

## Center for Independent Living

**ARISE Oswego**  
**9 Fourth Avenue**  
**Oswego, NY 13126**  
**(315) 342-4088**

**ARISE Pulaski**  
**2 Broad Street**  
**Pulaski, NY 13142**  
**(315) 298-5726**

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*Our mission is to work with  
people of all abilities to  
create a fair and just  
community in which  
everyone can fully  
participate.*

## Local Bikers Ride for Ramps

On June 7th, bikers from all over Central New York will hit the road to raise money and awareness for the ARISE Ramp Project.

This ride is made possible through the efforts of Jason Noyes who is organizing this event. What he expected to be a ride with a few friends has since turned into an overwhelming show of support by bikers from all over the area.

The nearly 160-mile trip will begin and end at Telly's and the Pines, located in Scriba at routes 104 and 29. Riders will then make their way north towards Lowville and eventually back south through Lee Center to Taberg. A barbecue will be held after the ride.

ARISE in partnership with the First United Methodist Churches of Oswego and Fulton and The United Way of Oswego County, are teaming up to construct ramps for those in need. These ramps are funded by donations and built by volunteers. Please join ride organizer, Jason Noyes, and others as they hit the open road for this great cause!

Interested? Please contact Jason Noyes for more information and to learn how you can help (315) 751-6751.



Glen Suckling, Shawn Tharett, Art Hough and Ricky Chase piece together and level a ramp at a residence on May 23.

## ARISE GROUPS

### Central Square Social Club

June 9th - 6:30 - 8:30 p.m.

The group is for students with disabilities ages 13-21 who are still in school. They meet in Central Square twice a month. The youth socialize, explore their community, have fun, enjoy celebrations and go on field trips. The Social Group will meet on Tuesday, June 9<sup>th</sup> at the Central Square Universalist Church on Route 49 in Central Square. The meeting is from 6:30-8:30. They are also going to be **celebrating graduates** and will be holding the social group meeting at the church during the day during regent's week. Additional information will be available as the date nears. To learn more, contact Vicki Affinati at 668-4231 ext. 2108 or by email, [vaffinati@ariseinc.org](mailto:vaffinati@ariseinc.org).

### Self-Advocacy Group

June 22nd - 12:00 - 1:00 pm

This group is open to anyone with a disability and a desire to advocate. At each meeting we discuss accessibility issues in the area and plan how to advocate for change. For additional information, or if you have an issue you would like the group to advocate for, please contact Ken Skillen at 342-4088 ext. 226. At this month's meeting representatives from Centro will be on hand to discuss bus stops and address any questions about Centro service.

### Teen Group

June 28th - 11:00 - 1:00 pm

This group is open to any teen (ages 13 - 21) with a developmental disability. This month we will be having a picnic and swimming at the Scriba Town Park. For more information, call Heather Lee at 342-4088 ext. 243.

### SPECTRUM Meeting

June 9th - 6:30 - 8:30 p.m.

The Central Square SPECTRUM parent group meeting will be held on Tuesday, June 9<sup>th</sup> at the Central Square Universalist Church on Route 49 in Central Square. There will be a guest speaker. The meeting is from 6:30-8:30. For more information you can call 668-4231 ext. 2108 or email [vaffinati@ariseinc.com](mailto:vaffinati@ariseinc.com).

### Hearing Loss Group

June 11th - 1:15 - 2:30 pm

This month, we will be meeting at the Oswego ARISE location. A guest speaker from Emergency Management will be discussing what individuals with hearing loss should do when radios are used to broadcast emergency announcements. All are invited to attend. For more information, contact Sabine Ingerson at 342-4088 ext. 210

### Social Club

June 22nd - 1:00 - 2:00 pm

The purpose of the group is to get people with any type of disability together to socialize. Light refreshments will be served. For more information please contact Jen Stanard at 342-4088 ext. 216.

### Sibshops

#### **No Meeting Scheduled The Month**

Sibshops will not be meeting in June. The next scheduled meeting will be in July. More information will be mailed out when it becomes available. To learn more about Sibshops, contact Lisa Seguin at 342-4088 ext. 208

## **Oswego County Fair Hosts Event for People with Disabilities**

June 30th - 1:00 - 6:00 pm - Sandy Creek Fair

This is a special event that is free to anyone with a disability. Central Square Social Group will travel to the fairgrounds as a group. We'll leave Central Square at 1 PM that day and arrive back to Central Square around 6 p.m. More details will be available as the time draws near. Youth receive tickets for two rides and for some games with lunch and a snack provided. Horses and livestock will all be on display. There will be door prizes and karaoke as well.. For more information you can call 668-4231 ext. 2108 or email [vaffinati@ariseinc.com](mailto:vaffinati@ariseinc.com). Details to come!

### **5th Annual ARISE Golf Clinic**

This 3-day event is for individuals with disabilities and is FREE to those who participate. You must register by contacting Kathy Mahar at the Pulaski ARISE office by calling 298-5726 ext. 204. Register by August 1st.

Date: August 10 - 12, 2009

Time: 10:00 a.m. - 11:00 a.m.

Place: The Elms Golf Club

2 Country Club Lane

Sandy Creek, New York

### **Move Along Inc. - Kick Off Event**

This wheelchair basketball game will raise funds for people with disabilities. There will be games, half-time activities and drawings!

Date: Friday, June 5, 2009

Time: Doors at 6:00 p.m. Game at 7:00 p.m.

Place: Leighton Elementary School

1 Buccaneer Boulevard, Oswego, NY

Cost: \$10 (Adults) 12 & under FREE.

For more info: [info@movealonginc.com](mailto:info@movealonginc.com)

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### **Training for Integration Specialists**

ARISE recognizes the importance of training integration specialists who teach our consumers independent living skills. Training will be taking place at the Oswego ARISE location on these dates.

Wednesday, June 3rd from 10:00 am - 12:00 noon

Monday, June 29th from 2:00 pm - 4:00 pm

\*We realize that these trainings may conflict with scheduled service times, but arrangements will be made to accommodate those consumers affected.

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### **Painting Demonstration by Local Artist**

Dennis Pullen, original mouth artist, poet and presenter will be at the Oswego Tea Company Sunday, June 14 from 2:00 - 4:00 p.m. to demonstrate his mouth painting technique. He will also have many of his other paintings and prints on display. Refreshments will be served! No RSVP necessary! Join Dennis for an afternoon of art and painting!

## The May Flower Dance



ARISE held its first ever dance on May 22, 2009 at the Armory in Oswego, NY. With many weeks of planning and hard work, the night went off without a hitch and everybody let loose and had a wonderful time!

As guests made their way into the auditorium, they were greeted by colorful decorations, flowers, balloons and music. Nearly 150 guests attended the evening's celebration of spring.

The atmosphere was lively and full of exuberance and fun. Things got under way with the help of Billie Griffin who was spinnin' the tunes with Play That Music DJ service. With dance favorites like the Locomotion and the Electric Slide, there wasn't an empty spot on the dance floor!

Food and drink were provided by Cam's NY Pizzeria as well as Scriba Meats, Bosco & Geers, Price Chopper, McDonald's and Connie Murphy who baked a cake for the occasion.

Guests had an opportunity to have their pictures taken by photographer Vince Akissi who volunteered his services to be a part of ARISE's first dance. Guests sat among flowers and balloons behind a large flower pot that was created to give onlookers the illusion of being part of a flowering plant.



The ELI band, Brons12Min, made their debut to a crowd of peers, parents and friends with overwhelming excitement and success performing their song, "Cool-A-Matic." Guest singers Sarah Skillen and Gordon LaRock also performed for the crowd.

The evening drew to a close with more dancing, more food and prize drawings. Many items were on hand to be given away including those donated by area businesses and ARISE staff. The big prize winner of the evening was Sarah Skillen who walked away with a new necklace, courtesy of Bridge Street Jewelers.

The May Flower Dance came together because every one worked towards the goal of seeing the people they work for having an evening filled with fun, frivolity and dancing. The Dance Committee, headed by Lee Sperino and Rachel Hendricks, spent a lot of their own personal time to ensure everything was in order for the evening's festivities. Thank you for supporting the May Flower Dance! We hope to see you at the ARISE dances in the future!

Special thanks to:

On behalf of ARISE, we would like to thank everyone who helped in any way with the May Flower Dance: The Oswego Armory, Cam's NY Pizzeria, Play That Music DJ Service, Vince Akissi Photography, McDonald's, Scriba Meats, Price Chopper, Bosco & Geers, Bridge Street Jeweler's, B's Taxi Service, East Side Barber's, Oswego Speedway, Lighthouse Lanes, Regional Transportation Authority, Advantage Auto, OCO, Inc., ARC, CNY DSO, YMCA Respite, Valhaven Home for Adults, Oswego Industries, Brons12Min, ARISE Social Club, Lee Sperino, Rachel Hendricks, Connie Murphy, Jen Stanard, Christine Weaver, Chelsea Sherman, Joenet White, Cindy Swan, Darcy and Ted Beers, Kate Carnes, Christine Ward, Shannon Horning, Ellen Arnold, Kim VanPatten, Lisa Seguin, Jon Singer, Rick Buck, Danielle Sperino, Genny Roarick, Sabine Ingerson, Cheryl Arnold, Maria Ponzi, Spencer Horton, Katelyn Bolen, Ken Skillen, Amy Penfield, Nicole Baldwin, Erin Houppert-Singer, Delina West and everybody else who attended!



## **A Bus Stopping at ARISE?**

The Self-Advocacy Group of Oswego County is pleased to announce a meeting with Centro, in regard to busses stopping in front of ARISE. Centro will be here to answer your questions and explain how they can help. Please join us on June 22, 2009 from 12:00 - 1:00 at ARISE, 9 Fourth Ave Oswego NY. This meeting is open to everyone who would like to attend. We invite every one who uses the Centro bus service to bring questions, comments and concerns to this meeting. There is a lot of pertinent information that will be discussed and we hope to see you there!

### **I Am**

A poem by Katherine, Sibshops participant

I am special because I am a special needs person's sister  
I wonder why some people are artists  
Sometimes I hear whistling  
Or see cups flying  
I want my ears pierced  
I am special because I am a special person's sister  
I pretend I am an actress  
I feel sad, happy and depressed  
I touch autism  
Sometimes I worry things will never change  
But I laugh about math  
I am special because I am a special needs person's sister  
I understand autism  
I say dreams can come true  
I dream about walls  
I try to have good grades in math  
I hope my dreams will come true  
I am special because I am a special needs person's sister

### **Moved?**

If you have moved or have a new address, please let us know! Contact ARISE to update your address for our records, our newsletter and voter registration.

### **Questions about Social Security Benefits?**

Jim Cronk, Peer Advocate, recently completed a training, and is now a certified Benefits Consultant. If you need help navigating the Social Security system please call Jim at 342-4088 ext. 211.

### **Going Green**

In an effort to cut down on excess paper consumption, you now have the option of receiving the ARISE newsletter by e-mail! If you are interested, please contact Katelyn at 342-4088 ext. 209 or e-mail your request directly to: [kbolen@ariseinc.org](mailto:kbolen@ariseinc.org)

## **Make a CapTel Call Via the Web!**

Submitted by: David Branfield with permission from Mary Beth Mothersall of Sprint

View word-for-word captions over the Internet of your telephone conversation!

Sprint WebCapTel is a web-based service that allows a person who can speak but has difficulty hearing over the phone to read word-for-word captions of they call on a web browser during the call, while at the same time hearing the other person using any telephone.

A WebCapTel user would make or receive calls while logged into a website ([www.sprintcaptel.com](http://www.sprintcaptel.com)) and even hear the person on the other line using their cell phone, desk phone, cordless phone or even an amplified phone. The user (if they have any residual hearing) hears the person speaking through any telephone, not through the Internet or web browser. During the call, captions appear on the user's web browser. Skilled human captioners are fully trained to caption your calls as quickly, accurately and privately as possible. All calls are kept secure and confidential. Captions are provided 24 hours a day, 7 days a week in English, and from 7 a.m. to 11 p.m. Central Time, 7 days a week in Spanish.

After logging into [www.sprintcaptel.com](http://www.sprintcaptel.com) you will be at the "Place Call" screen. It will ask for your two phone numbers - your "My Telephone Number" for the telephone you will be listening on and speaking through, and the "Number to Dial" for the person you are calling. Enter both phone numbers, then press "Place Call." WebCapTel will dial your phone number first. Answer your phone when it rings, then it will dial the person you are calling.

The service is free. You will not be charged to use the captioning service. The WebCapTel service is funded by the Interstate TRS Fund, overseen by the Federal Communications Commission (FCC).

## **The Transition Corner**

Transition Service Coordinators

Vicki Affinati-Central Square High School  
668-4231 ext. 2108

Mexico High School  
963-8400 ext. 5135

Congratulations to all of our graduates and to everyone for completing another year of school. A reminder that you can reach Vicki Affinati at 668-4231 ext. 2108 throughout the summer if you need assistance, or email her at [vaffinati@ariseinc.com](mailto:vaffinati@ariseinc.com). You can also call the ARISE office in Oswego and ask to speak with a peer advocate if you need assistance. The number there is 342-4088.

If you just graduated or you are going to be a Senior next year and have not yet applied to VESID for help, it's not too late. Please call Vicki and set up a time to meet and to get more information on VESID services. VESID can possibly provide assistance with some college expenses and can provide help for you to obtain a job.

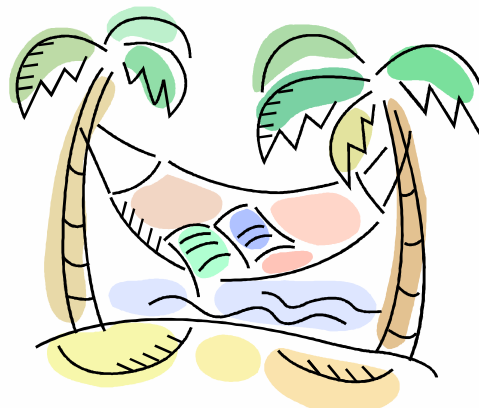
Have a wonderful and a safe summer!

# Children's Page

## Summer Fun Word Search

S F I S T R O P S Z D I A I  
T U A A G E U M J T J Y M E  
I O E T N O I T A C A V R F  
U N H C H G J H F D D S O R  
S X I F S E P J G Q K E T W  
M I S W U S R A U R H Q S S  
I Z L F M Q L S O N R R R W  
W Z A U M F V W D G E T E I  
S X D N E F E X H A V L D M  
Y M N K R R J A Q R Y A N M  
Y M A F I M S U N S E T U I  
K O S F B E A C H B X H H N  
S O L S T I C E O M W U T G  
Z A Q K R E E V A W T A E H

**Beach**  
**Fathers Day**  
**Fireworks**  
**Flag Day**  
**Fun**  
**Heat Wave**  
**June**  
**Sandals**



[www.puzzle-maker.com](http://www.puzzle-maker.com)

**Solstice**  
**Sports**  
**Summer**  
**Sunset**  
**Swimming**  
**Swimsuits**  
**Thunderstorm**  
**Vacation**



# June 2009



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7 <b>Ride For Ramps</b> 11:00 am - 4:30 pm	8	9 <b>Central Square Social Group</b> 6:30 - 8:30 pm  <b>SPECTRUM</b> 6:30 - 8:30 pm	10	11 <b>Hearing Loss Group</b> 1:15 - 2:30 pm	12	13
14 <b>Flag Day</b>  <b>Dennis Pullen Painting</b> 2:00 - 4:00 pm Oswego Tea Company	15	16	17	18  <b>UNIQUE Deadline</b>	19	20
21 <b>Father's Day</b>  	22 <b>Self - Advocacy &amp; CENTRO</b> 12:00 - 1:00 pm  <b>Social Club</b> 1:00 - 2:00 pm	23	24	25	26	27
28 <b>Teen Group</b> 11:00 - 1:00 pm Scriba Town Park	29	30 <b>Central Square Social Group</b> 1:00 pm Trip to Oswego County Fair				

# Oswego County Edition

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OSWEGO COUNTY EDITION

## **Do you want to make a difference?**

Have you ever considered working for ARISE as an Integration Specialist? Permanent part-time positions are available working with individuals with disabilities in their homes and/or community, in our Residential and Day Habilitation Programs throughout Oswego County. As an Integration Specialist your job would be to assist people with disabilities learn to live a more independent life.

Required: High School diploma (or equivalent). Associates degree or experience working with individuals with disabilities is preferred. Applicants must be at least 18 years of age with valid driver's license; and be willing to work flexible hours in the late afternoon, and /or early evenings. A background check is required for employment. Persons with disabilities and/or minority status are encouraged to apply. Rate starts at \$9.00 an hour, or higher depending on experience.

Forward resume to:

ARISE

Attn: Community Services Manager

9 Fourth Avenue

Oswego, NY 13126

or e-mail to [lsperino@ariseinc.org](mailto:lsperino@ariseinc.org); or fax to (315) 342-4107