our young adults in our community. This group is for individuals with disabilities in their twenties (22-30) who live in the community alone or with their families and who want to find peer support. Participants will decide the social activities of the group, and may include bowling, attending sporting events, having dinner at local restaurants, going to plays, participating in local fundraisers, gardening and shopping in our local communities. This group will provide a structured framework for participants to grow their independent living skills, forge stronger personal relationships, develop informal supports, and make connections with their community that reduce their isolation and the potential for future reliance on paid staff and family.

We would like to invite all interested in joining the Community Connections group to a dinner at the ARISE office on September 22, 6:00-7:30 pm. The dinner will be catered by Canales Italian Restaurant. The dinner is free of charge for all participants courtesy of ARISE. Please come and join us! We would also like your input on ideas for future events you would like to attend or community events and programs we may be able to help with. We look forward to seeing you there. Please call either Vicki or Heather by September 20th if you plan to attend so we can order enough food.

Vicki Affinati
vaffinati@ariseinc.org
342-4088 ext. 225



Heather Lee
hlee004@twcny.rr.com
342-4088 ext. 243

Would you like the opportunity to meet other parents and for your child to make new friends?

Where: ARISE
9 Fourth Avenue
Oswego, NY 13126

When: Wednesday evenings: 5:30pm – 7:00pm
September 16 – October 20, 2010

Who: Children (age 8 – 12) who have a developmental disability are eligible, and parents/guardians

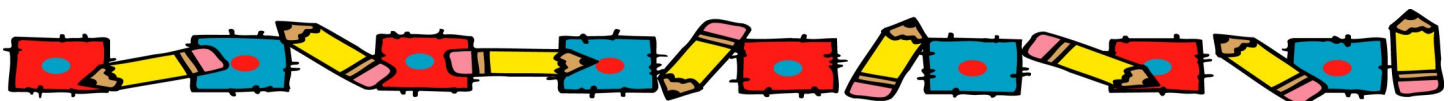
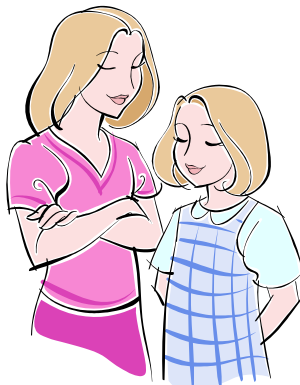
Topics for students: “what it means to be a good friend”

- Identifying and understanding feelings and emotions
- Enhancing communication both verbally and non-verbally
- Working with peers as a team
- Engaging in cooperative play
- Dealing with feeling “bullied”and more

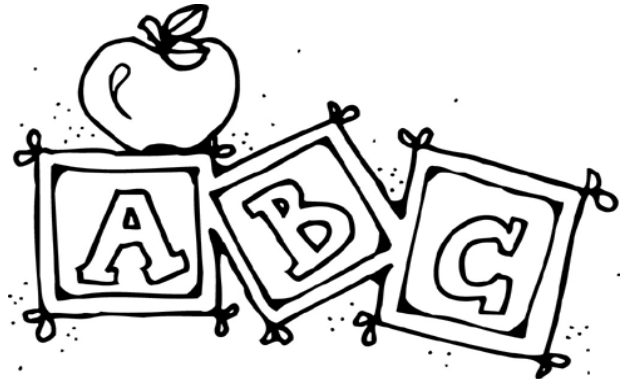
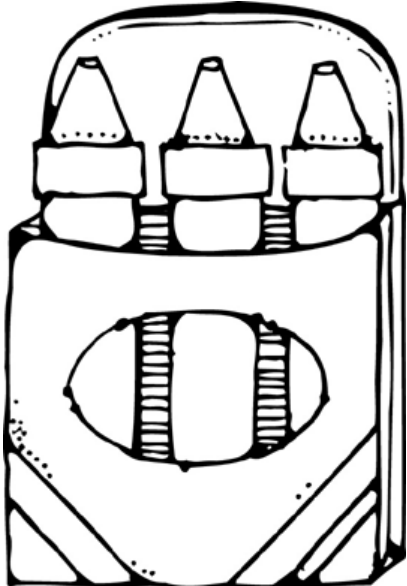
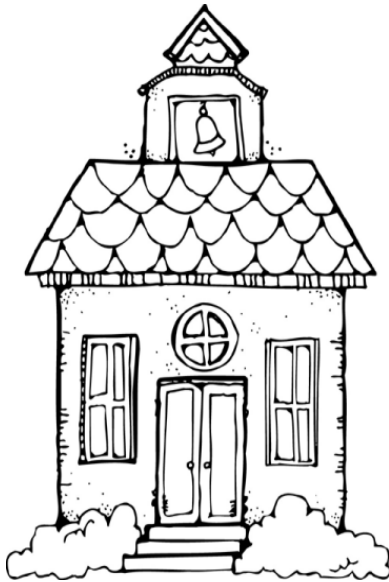
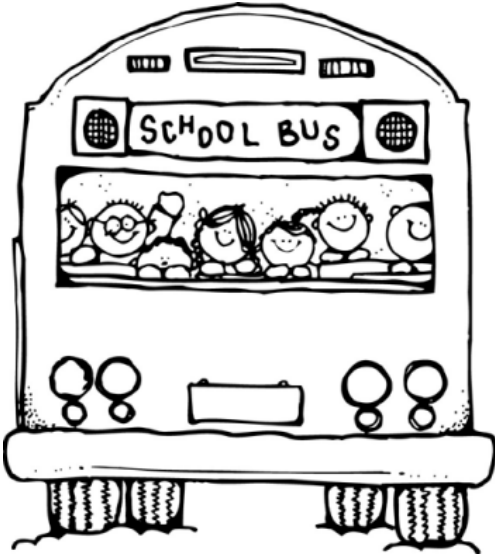
Topics for parents: “Dine and Discuss” (Facilitators: Kathy Auyer, Guidance Counselor, and Angela Voninski, School Psychologist)

- Stress relief
- Wellness and nutrition
- Coping strategies
- Organizing strategies
- Home/School connection
- Knowing your rights and developing advocacy skills.....and more

Contact: Jen Stanard at 342-4088 x 216 for registration and further details.



Fun Page



SCHOOL



September



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 <u>Labor Day</u> Office Closed	7	8 <u>Fresh Food Giveaway</u> Fulton Elks Club Begins at 4 pm	9 <u>Vision Network</u> 9:30 am	10 <u>Fresh Food Giveaway</u> Amboy Center UM Church Begins at 3 pm	11
12	13	14 Primary Elections	15	16 <u>Fresh Food Giveaway</u> Sandy Creek UM Church Begins at 3:30	17 <u>Social Club</u> 11 am - 1 pm <u>Self-Advocacy</u> 1 pm - 2 pm	18
19	20	21	22 <u>Community Connections</u> 6 pm - 7:30 pm	23 <u>Dine and Discuss</u> 5:30 pm - 7 pm	24 <u>Fall Jamboree Dance</u> 7 pm - 9 pm	25 <u>Sibshops</u> 12 pm - 4 pm
26 <u>Teen Group</u> 12 pm - 2 pm	27	28	29	30		

Oswego County Edition

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Oswego, NY 13126
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OSWEGO, NY 13126

Mailing
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OSWEGO COUNTY EDITION

Do you want to make a difference?

Have you ever considered working for ARISE as an Integration Specialist? Permanent part-time positions are available working with individuals with disabilities in their homes and/or community, in our Residential and Day Habilitation Programs throughout Oswego County. As an Integration Specialist your job would be to assist people with disabilities learn to live a more independent life.

Required: High School diploma (or equivalent). Associates degree or experience working with individuals with disabilities is preferred. Applicants must be at least 18 years of age with valid driver's license; and be willing to work flexible hours in the late afternoon, and/or early evenings. A background check is required for employment. Persons with disabilities and/or minority status are encouraged to apply. Rate starts at \$9.00 an hour, or higher depending on experience.

Forward resume to:

ARISE

Attn: Community Services Manager

9 Fourth Avenue

Oswego, NY 13126

or e-mail to lsperino@ariseinc.org; or fax to (315) 342-4107