

ARISE

DIRECTOR: SABINE INGERSON

OSWEGO COUNTY EDITION

DECEMBER 2010

Center for Independent Living

ARISE Oswego
9 Fourth Avenue
Oswego, NY 13126
(315) 342-4088

ARISE Pulaski
2 Broad Street
Pulaski, NY 13142
(315) 298-5726

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*Our mission is to work with
people of all abilities to
create a fair and just
community in which
everyone can fully
participate.*

You're invited to attend our Holiday Open House!

When: December 10th, 2010
11:00 a.m. to 3:00 p.m.

Where: Oswego ARISE
9 Fourth Avenue
Oswego, NY 13126

What better way to ring in the
holidays than with a celebration
of festive cheer! Refreshments
will be available!



We hope to see you there!

ARISE GROUPS

SELF-ADVOCACY GROUP

December 8 - 1:00 p.m - 2:00 p.m.

Self-Advocacy is a group for people who want to advocate for change. We will now be meeting AFTER the Social Club every month. For additional information, or if you have an issue you would like the group to advocate for, please contact Ken Skillen at 342-4088 ext. 226.

TEEN GROUP

December 4 - 5:45 p.m. - 11:30 p.m.

We will be attending the stage production of "A Christmas Story." Please contact Heather Lee at 342-4088 ext. 243 and leave a message or e-mail hlee@ariseinc.org if you are interested in attending. Feel free to send Heather any ideas you may have for events this year. The group is always looking for new ideas and exciting places to go!

SOCIAL CLUB

December 8 - 11:00 a.m. - 1:00 p.m.

We will be doing holiday crafts. If you have any questions, please contact Jen Stanard at 342-4088 ext. 216. We hope to see you there!!

CENTRAL SQUARE SOCIAL CLUB

December 1 - 3:30 p.m. - 5:00 p.m.



We will be making our own pizza at Two Guys from Italy in West Monroe. The Central Square Social Group would like to wish everyone a Merry Christmas. The Central Square Social Group is open to any youth in any district that is 13-21 years old with any type of disability. Please contact Vicki Affinati at 668-4231 ext. 2108, if you have any questions or email her at vaffinati@ariseinc.org.

SIBSHOPS

December 4 - 5:45 p.m. - 11:30 p.m.

We will be attending the stage production of "A Christmas Story." For more information contact Lisa Seguin at 342-4088 ext. 208. See you there!

THE VISION NETWORK

December 6 - 9:30 a.m.

This month, the Vision Network will meet to discuss Call-N-Ride, enlarged menus and future projects. For more information, contact Sabine Ingerson at 342-4088 ext. 210.

UNIQUE OPPORTUNITIES:

COMING IN JANUARY

UNIQUE artists' work will be on display in the Oswego ARISE conference room.

UNIQUE CALENDARS

For a donation of \$5.00 you can receive a 2011 wall calendar!

UNIQUE NOTE CARDS

For a donation of \$10.00 you can receive a pack of 12 note cards!

Please call Danielle at 342-4088 ext. 209 to make arrangements.

Community Watches in Oswego City and Minetto

ARISE would like to be sure that our consumers and their families have as much support as they need. As a reminder, Oswego City has a Community Watch as does Minetto. If you would like more information on how to become a part of the watch or you would like to report a concern please call Betty at 342-9388 (Oswego City) or Jackie at 342-1469 (Minetto). Each program has monthly meetings which are open to the public and both sites are accessible for everyone.



CIS Spotlight!

Selena Carbaugh has been with the Habilitation Department for a little more than two years. The Hab Department would like to celebrate Selena for her excellent communication with Coordinators. Her feedback about consumer progress is helpful to creating the best possible plan. Selena is also great at using the Coordinator feedback to best serve her consumers. Selena is always prepared with plan in hand. For this Selena the Habilitation Department Thanks you! Congratulations on your recent engagement too!



Bosco's 3rd Christmas Expo and Fundraiser

This year's Christmas Expo and Fundraiser will be held on December 5, from 12-5 p.m. at the American Foundry. The proceeds from this year's event will support ARISE of Oswego County and the Anderson Center for Autism. Admission into the Expo will be \$10 for adults and free for children 10 and under. For more information on Bosco's third Christmas Expo contact John Bosco at 343-5421. Hope to see you there.



Social Club Enjoying the Thanksgiving Event



Jen Stanard and Melissa Cross



Christine Cox



Sarah Skillen and Ken Skillen



Kristine Meacham and Kate Ward

On November 23, 2010 the Social Club gathered to make pies and create cards for Thanksgiving dinners. These meals were provided to consumers who would not have been able to enjoy a Thanksgiving meal. The meals were made possible through generous donations from ARISE staff members.

THE TRANSITION CORNER BY: KELLY HOWARD

TRANSITION SERVICES COORDINATORS

Central Square
Vicki Affinati
vaffinati@ariseinc.org

Oswego
Kelly Howard
KHoward@oswego.org

“Literacy is a Show Stopper For All of Us” was presented on November 4th at the Elks Lodge by Kathy Hanna. Hanna was brought to Oswego by the Literacy Coalition of Oswego County. In the presentation, Hanna explained how literacy is the foundation of building “bridges out of poverty.” Hanna mentioned several times how important literacy is to everyday life and activities. We need literacy skills to be able to read bus schedules, read health pamphlets and prescription labels, complete all different types of forms, etc. Without literacy, life can be extremely difficult and frustrating. Hanna said that we need literacy skills to be able to be nice to others, to be better employers/employees, and to be better citizens for our nation.

One of the most eye-opening pieces of information that came from Ms. Hanna’s presentation was that in Oswego County, approximately 17,000 people do not have the appropriate literacy skills. However, of those 17,000 people, only about 485 of them are trying to gain literacy skills by completing GED programs and going to agencies for literacy help. Hanna kept mentioning that part of the reason we have approximately 17,000 people who cannot read in Oswego is due to the high dropout rate of our high school students. On a side note, we learned from the Literacy Coalition of Oswego County that each high school dropout is costing taxpayers approximately \$292,000.

On a positive note, several different agencies were at the Literacy Forum to represent their organization’s initiatives to improve literacy. Each agency provided very helpful information to all who attended the forum.

ARISE was present at the forum with information about all programs that we offer to our consumers. Jen Stanard staffed our table to talk about everything from coupon cutting classes, daily living skills classes, transitioning students from high school, Medicaid Service Coordination help, and more. Thanks Jen!

Head Start and Even Start provided several brochures and fun literacy games that they use with their preschoolers to help them develop strong literacy skills. Cooperative Extension provided very helpful information pertaining to their A.P.P.L.E.S. program and how to get people in New York to start eating healthier. They shared information about how to prepare food safely and how to prepare quick and healthy meals for the typical person on-the-go.

The Fulton Adult Ed program provided information about their GED program and other programs that they offer such as ESL/ESOL, ABE, etc. The Literacy Volunteers of Oswego offered information about how to become a tutor and how a student can sign up to work with a literacy tutor.

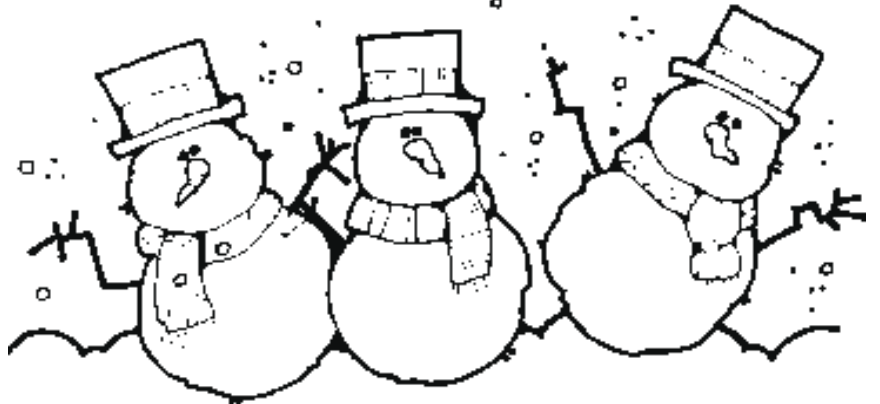
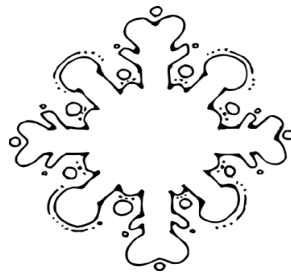
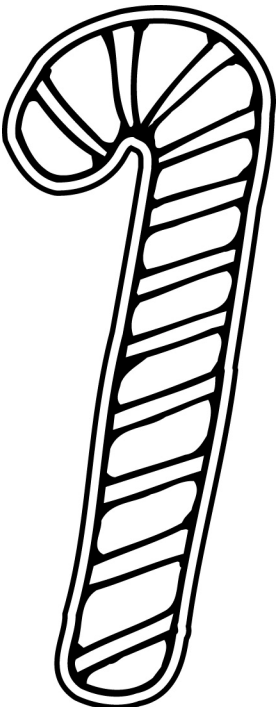
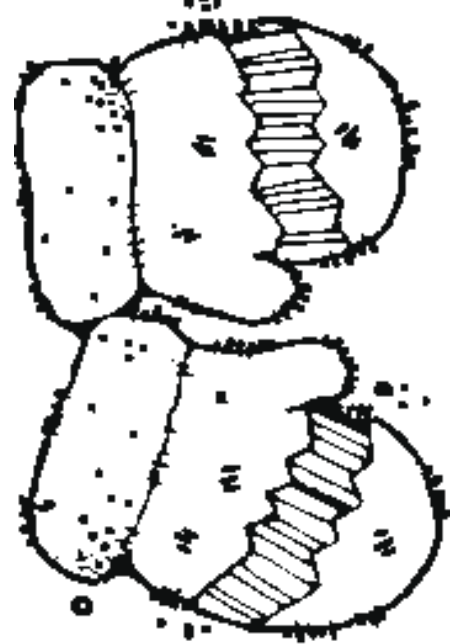
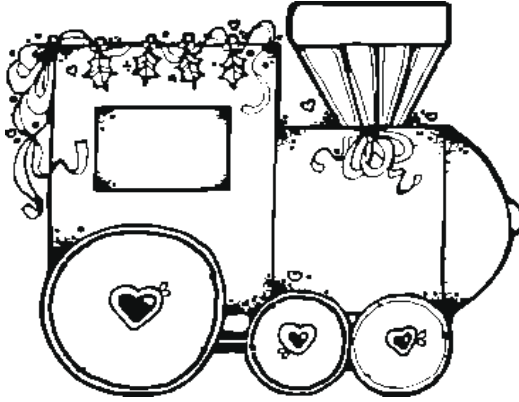
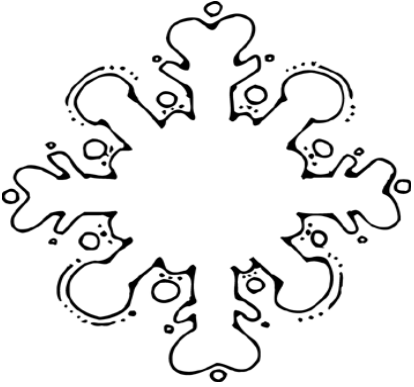
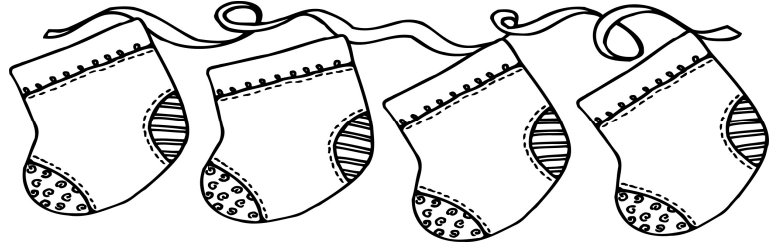
Some of the other agencies that had tables at the event were: BOCES Adult Ed., Youth Bureau, North Country Library, Murray Learning Center, Oswego County Workforce and the YMCA of Oswego City.

We want to thank all agencies that attended, Kathy Hanna for the amazing presentation, and we especially want to thank the Literacy Coalition of Oswego County for offering this program. Everyone who attended went away knowing more about the agencies that are working to help improve the literacy skills of the citizens of Oswego County.

Danielle
 Eric
 Henry
 Daisy
 Katie
 Christine
 Fabrice
 Jimmie
 Peter
 Maria
 Andy
 Liz
 Sue
 Cheryl
 James Rudy
 Brock
 Saita
 Happy Holidays
 from
ARISE!
 Mary
 Ken
 Jim
 Kathy
 Darlene
 Kim
 Maiie
 Melissa
 Michelle
 Jo Jo
 Stephanie
 Kelly
 Jennifer
 AH








Fun Page





December



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Fresh Food Giveaway</u> Sandy Creek UM Church Begins at 3:30</p>		<p><u>Fresh Food Giveaway</u> Fulton Elks Club Begins at 4 pm</p>	<p><i>1</i> <u>Central Square Social Group</u> 3:30 pm - 5:00 pm</p>	<p><i>2</i> Hanukkah</p> 	<p><i>3</i></p>	<p><i>4</i> <u>Sibshops</u> <u>Teen Group</u> 5:45 pm - 11:30 pm</p>
<p><i>5</i> Bosco's Christmas Expo 12 pm - 5 pm</p>	<p><i>6</i> <u>Vision Network</u> 9:30 am</p>	<p><i>7</i></p>	<p><i>8</i> <u>Social Club</u> 1 pm - 5 pm <u>Self-Advocacy</u> 12 pm - 1 pm</p>	<p><i>9</i></p>	<p><i>10</i> Open House 11 am - 3 pm</p>	<p><i>11</i></p>
<p><i>12</i></p>	<p><i>13</i></p>	<p><i>14</i></p>	<p><i>15</i></p>	<p><i>16</i></p>	<p><i>17</i></p>	<p><i>18</i></p>
<p><i>19</i></p>	<p><i>20</i></p>	<p><i>21</i></p>	<p><i>22</i></p>	<p><i>23</i></p>	<p><i>24</i> Office Closed</p>	<p><i>25</i> Christmas</p> 
<p><i>26</i> Kwanzaa</p> 	<p><i>27</i> First day of winter</p> 	<p><i>28</i></p>	<p><i>29</i></p>	<p><i>30</i></p>	<p><i>31</i></p> 	<p>Office Closed</p>

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Oswego, NY 13126
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www.ariseinc.org

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OSWEGO, NY 13126

Mailing
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OSWEGO COUNTY EDITION

On November 11, ARISE held a appreciation dinner to honor the volunteers who helped support and build ramps for the 2010 ramp program through ARISE.



Sabine Ingerson thanks Troy Fowler, Christopher Miller and James Putnam, staff of Lowe's, for choosing the ARISE Ramp Program as their Heroes Project.