You’re invited to attend our **Holiday Open House**!

When:   December 10th, 2010  
        11:00 a.m. to 3:00 p.m.

Where:  Oswego ARISE  
        9 Fourth Avenue  
        Oswego, NY 13126

What better way to ring in the holidays than with a celebration of festive cheer! Refreshments will be available!

We hope to see you there!
## Arise Groups

<table>
<thead>
<tr>
<th><strong>Self-Advocacy Group</strong></th>
<th><strong>Teen Group</strong></th>
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<tbody>
<tr>
<td>December 8 - 1:00 p.m. - 2:00 p.m.</td>
<td>December 4 - 5:45 p.m. - 11:30 p.m.</td>
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Self-Advocacy is a group for people who want to advocate for change. We will now be meeting AFTER the Social Club every month. For additional information, or if you have an issue you would like the group to advocate for, please contact Ken Skillen at 342-4088 ext. 226.

We will be attending the stage production of “A Christmas Story.” Please contact Heather Lee at 342-4088 ext. 243 and leave a message or e-mail hlee@ariseinc.org if you are interested in attending. Feel free to send Heather any ideas you may have for events this year. The group is always looking for new ideas and exciting places to go!

<table>
<thead>
<tr>
<th><strong>Social Club</strong></th>
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<tr>
<td>December 8 - 11:00 a.m. - 1:00 p.m.</td>
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We will be doing holiday crafts. If you have any questions, please contact Jen Stanard at 342-4088 ext. 216. We hope to see you there!!

<table>
<thead>
<tr>
<th><strong>Central Square Social Club</strong></th>
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<tr>
<td>December 1 - 3:30 p.m. - 5:00 p.m.</td>
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We will be making our own pizza at Two Guys from Italy in West Monroe. The Central Square Social Group would like to wish everyone a Merry Christmas. The Central Square Social Group is open to any youth in any district that is 13-21 years old with any type of disability. Please contact Vicki Affinati at 668-4231 ext. 2108, if you have any questions or email her at vaffinati@ariseinc.org.

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<th><strong>Sibshops</strong></th>
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<td>December 4 - 5:45 p.m. - 11:30 p.m.</td>
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We will be attending the stage production of “A Christmas Story.” For more information contact Lisa Seguin at 342-4088 ext. 208. See you there!

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<tr>
<th><strong>The Vision Network</strong></th>
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<td>December 6 - 9:30 a.m.</td>
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This month, the Vision Network will meet to discuss Call-N-Ride, enlarged menus and future projects. For more information, contact Sabine Ingerson at 342-4088 ext. 210.

### UNIQUE Opportunities:

#### Coming in January

**UNIQUE artists’ work** will be on display in the Oswego ARISE conference room.

**UNIQUE Calendars**

For a donation of $5.00 you can receive a 2011 wall calendar!

**UNIQUE Note Cards**

For a donation of $10.00 you can receive a pack of 12 note cards!

Please call Danielle at 342-4088 ext. 209 to make arrangements.
Community Watches in Oswego City and Minetto

ARISE would like to be sure that our consumers and their families have as much support as they need. As a reminder, Oswego City has a Community Watch as does Minetto. If you would like more information on how to become a part of the watch or you would like to report a concern please call Betty at 342-9388 (Oswego City) or Jackie at 342-1469 (Minetto). Each program has monthly meetings which are open to the public and both sites are accessible for everyone.

CIS Spotlight!

Selena Carbaugh has been with the Habilitation Department for a little more than two years. The Hab Department would like to celebrate Selena for her excellent communication with Coordinators. Her feedback about consumer progress is helpful to creating the best possible plan. Selena is also great at using the Coordinator feedback to best serve her consumers. Selena is always prepared with plan in hand. For this Selena the Habilitation Department Thanks you! Congratulations on your recent engagement too!

Bosco’s 3rd Christmas Expo and Fundraiser

This year’s Christmas Expo and Fundraiser will be held on December 5, from 12-5 p.m. at the American Foundry. The proceeds from this year’s event will support ARISE of Oswego County and the Anderson Center for Autism. Admission into the Expo will be $10 for adults and free for children 10 and under. For more information on Bosco’s third Christmas Expo contact John Bosco at 343-5421. Hope to see you there.

Social Club Enjoying the Thanksgiving Event

On November 23, 2010 the Social Club gathered to make pies and create cards for Thanksgiving dinners. These meals were provided to consumers who would not have been able to enjoy a Thanksgiving meal. The meals were made possible through generous donations from ARISE staff members.

Jen Stanard and Melissa Cross

Christine Cox

Sarah Skillen and Ken Skillen

Kristine Meacham and Kate Ward
“Literacy is a Show Stopper For All of Us” was presented on November 4th at the Elks Lodge by Kathy Hanna. Hanna was brought to Oswego by the Literacy Coalition of Oswego County. In the presentation, Hanna explained how literacy is the foundation of building “bridges out of poverty.” Hanna mentioned several times how important literacy is to everyday life and activities. We need literacy skills to be able to read bus schedules, read health pamphlets and prescription labels, complete all different types of forms, etc. Without literacy, life can be extremely difficult and frustrating. Hanna said that we need literacy skills to be able to be nice to others, to be better employers/employees, and to be better citizens for our nation.

One of the most eye-opening pieces of information that came from Ms. Hanna’s presentation was that in Oswego County, approximately 17,000 people do not have the appropriate literacy skills. However, of those 17,000 people, only about 485 of them are trying to gain literacy skills by completing GED programs and going to agencies for literacy help. Hanna kept mentioning that part of the reason we have approximately 17,000 people who cannot read in Oswego is due to the high dropout rate of our high school students. On a side note, we learned from the Literacy Coalition of Oswego County that each high school dropout is costing taxpayers approximately $292,000.

On a positive note, several different agencies were at the Literacy Forum to represent their organization’s initiatives to improve literacy. Each agency provided very helpful information to all who attended the forum.

ARISE was present at the forum with information about all programs that we offer to our consumers. Jen Stanard staffed our table to talk about everything from coupon cutting classes, daily living skills classes, transitioning students from high school, Medicaid Service Coordination help, and more. Thanks Jen!

Head Start and Even Start provided several brochures and fun literacy games that they use with their preschoolers to help them develop strong literacy skills. Cooperative Extension provided very helpful information pertaining to their A.P.P.L.E.S. program and how to get people in New York to start eating healthier. They shared information about how to prepare food safely and how to prepare quick and healthy meals for the typical person on-the-go.

The Fulton Adult Ed program provided information about their GED program and other programs that they offer such as ESL/ESOL, ABE, etc. The Literacy Volunteers of Oswego offered information about how to become a tutor and how a student can sign up to work with a literacy tutor.

Some of the other agencies that had tables at the event were: BOCES Adult Ed., Youth Bureau, North Country Library, Murray Learning Center, Oswego County Workforce and the YMCA of Oswego City.

We want to thank all agencies that attended, Kathy Hanna for the amazing presentation, and we especially want to thank the Literacy Coalition of Oswego County for offering this program. Everyone who attended went away knowing more about the agencies that are working to help improve the literacy skills of the citizens of Oswego County.
Happy Holidays from ARISE!

Names:
- Danielle
- Fabrice
- Christine
- Kim
- Dave
- Katie
- Maria
- Pete
- Sue
- Cheryl
- Brock
- Liza
- Mary
- Linda
- Ken
- Jim
- Kathy
- Darlene
- Jim
- Ken
- Michelle
- Stephanie
- Lisa
- Kelly
- Jennifer
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<th>Sun</th>
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| Fresh Food Giveaway  
Sandy Creek  
UM Church  
Begins at 3:30 | Fresh Food Giveaway  
Fulton Elks Club  
Begins at 4 pm | 1  
Central Square Social Group  
3:30 pm - 5:00 pm | 2  
Hanukkah | 3 | 4  
Sibshops  
Teen Group  
5:45 pm - 11:30 pm |
| 5  
Bosco’s Christmas Expo  
12 pm - 5 pm | 6  
Vision Network  
9:30 am | 7  
Social Club  
1 pm - 5 pm  
Self-Advocacy  
12 pm - 1 pm | 8  
Social Club  
1 pm - 5 pm  
Self-Advocacy  
12 pm - 1 pm | 9 | 10  
Open House  
11 am - 3 pm |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24  
Office Closed |
| 25  
Christmas | 26  
Kwanzaa  
First day of winter |
| 27  
First day of winter |
| 28 | 29 | 30 | 31  
Office Closed |
Sabine Ingerson thanks Troy Fowler, Christopher Miller and James Putnam, staff of Lowe’s, for choosing the ARISE Ramp Program as their Heroes Project.